

Tammy's Tumbling and Dance Center

12157 Bridgeton Square Drive
 Bridgeton, MO 63044
 (314) 739-FLIP



Class Schedule 2022-2023

	Room A	Room B	Room C
Monday	5:00-5:45 Beginning Tumbling 5:45-6:30 Cheerleading* 6:30-7:15 Intermediate Tumbling*	5:00-5:45 Jr and Sr Ballet* 6:30-7:15 Adult Dance Fit	5:00-5:45 Beginning Hip Hop 5:45-6:30 Intermediate Poms (10 & up) *
Tuesday	5:15-6:00 Silks 6:00-6:45 Silks 7:00- 7:45 Silks 7:45- 8:30 Silks*	5:00-5:45 Sr Ballet* 5:45-6:30 Sr lyrical* 6:30-7:15 Sr Jazz/Musical Theater* 7:15-8:00 Sr Tap/* 8:00-8:30 Sr Hip Hop*	6:00-6:45 Adult Jazz
Wednesday	5:00- 5:30 Preschool tumbling 5:45-6:30 Intermediate Tumbling* 7:00-7:45 Cheerleading 7:45-8:45 Adv/ Elite Tumble *	5:00-5:45 Pointe* 5:45-6:30 Int/Adv Jumps and Leaps *	5:00-5:45 Jr Ballet* 5:45- 6:15 Jr Jazz* 6:15-7:00 Jr Tap*
Thursday	5:00-5:45 Beginning Tumbling 6:00-6:45 Int Tumbling*	5:00-5:45 Dance Combo(ages 5-9) 6:00-6:45 Beginning Dance 6:45-7:30 Ballet/ Tap/ Jazz 7:30-8:15 Adult Tap	5:00-5:45 Preschool Dance 6:00-6:30 Tutus
Friday			
Saturday (call for classes)	9:30-10:00 Preschool Tumble 10:00- 10:45 Beginning Tumble	10:00-10:30 Preschool Creative Dance (2-4) 10:45-11:30 Beginning Dance	

*must have instructor approval

Please call 314.739.FLIP for class availability

