

ADHD Parenting

**ON-DEMAND PARENTING WEBINARS**

## **Free Webinar Replay: Coronavirus Crash Course for Parents: Keeping Kids with ADHD in ‘Study Mode’ While Home from School**

In this hour-long webinar-on-demand with Ann Dolin, M.Ed., learn how to manage your child’s academics during the coronavirus outbreak.

BY ANN DOLIN, M.ED.

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### **Instant Replay Access**

**Play this free webinar and download the slide presentation of "Coronavirus Crash Course for Parents: Keeping Kids with ADHD in ‘Study Mode’ While Home from School," plus get more strategies from ADDitude via email.**

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Your child’s school has canceled in-person classes due to the coronavirus outbreak, and you are worried about an academic freefall and/or a [homeschool](#) free-for-all where you end up playing the homework police all day, every day — while also working from home? Here, learn how to apply structure to this unstructured time with solutions from educator and author Ann Dolin, M.Ed.

In this webinar, you will learn:



- Create simple [routines](#) throughout the day to help kids stay focused academically
- Foster independence in their work, so you don't have to take on the role of 'homeschool police'
- Set up a schedule for the right time of day and length of time for learning
- Create a balance of learning and free time to increase motivation based on your child's age
- Encourage the right use of digital devices (just enough and not too much)
- Use the best tools and resources, even if you have no background in teaching

Webinar replays include:

- Slides accompanying the webinar
- Related resources from ADDitude
- Free newsletter updates about ADHD
- An opportunity to receive a certificate of attendance

*This ADHD Experts webinar was first broadcast live on March 19, 2020.*

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## **Meet the Expert Speaker:**

[Ann Dolin M.Ed.](#), has more than 25 years of teaching and tutoring experience. A former Fairfax County public school teacher, she founded [Educational Connections](#), a tutoring and test-prep company that has grown to employ 200 tutors and work with more than 10,000 students in the Washington, D.C., area. Her first book, *Homework Made Simple*, won the Publishers Association 2011 Parent Book of the Year Award. Her new book, *Getting Past Procrastination: How to Get Your Kids Organized, Focused, and Motivated... Without Being the Bad Guy*, is a go-to guide for parents that cuts to the root of the issue: procrastination isn't a character flaw; it is behavior that parents and their children can address and improve.

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