



# H.K. Lee TaeKwonDo Weekly Class Schedule

(Online & In Person)



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
OFFICE HOURS	8:30AM-8PM	8:30AM-8PM	8:30AM-8PM	8:30AM-8PM	8:30AM-8PM	9AM-2PM						
8:30 AM	Educational & Fun TaeKwonDo Enrichment Camp w/Distance Learning Assistance & Social Distancing					9:00 AM						
11:30AM		IN PERSON/VIRTUAL TRAINING ADULT CLASS OUTDOOR-WEATHER PERMITTING		IN PERSON/VIRTUAL TRAINING ADULT CLASS INDOOR		DEMO TEAM						
4:00 PM	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)							
5:00PM	NO BELTS - HIGH WHITE BELTS	GREEN-HIGH GREEN BELTS	YELLOW-HIGH YELLOW BELTS	BLUE-HIGH BLUE BELTS	NO BELT-HIGH YELLOW BELT KICKS AND SPARRING DRILLS	RED-BLACK BELT KICKS AND SPARRING DRILLS	NO BELTS - HIGH WHITE BELTS	GREEN-HIGH GREEN BELTS	YELLOW-HIGH YELLOW BELTS	BLUE-HIGH BLUE BELTS	10:00 AM	
5:30PM	YOUNG EAGLES	DEPUTY-1ST DAN BLACK BELTS	FITNESS & ENDURANCE TRAINING	RED-HIGH RED BELTS	3RD DAN & HIGHER BLACK BELTS	GREEN-HIGH BLUE BELT KICKS AND SPARRING DRILLS	YELLOW-HIGH YELLOW BELTS	BLUE-HIGH BLUE BELTS	NO BELTS - HIGH WHITE BELTS	GREEN-HIGH GREEN BELTS	IN PERSON TRAINING OUTDOOR (Weather Permitting)	
6:00PM	IN PERSON TRAINING OUTDOOR (Weather Permitting)		IN PERSON TRAINING INDOOR	IN PERSON TRAINING OUTDOOR (Weather Permitting)	IN PERSON TRAINING OUTDOOR (Weather Permitting)	IN PERSON TRAINING INDOOR	RED-HIGH RED BELTS				11:00AM	
6:30PM	IN PERSON TRAINING INDOOR		IN PERSON TRAINING INDOOR	IN PERSON TRAINING INDOOR	IN PERSON TRAINING INDOOR	IN PERSON TRAINING INDOOR					FITNESS & ENDURANCE TRAINING	
7:00PM	Demo Team	RED-HIGH RED BELTS	NO BELTS - HIGH WHITE BELTS	GREEN-HIGH GREEN BELTS	IN PERSON TRAINING INDOOR			RED-HIGH RED BELTS	2ND DAN BLACK BELTS		11:30AM-12:25PM	
7:30PM	YELLOW-HIGH YELLOW BELTS	BLUE-HIGH BLUE BELTS	2ND DAN BLACK BELTS		Demo Team	DEPUTY-1ST DAN BLACK BELTS	3RD DAN & HIGHER BLACK BELTS				DEPUTY-2ND DAN BLACK BELTS (IN PERSON & VIRTUAL)	
8:00PM											12:30 PM	
											YOUNG EAGLES	RED-HIGH RED BELTS