

CURRICULUM VITAE

Kristina M. Nelson, Ph.D., LPC, NCC

LeTourneau University
School of Psychology & Counseling
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EDUCATION

Ph.D., Education—Counselor Education 2016
University of Central Florida
(CACREP Accredited)

Dissertation title: *The Contribution of Attachment Qualities on the Experience of Posttraumatic Growth among Adult Survivors of Childhood Sexual Abuse.*

M.A., Marriage and Family Therapy 2011
University of Central Florida
(CACREP Accredited)

Play Therapy Certificate 2011
University of Central Florida

B.A., Psychology 2008
University of Central Florida

LICENSURE AND CERTIFICATES

Licensed Professional Counselor - Texas (#95780) 2025-Present

National Certified Counselor (#717228) 2016-Present

Gottman Level 1 Certified 2019

Certificate of Professional Development in Best Practices for Online Course Design 2017

Leadership Development Institute Certificate 2015

Nurturing Parenting Program Certificate 2013

LICENSURE AND CERTIFICATES continued

Trauma Focused-Cognitive Behavioral Therapy Certificate 2010

HONORS AND AWARDS

HER Award Nominee 2025

Outstanding Doctoral Mentor Award 2022

Outstanding Master's Mentor Award Finalist 2020

Corpus Christi Under 40 Award 2019

Member, Chi Sigma Iota International Honor Society 2009-2018

Graduate Presentation Fellowship Award 2015

Chi Sigma Iota Outstanding Leadership Award 2011

Dean's List Recipient 2006- 2008

SCHOLARLY PRODUCTIVITY

RESEARCH INTEREST & FOCUS

- Trauma
- Relationship and family issues
- Positive psychology
- Health and wellness
- Environmental toxicity and mental health

REFEREED PUBLICATIONS IN PRINT, IN PRESS, UNDER REVIEW, IN PROCESS

Journal Articles

Oyenyi, O., Smith, R., Watson, J., & Nelson, K. (2021). A comparison of first-year international students' adjustment to college at the undergraduate and graduate level. *Journal of Comparative & International Higher Education*, 13(2), 112-131.

Nelson, K., Hagedorn, W. B., & Lambie, G. W. (2019). Influence of attachment style on sexual abuse survivors' posttraumatic growth. *Journal of Counseling & Development*, 97(3), 227-237.

SCHOLARLY PRODUCTIVITY continued

- Cade, R., Gibson, S., Swan, K., & **Nelson, K.** (2018). A content analysis of counseling outcome research and evaluation (CORE) from 2010 to 2017. *Counseling Outcome Research and Evaluation*, 9 (1), 5-15.
- Dillman-Taylor, D., **Nelson, K.**, Gungor, A., & Meany-Walen, K. K. (2018). Investigating group Adlerian play therapy for children with disruptive behaviors: A single case research design. *International Journal of Play Therapy*, 28 (3), 168-182.
- Karaman, M. A., **Nelson, K.**, & Cavazos Vela, J. (2017). The mediation effects of achievement motivation and locus of control between academic stress and life satisfaction in undergraduate students. *British Journal of Guidance and Counselling*, 44 (4), 375-384.
- Nelson, K.**, Vashisht, K., Maza, N., Cole, C., & Rivera, W. (under review). Collaborative partnerships to prevent child sexual abuse: A program evaluation.
- Gerlach, J., **Nelson, K.**, Walsh, R., & Newton, R. (under review). Reporting child abuse: A qualitative investigation of counselor experiences.
- Wagener, B., Oliver, M., & **Nelson, K.** (under review). A qualitative study of lived experiences of posttraumatic growth process.
- Holladay, K. R., Howells, R., Nelson, K., Borden, N., and Apodaca, M. (under review). Fostering engagement through career work to reduce substance use: A systematic review.
- Nelson, K.**, Gerlach, J., & Moesely, M. (under review). Influence of adverse childhood experiences on child abuse reporting behaviors among clinicians.
- Newton, R., Strauss, L., Leal, A., Oyenyi, O., Salsberry, C., **Nelson, K.**, & Mincey, K. (not accepted). Challenges and Considerations for Site Supervision among Masters Level Counseling Programs.
- Nelson, K.** & Owens, M. (in process). GLEEM: Evaluation of a group-led empowerment program for expectant mothers.
- Greene, F., Newton, R., and **Nelson, K.** (in process). Blame it on my trauma: Strategies for healing Black youth experiencing trauma.
- Nelson, K.**, & McNeal, T. (in process). Water intake and mental health: Effects, concerns, and advocacy.
- Nelson, K.**, & Jareldene, E. (in process). Advocacy against human trafficking: What counselors need to know.

