

Tammy's Tumbling and Dance Center

5555 St. Louis Mills Blvd., Suite 321
 Hazelwood, MO 63042
 (314) 739-FLIP



Class Schedule 2021

	Room A	Room B	Room C
Monday	5:45-6:30 Int Tumble	5:00-5:45 Beginning Hip Hop 5:45-6:30 Dance Fit 6:30-7:15 Adv Hip Hop	5:00-5:45 Int Hip Hop 5:45-6:30 Jr Sr Ballet 6:30-7:15 Teen Jazz
Tuesday	5:00- 5:45 Silks Adults 6:00-6:45 Silks 1 7:00- 7:45 Silks 1 9 and up 8:00- 8:45 Sliks 2	5:00-5:45 Sr Ballet 5:45-6:30 Sr lyrical/ Contemporary 6:30-7:15 Sr Jazz/ Pom 7:15-8:00 Sr Tap/ Musical Theatre	5:00-5:45 Int Dance Cambo 6:00-7:00 Adult Ballet/Jazz/ Tap
Wednesday	5:15-6:00 Flames 5:45--6:30 Int Tumble 7:00-7:45 Int / Adv Cheer 7:45-8:45 Adv/ Elite Tumble	5:00-5:45 Pointe* 5:45-6:30 Int/Adv Jumps and Leaps *	
Thursday	5:00-5:45 Beginning Tumble 6:00-6:45 Int Tumble 7:00-7:45 Advanced Tumbling	5:15-6:00 Preschool Dance (3&4) 6:00-6:45 Dance combo (5-7) 6:45-7:15 Jr Ballet 7:15-7:45 Jr Jazz 7:45- 8:15 Jr Tap	5:00-5:45 Int Poms 6:00-6:30 Tu-Tu's 6:30-7:15 Adult Tap
Friday			
Saturday	9:45-10:30 Aerial Yoga 10:45-11:30 Beginning Tumble	9:00-9:45 Stretch and Strength 10:00-10:45 Beginning Dance combo (5-7)	9:00-9:45 Preschool Dance 9:45-10:30 Preschool Tumble