



H.K. Lee TaeKwonDo Weekly Class Schedule

(Online & In Person)



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
OFFICE HOURS	8:30AM-8PM	8:30AM-8PM	8:30AM-8PM	8:30AM-8PM	8:30AM-8PM	9AM-2PM			
8:00 AM	Educational & Fun TaeKwonDo Enrichment Camp					9:00 AM			
11:30AM		IN PERSON TRAINING AGES 16YO & OLDER ALL RANKS		IN PERSON TRAINING AGES 16YO & OLDER ALL RANKS		Demo Team			
4:30 PM	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	AFTERSCHOOL MARTIAL ARTS PROGRAM (IN PERSON)	10:00 AM			
4:30PM	CHILDREN'S CLASS IN PERSON TRAINING W/ VIRTUAL OPTION	CHILDREN'S CLASS IN PERSON TRAINING W/ VIRTUAL OPTION	CHILDREN'S CLASS IN PERSON TRAINING W/ VIRTUAL OPTION	CHILDREN'S SPARRING CLASS IN PERSON TRAINING W/ VIRTUAL OPTION	VIRTUAL CLASS ONLY ALL AGES/ALL RANKS <small>(PLEASE NOTE THIS CLASS WILL BE IN PERSON W/VIRTUAL OPTION FOR 2 WEEKS PRIOR TO EXAM DATES)</small>	FAMILY CLASS HIGH BLUE BELTS & UNDER IN PERSON ONLY TRAINING			
5:30 PM	YOUNG EAGLES AGES 4-6YO	VIRTUAL CLASS ONLY ALL AGES/ALL RANKS	IN PERSON TRAINING ALL AGES/ALL RANKS W/ VIRTUAL OPTION	IN PERSON TRAINING SPARRING CLASS ALL AGES/ALL RANKS W/ VIRTUAL OPTION	YOUNG EAGLES AGES 4-6YO	VIRTUAL CLASS ONLY ALL AGES/ALL RANKS	IN PERSON TRAINING ALL AGES/ALL RANKS W/ VIRTUAL OPTION	11:00 - 11:30 STRENGTH & FLEXIBILITY TRAINING IN-PERSON & VIRTUAL (RED BELT & HIGHER CLASS REQUIRED WARM-UP)	
6:30 PM	IN PERSON TRAINING ALL AGES/ALL RANKS W/ VIRTUAL OPTION	IN PERSON TRAINING SPARRING CLASS ALL AGES/ALL RANKS W/ VIRTUAL OPTION	All AGES RED BELT & HIGHER (IN PERSON W/ VIRTUAL OPTION)	VIRTUAL CLASS ONLY ALL AGES/ALL RANKS	IN PERSON TRAINING ALL AGES/ALL RANKS W/ VIRTUAL OPTION	IN PERSON TRAINING ALL AGES/ALL RANKS W/ VIRTUAL OPTION	All AGES RED BELT & HIGHER (IN PERSON W/ VIRTUAL OPTION)		
7:30PM	IN PERSON TRAINING AGES 16YO & OLDER (OR SPECIAL PERMISSION) ALL RANKS	Demo Team	RED BELT & HIGHER AGES 16YO & OLDER (IN PERSON W/ VIRTUAL OPTION)	IN PERSON TRAINING 16YO & OLDER (OR SPECIAL PERMISSION) ALL RANKS - MASKS OPTIONAL	IN PERSON TRAINING AGES 16YO & OLDER (OR SPECIAL PERMISSION) ALL RANKS	Demo Team	IN PERSON TRAINING AGES 16YO & OLDER (OR SPECIAL PERMISSION) ALL RANKS	IN PERSON TRAINING 16YO & OLDER (OR SPECIAL PERMISSION) ALL RANKS - MASKS OPTIONAL	11:30 - 12:30 All AGES RED BELT & HIGHER (IN PERSON W/ VIRTUAL OPTION)
							12:30 PM	YOUNG EAGLES AGES 4-6YO	CHILDREN'S CLASS

VIRTUAL CLASSES OFFER INTERACTIVE INSTRUCTION/CLASSES "W/ VIRTUAL OPTION" WILL BE STREAMED VIRTUALLY BUT NO INTERACTIVE INSTRUCTION WILL BE OFFERED
**MASK OPTIONAL CLASSES ARE AT STUDENTS OWN RISK-ADDITIONAL LIABILITY WAIVER & SOCIAL DISTANCING MEASURES REQUIRED