SCHOLARLY PRODUCTIVITY continued

Nelson, K., Jareldene, E., Martinez, T. & Uzundu, A. (in process). A systematic review of the counselor literature surrounding human trafficking.

Nelson, K., Gerlach, J., Maza, N., & Cole, C. (in process). VANTAGE: Evaluation of a vocational empowerment program for disadvantaged teenage girls.

Nelson, K., Foster, J., Forney, A. (in process). Influence of adverse childhood experiences on posttraumatic growth.

Nelson, K., & Luo, Y. (in process). Influence of childhood sexual abuse on sexual behavior and identity development.

Book Chapters and Contributions

Oliver, M., **Nelson, K.,** & Callendar, K. (2020). Supervision in Marriage, Family, and Couple Counseling Settings. In Lenz, S. A., & Flamez, B. (Eds.), *Practical Approaches to Clinical Supervision across Settings: Theory, Practice, and Research*. Pearson.

Nelson, K. (in press). Balancing work and motherhood. In Brooks, C. (Eds.), *Counseling Women*. Kendall Hunt.

Professional Reviews

Nelson, K. (2017). Book Review-Skills and techniques for human services professionals: Counseling environment, helping skills, treatment issues, 2nd Edition by Edward Neukrug. *Counseling Books Etc.*

Nelson, K. (2014). Video Review-Three approaches to personality disorders: Dialectical behavioral therapy with Marsha Linehan, PhD. [DVD]. *The Professional Counselor*. <http://tpcjournal.nbcc.org/video-review-three-approaches-to-personality-disorders-dialectical-behavioral-therapy-with-marsha-linehan-phd/>

NON-REFEREED PUBLICATIONS**Newsletter Articles**

Nelson, K. (2016, Spring). Message from the president. *FASERVIC Newsletter*, 1.

Nelson, K. (2013). "My journey": Ph.D. and parenthood. *Counselor Ed. Chronicles*, 5(1), 9.

SCHOLARLY PRODUCTIVITY continued

Professional Interviews

Nelson, K. (2021, Nov. 4). *Health expert provides insight on juvenile mental health in light of school disturbances*. 3 News.

<https://www.kiiitv.com/article/news/local/health-expert-provides-insight-on-juvenile-mental-health-in-light-of-school-disturbances/503-c2a7f500-e4ff-48eb-a15b-f95d50c9e215>

Nelson, K. & Maza, N. (2019, July 11). *Community group working to empower local teen girls in new leadership program*. KRIS 6 News.

<https://www.kristv.com/news/2018/07/11/community-group-working-to-empower-local-teen-girls-in-new-leadership-program/>

Nelson, K. & Maza, N. (2019, July 11). *VANTAGE: Vocational empowerment for disadvantaged teenage girls*. Domingo Live.

Nelson, K. & Maza, N. (2019, May 26). *Texas A&M Corpus Christi starts childhood safety program*. Kiii News. <https://www.kiiitv.com/article/news/texas-am-corpus-christi-starts-childhood-safety-program/503-ecd5fd00-1bf5-467b-b68a-b3c310f6c2bc>

Nelson, K. & Maza, N. (2019, May 26). *Texas A&M Corpus Christi starts childhood safety program*. Domingo Live, Corpus Christi, TX.

Nelson, K. & Maza, N. (2019, May 1). *Free counseling services provided at Garcia Center*. KRIS 6 News. <https://www.kristv.com/news/2019/05/01/free-counseling-services-provided-at-garcia-center/>

Nelson, K. (2019, February 14). *Making the most of Valentine's Day: A Q&A with Dr. Kristina Nelson*. https://www.tamucc.edu/news/2019/02/021419healthy_relationships_qna.html#.YCMNFhNKjOQ

Nelson, K. (2018, June 25). *Recovering from child sexual abuse*. In Meyers, L. *The lingering influence of attachment*. *Counseling Today*. <https://ct.counseling.org/2018/06/the-lingering-influence-of-attachment/>

