



3rd Everest

OPEN TAEKWONDO CHAMPIONSHIP
MAY 10, 2025, BALTIMORE

COMPETITION EVENTS

- **World Class Sparring** (WT & USAT Rules)
Black Belt (Age 8-32 years) | Color Belt (Age 12-32 years)
- **Open Sparring** (No Head Contact)
Black Belt All Division | Color Belt All Division
- **World Taekwondo Sports Poomsae**
Individual/ Pair/ Team
- **Open Traditional Poomsae (Forms)**
- **High School Tag Team Sparring**

Online Registration: www.tkdconnect.com

For information: www.everestkick.com

Spectator Admission \$10

Children under 5 & Senior 65+ Free

CHAMPIONSHIP VENUE

Jack Manley Wellness and Athletic Center
360 Campus Dr. Catonsville, MD 21228

Hosted By:

Everest World Class TaekwonDo

For Support:

Everest TaekwonDo Care Foundation

