

**Tammy's Tumbling and Dance Center**

5555 St. Louis Mills Blvd., Suite 321  
 Hazelwood, MO 63042  
 (314) 739-FLIP



**Class Schedule 2022**

	Room A	Room B	Room C
Monday	5:00-5:45 Beg/Int Tumbling 5:45-6:30 Int Tumbling 7:30-8:15 Adult Aerial Silks	5:00-5:45 Beginning Hip Hop 5:45-6:30 Dance Fit 6:30-7:30 Adv Hip Hop*	5:45-6:30 Jr Sr Ballet*
Tuesday	5:15-6:00 Silks 6:00-6:45 Silks 7:00- 7:45 Silks 7:45- 8:30 Silks	5:00-5:45 Sr Ballet* 5:45-6:30 Sr lyrical/ Contemporary* 6:30-7:15 Sr Jazz/ Pom* 7:15-8:00 Sr Tap/ Musical Theater*	5:00-5:45 Beginning Dance Combo (5-7) 6:00-7:00 Adult Ballet/Jazz/ Tap
Wednesday	5:00- 5:45 Preschool Tumbling 5:45--6:30 Int Tumbling 7:00-7:45 Cheerleading 7:45-8:45 Adv/ Elite Tumble	5:00-5:45 Pointe* 5:45-6:30 Int/Adv Jumps and Leaps *	
Thursday	5:00-5:45 Beginning Tumbling 6:00-6:45 Int Tumbling 7:00-7:45 Advanced Tumbling	5:00-5:45 Intermediate Hip Hop ( 8 and up) 6:00-6:45 Dance combo (5-7) 6:45-7:45 Ballet/ Tap/ Jazz	5:00-5:45 Preschool Dance (3&4) 6:00-6:30 Tu-Tu's (age 2) 6:30-7:15 Adult Tap
Friday			
Saturday (call for classes)	9:45-10:30 Preschool Tumble 10:45-11:30 Beginning Tumble	10:00-10:45 Beginning Dance combo (5-7)	9:00-9:45 Preschool Dance

\*must have instructor approval

Please call 314.739.FLIP for class availability