Gerlach, J., **Nelson, K.**, & Hollenbaugh, M. (2017). *Helping after Harvey: Island university's counseling program supports Ingleside High School students post-Hurricane Harvey*. https://cnep.tamucc.edu/news_harvey.html

SCHOLARLY PRODUCTIVITY continued

Other Creative Works

- Nelson, K.** (2022). *Expectant Mothers' Groups Wellness Group*. This program provides expectant mothers with psychoeducation regarding the connection between nutrition, stress management, and mental health and the effects on both the mother and unborn baby. Additionally, this group provides support to help the mother develop a secure attachment during the perinatal stage as well as following birth.
- Nelson, K.** (2019-Present). *Parenting Groups*. Through a partnership with local schools, this program offers parenting groups with parent-child relationship building psychoeducation and skills.
- Nelson, K.** (2018-Present). *Family Health and Nutrition*. Through partnership with the local food bank and master gardeners, this is a community-based program designed to help families make the connection between nutrition and wellness, and establish healthy routines to help all family members contribute to their overall wellness and mental health.
- Nelson, K.** (2012-Present). *Safety compass: Child abuse prevention program*. This program is designed to provide psychoeducation to children and families to help prevent child abuse, improve self-esteem, and enhance parent-child relationships.
- Nelson, K.** (2018-2019). *VANTAGE: Vocation empowerment for teenage girls*. This program is a community-based vocational empowerment and leadership program for teenage girls who are at-risk for low engagement in success-oriented activities that may enrich the local community.

PRESENTATIONS AT REFEREED CONFERENCES

International Conferences

- Nelson, K., Uzundu, A., Heil, L., & Diaczenko, J.** (2023, September). *Posttraumatic growth: Christian counseling and research* [Conference presentation]. American Association of Christian Counseling World Conference. Nashville, TN.
- Uzundu, A., **Nelson, K.,** Heil, L., & Diaczenko, J. (2023, September). *Combining faith and evidence-based interventions for Christian survivors of sexual abuse* [Conference session]. American Association of Christian Counseling World Conference. Nashville, TN.
- Nelson, K., & Luo, Y. A.** (2017, February). *Healing together: The role of family in the healing process from CSA* [Conference session]. International Association of Marriage and Family Counselors Annual Conference. New Orleans, LA.

SCHOLARLY PRODUCTIVITY continued

Luo, Y. A., & **Nelson, K.** (2017, February). *The Use of Technology in Marriage and Family Therapy* [Conference presentation]. International Association of Marriage and Family Counselors Annual Conference. New Orleans, LA

Nelson, K., & Dillman-Taylor, D. (2014, September). *The brain of a child: How exposure to domestic violence effects cognitive, emotional and behavioral development* [Conference session]. European Branch of the American Counseling Association Conference, Milan, Italy.

Nelson, K., & Dillman-Taylor, D. (2014, September). *Child sexual abuse: Awareness, counseling and prevention* [Conference session]. European Branch of the American Counseling Association 51st Annual Conference, Milan, Italy.

Nelson, K. (2010, November). *Child sexual abuse prevention program awareness*. [Conference session]. European Branch of the American Counseling Association 51st Annual Conference, Heidelberg, Germany.

Nelson, K., Augustin, R. & Rodgers, V. (2010, November). *Finding the light through the darkness* [Conference session]. European Branch of the American Counseling Association 51st Annual Conference, Heidelberg, Germany.

National Conferences

Uzundu, A., **Nelson, K.**, & Heil, L. (2025, October). *“Who Am I?” Integrating Christian Faith and Evidence-Based Interventions in Navigating Youth Identity Development*. American Association of Christian Counselors World Conference, Nashville, TN.

Gerlach, J. M., **Nelson, K.**, Walsh, R. & Newton, R. (September, 2020). *Behaviors and barriers: Counselors’ experiences with reporting suspected child abuse* [Paper presentation]. Association for Assessment and Research in Counseling Conference, Virtual.

Maza, N. & **Nelson, K.** (2020, March). *Enhancing Support for Single Mothers through a Psychoeducational Counseling Group*. [Conference session]. American Counseling Association Annual Conference. Rescheduled for 2021 due to the pandemic.

Nelson, K., Maza, N., Cole, C. & Sevillano, A. (2019, March). *Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness* [Paper presentation]. American Counseling Association Annual Conference, New Orleans, LA.

Luo, Y., & **Nelson, K.** (March, 2019). *Investigating Childhood Sexual Abuse and Sexuality Identity Development Using SEM* [Paper presentation]. American Counseling Association Annual Conference, New Orleans, LA.

SCHOLARLY PRODUCTIVITY continued

- Maza, N., Cavazos, B., Gerlach, J., and **Nelson, K.** (March, 2019). *Enhancing community development through vocational empowerment and leadership programming for teenage girls* [Poster session]. American Counseling Association Annual Conference, New Orleans, LA
- Gerlach, J. M., & **Nelson, K.** (September, 2018). *Behaviors and barriers: Counselors' experiences with reporting suspected child abuse* [Paper presentation]. Association for Assessment and Research in Counseling Conference, Richmond, VA.
- Vashist, K., Odeyini, O., & **Nelson, K.** (September, 2018). *A detailed overview of first and second coding methods in the qualitative data analytic processes* [Conference session]. Association for Assessment and Research in Counseling Conference, Richmond, VA.
- Odeyini, O., Vashist, K., & **Nelson, K.** (September, 2018). *An overview of community-based qualitative program evaluations using evaluation theory, logic models, and the inclusion of multiple stakeholders* [Conference session]. Association for Assessment and Research in Counseling Conference, Richmond, VA.
- Luo, Ye, & **Nelson, K.** (2017, October). *The Use of Technology in Marriage and Family Counseling* [Conference session]. American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.
- Nelson, K.** (2017, July). *The Influence of Spirituality and Religion on the Experience of Posttraumatic Growth among Survivors of CSA* [Conference session]. Association for Spiritual, Ethical, and Religious Values in Counseling Biannual Conference, Richmond, VA.
- Nelson, K.** (2017, March). *The contribution of attachment style on posttraumatic growth among survivors of CSA* [Paper presentation]. American Counseling Association Annual Conference, San Francisco, CA.
- Cade, R., Gibson, S., **Nelson, K.**, Smith, A. R., Smith, L., Swan, K., Lenz, A. S. (2017, March). *A Meta-study of publication patterns for Counseling Outcome Research and Evaluation from 2010 to 2010* [Paper presentation]. American Counseling Association Annual Conference, San Francisco, CA.
- Nelson, K.**, & Holladay, K. (2016, Sept.). *The contribution of adult attachment style on the experience of posttraumatic growth among adult survivors of childhood sexual abuse* [Paper presentation]. Association for Assessment and Research in Counseling Conference, Ft. Lauderdale, FL.

SCHOLARLY PRODUCTIVITY continued

- Holladay, K., **Nelson, K.**, & Hagedorn, W. B. (2016, Sept.). *A comparison of the mental health impact of emotional dysregulation, trauma guilt, depression, and posttraumatic stress disorder for survivors of cyber-sexual assault and physical assault* [Paper presentation]. Association for Assessment and Research in Counseling Conference, Ft. Lauderdale, FL.
- Hagedorn, W. B. **Nelson, K.**, & Holladay, K. (2016, March). *Help me to live with what I've done: Navigating Moral Injury with ACT & Self-Forgiveness* [Paper presentation]. American Counseling Association Conference, Montréal, QC.
- Nelson, K.** (2015, October). *Child sexual abuse: Preparing counselors to appropriately and effectively address disclosures* [Conference session]. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
- Holladay, K. **Nelson, K.**, & Solomon, C. (2015, October). *Cyber sexual assault: Research findings and the role counselor educators play in preparing clinicians* [Paper presentation]. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
- Nelson, K.** (2015, March). *When clients disclose experiences of child sexual abuse: What are the legal and ethical implications?* [Conference session]. American Counseling Association Conference, Orlando, FL.
- Hagedorn, W. B., **Nelson, K.**, Graham, J., Kendrick, E., Gungor, A., Dressler, S., Balkin, R., Sandhu, D., & Foster, K. (2015, March). *On common ground: Counselors of varied spiritual and religious backgrounds engage in case discussion* [Conference session]. American Counseling Association, Orlando, FL.
- Ohr, J. H., Hagedorn, W. B., Holladay, K., & **Nelson, K.** (2014, March). *The effects of two experiential group approaches on counselor education students' experience of the therapeutic factors, empathy development, and group leadership self-efficacy* [Paper presentation]. American Counseling Association, Honolulu, HI.
- de Armas DeLorenzi, L. Johnson, J. M. **Nelson, K. M.** & McCloud, C. (2011, March). *Creative strategies for working with children of military service members throughout the stages of deployment*. [Conference session]. American Counseling Association 58th Annual Conference, New Orleans, LA.
- Nelson, K.** & Augustin, R. (2010, August). *Where was God?: Incorporating spirituality in the treatment of trauma*. [Conference session]. Association for Spiritual, Ethical, and Religious Values in Counseling 2nd Biannual Conference, Myrtle, SC.
- Wiley, R., Berman, S., & **Nelson, K.** (August 2009). *Adolescent and caregiver identity problems and its relationship to psychological adjustment* [Paper presentation]. American Psychological Association 117th Annual Convention, Toronto, Canada.

SCHOLARLY PRODUCTIVITY continued

Wiley, R., Berman, S., & **Nelson, K.** (2009, March). *Identity distress among adolescents with clinical diagnoses* [Paper presentation]. Society for Research on Identity Formation 16th Annual Conference, Monterey, CA.

Regional Conferences

Nelson, K. & Fasol, M. (November, 2026). Mending the Political Divide: Strategies to Promote Relational Harmony. Southern Association for Counselor Education and Supervision Conference, Louisville, KY.

Fasol, M. & **Nelson, K.** (November, 2026). The impact of nutrition on mental health and self-care: What counselor educators and supervisors need to know. Southern Association for Counselor Education and Supervision Conference, Louisville, KY.

Nelson, K. & Gerlach, J. M. (October, 2018). *Behaviors and barriers: Counselors' experiences with reporting suspected child abuse* [Paper presentation]. Southern Association for Counselor Education and Supervision Conference, Myrtle Beach, SC.

Espinoza, J., Luo, Y., & **Nelson, K.** (October, 2018). *Special Attention: Helping Student Parents Succeed in Counseling Programs* [Conference session]. Southern Association for Counselor Education and Supervision Conference, Myrtle Beach, SC.

Nelson, K. (2016, October). *Posttraumatic growth: Thriving in the aftermath* [Conference session]. Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.

Nelson, K. (2016, October). *A Comparison of the impact of cyber-sexual assault and physical assault on the experience of trauma* [Conference session]. Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.

Nelson, K., Holladay, K., & Bloom, Z. (2014, October). *Child sexual abuse survivors: Preparing counselors to address the needs of clients* [Conference session]. Southern Association for Counselor Education and Supervision, Birmingham, AL.

State Conferences

Nelson, K., & Fasol, M. (2025, November). *Overlooked Factors in Counseling: The Impact of Nutrition on Mental Health*. Texas Counseling Association Conference, Houston, TX.

Flasch, P. & **Nelson, K.** (2025, November). *Responding to Antisemitism: Supporting Jewish Clients and Students with Culturally Informed and Trauma-Informed Approaches*. Texas Counseling Association Conference, Houston, TX.

SCHOLARLY PRODUCTIVITY continued

- Nelson, K., & Fasol, M.** (2025, February). *Application of the Posttraumatic Growth Model with the Integration of Spirituality and Religion*. Texas Association of Counselor Education and Supervision, Austin, TX.
- Nelson, K., & Runge, K.** (2025, February). *Problematic Smartphone Use: Implications for Counseling Youth and Families*. Texas Association of Counselor Education and Supervision, Austin, TX.
- Nelson, K., & Runge, K.** (2024, October). *Problematic Smartphone Use: Implications for Counseling Youth and Families*. Texas Counseling Association Conference, Dallas, TX.
- Nelson, K., & Fasol, M.** (2024, February). *Understanding posttraumatic growth through the lens of Christian counseling and research*. Christian Counselors of Texas Annual Conference. Pflugerville, TX.
- Nelson, K.** (2022, February). Partnering with police: Strategies for wellness and collaborative community partnerships. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Arlington, TX.
- Nelson, K.** (2022, February). Mending the political divide: Strategies to promote tolerance of differences and relational harmony. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Arlington, TX.
- Johnson, F., Newton, R., & **Nelson, K.** (2021, February). *Blame it on my trauma: Strategies for healing Black youth experiencing trauma*. [Paper presentation]. Professional School Counselor 16th Annual Conference, Virtual via Zoom.
- Gerlach, J., **Nelson, K.**, Walsh, R., & Newton, R. (2020, November). *Reporting child abuse and neglect: Recommendations for educators, supervisors, and clinicians* [Paper presentation]. Texas Counseling Association Conference, Virtual via Zoom.
- Nelson, K.**, Cole, C. & Maza, N. (2019, November). *Preventing childhood sexual abuse: Evaluation of program effectiveness* [Paper presentation]. Texas Counseling Association Conference, Fort Worth, TX.
- Nelson, K.**, Gerlach, J., Maza, N., & Cole, C. (2019, November). *Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls* [Paper presentation]. Texas Counseling Association Conference, Fort Worth, TX.
- Nelson, K., & Chandrika Prasanna Kumaran, A.** (2018, March). *Posttraumatic growth: Thriving in the aftermath of CSA* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

SCHOLARLY PRODUCTIVITY continued

Nelson, K., Vashisht, K., & Oyeniyi, O. (2018, March). *Incorporating multiculturalism and social justice competencies into counselor education programs* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

Luo, Ye, **Nelson, K.,** & Pester, D. (2017, November). *The use of technology in marriage and family counseling* [Conference session]. Texas Counseling Association Annual Conference, Galveston, TX.

Nelson, K. (2017, March). *Posttraumatic growth: Thriving in the aftermath of CSA*. [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

Nelson, K. (2015, September). *Child sexual abuse: Healing through play* [Conference session]. Florida Counseling Association Conference, Orlando, FL.

Nelson, K. & Seeman, H. (2014, October). *Healing for the sexually abused: Awareness, prevention, and counseling* [Conference session]. Florida Counseling Association 62nd Annual Conference, Orlando, FL.

Nelson, K. & Augustin, R. (2010, October). *Counseling trauma victims through their spiritual exploration* [Conference session]. Florida Counseling Association Annual Conference, Miami, FL.

Nelson, K. (2010, October). *Victims of child sexual abuse: Treating the family* [Conference session]. Florida Counseling Association Conference, Miami, FL.

Local Conferences

Nelson, K., Hardwick, H., & Escobar, A. (2026). Identifying and working with survivors of human trafficking: Strategies to facilitate healing and growth. *Crime Victim Services Conference*, Corpus Christi, TX.

Nelson, K. (2025). *Problematic Smartphone Use: Implications for counseling youth and families*. Collaborations Conference. Corpus Christi, TX.

Nelson, K., Maza, N., Cole, C. & Sevillano, A. (2020, April). *Preventing childhood sexual abuse: Evaluation of program effectiveness* [Paper presentation]. Gulf Coast Counseling Association Conference, Virtual via Zoom.

Nelson, K. (2016, February). *Posttraumatic growth: Thriving in the aftermath* [Conference session]. University of Central Florida 8th Annual Conference, Orlando, FL.

SCHOLARLY PRODUCTIVITY continued

Nelson, K. (2014, February). *Child sexual abuse: Awareness, counseling, and prevention*. [Conference session]. University of Central Florida 8th Annual Conference, Orlando, FL.

Nelson, K. (2013, March). *Child sexual abuse: Counseling the family* [Conference session]. University of Central Florida 5th Annual Counseling Conference, Orlando, FL.

Nelson, K. (2011, February). *Healing for the sexually abused: Awareness, prevention, and counseling* [Conference session]. University of Central Florida 3rd Annual Counseling Conference, Orlando, FL.

Nelson, K. (2010, February). *Child sexual abuse prevention program awareness* [Conference session]. University of Central Florida 2nd Annual Counseling Conference. Orlando, FL.

Professional Workshops/Guest Lectures/Invited Presentations

Nelson, K. (2026, July). CASA volunteer work: Managing vicarious trauma and building resiliency. Brush Country CASA, Kingsville, TX.

Nelson, K. (2026, April). Vicarious trauma and building resiliency. Children's Advocacy Center of the Coastal Bend Annual Symposium, Kingsville, TX.

Nelson, K. (2026, March). Working with survivors of human trafficking: Counseling strategies to facilitate healing and growth. Crime Victim Services. Corpus Christi, TX

Nelson, K. (2025, August). Prevention and progress: Partnering with families and communities. Corpus Christi Regional Transportation Authority, Corpus Christi, TX

Nelson, K. (2025, August). *Scroll less, connect more: Navigating healthy and safe smartphone use*. Gloria Dei Grant Workshop, Houston, TX.

Nelson, K. (2021, July). *Safety compass: Child abuse prevention program*. Workshop presented at the Antonio E. Garcia Arts & Education Center, Corpus Christi, TX.

Nelson, K. (April, 2021). *Working with child victims of crime: Play therapy strategies to facilitate empowerment and prevent revictimization*. Program for presentation for Crime Victim Services with Family Counseling Service, Corpus Christi, TX.

Nelson, K. (April, 2021). *Utilizing Play Therapy to Prevent Childhood Sexual Abuse*. Program for presentation for the Coastal Bend Chapter of the Texas Counseling Association for Play Therapy (CBC-TAPT), Corpus Christi, TX.

Nelson, K. (2020, August). *Essentials of treatment planning*. Workshop presented at the Antonio E. Garcia Arts & Education Center, Corpus Christi, TX.

SCHOLARLY PRODUCTIVITY continued

Nelson, K. (2020, September). *Essentials of treatment planning*. Workshop presented at the Counseling and Training Clinic at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (2019, July). *Safety compass: Child abuse prevention program*. Workshop presented at the Antonio E. Garcia Arts & Education Center, Corpus Christi, TX.

Nelson, K. (2019, August). *Essentials of treatment planning*. Workshop presented at the Antonio E. Garcia Arts & Education Center, Corpus Christi, TX.

Nelson, K., Maza, N., & Cole, C. (2019, August). *Mandated reporting practices in counseling*. Workshop presented at the Antonio E. Garcia Arts & Education Center. Corpus Christi, TX.

Nelson, K., Cole, C., & Maza, N. (2019, August). *Suicide prevention in counseling*. Workshop presented at the Antonio E. Garcia Arts & Education Center, Corpus Christi, TX.

Nelson, K. (2019, August). *Essentials of treatment planning*. Workshop presented at the Antonio E. Garcia Arts & Education Center, Corpus Christi, TX.

Nelson, K. (2019, September). *Essentials of treatment planning*. Workshop presented at the Counseling and Training Clinic at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K., Martinez, P., & Mosely, M. (May, 2019). *Safety Compass child abuse prevention workshop*. Program presented at Fannin Elementary School, Corpus Christi, TX.

Nelson, K., Hawkins, S. Iskander, S., & Mosely, M. (May, 2019). *Managing stress and anxiety in preparation for state testing*. Program presented at Fannin Elementary School, Corpus Christi, TX.

Nelson, K., Iskander, S. & Martinez, P. (May, 2019). *Managing stress and anxiety in preparation for state testing*. Program presented at Fannin Elementary School, Corpus Christi, TX.

Nelson, K., Iskander, S., Mosely, M., Martinez, P., & Burns, O. (Feb., 2019). *Introduction to Garcia Center services*. Program presented at Fannin Elementary School, Corpus Christi, TX.

Nelson, K. (February, 2019). *Sandtray therapy workshop*. Program presented for the Antonio E. Garcia Arts & Education Center - Texas A&M University-Corpus Christi affiliation, Corpus Christi, TX.

SCHOLARLY PRODUCTIVITY continued

Nelson, K. (February, 2019). *Basics of play therapy workshop*. Program presented for the Counseling and Training Clinic at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (January, 2019). *Navigating professional conference presentations* [Video].
<https://www.youtube.com/watch?v=MOB-WImeRv0>

Nelson, K. (April, 2018). *Utilizing Play Therapy to Prevent Childhood Sexual Abuse*. Program presented for the Coastal Bend Chapter of the Texas Counseling Association for Play Therapy (CBC-TAPT), Corpus Christi, TX.

Nelson, K. (March, 2018). *Posttraumatic growth: Thriving in the aftermath of childhood sexual abuse*. Program presented for the Gulf Coast Counseling Association-Chapter of the Texas Counseling Association (GCCA), Corpus Christi, TX.

Nelson, K. (November, 2017). *Dissertation boot camp: Turning your research into a Presentation* [Video].
<https://www.youtube.com/watch?v=aEtb4cjEFj0&list=PLWDjTbbQSQfgXek44iMguWwXO1DrZbWYR&index=3>

Gerlach, J., Hollenbaugh, K. M., & **Nelson, K.** (October, 2017). *Mental health support for students post-Hurricane Harvey*. Psychoeducational session presented at Ingleside High School, Ingleside, TX.

Nelson, K. (April, 2017). *How to apply research results to practice*. Program presented for the Counselor Education Research Consortium at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (March, 2017). *Helping supervisees facilitate the posttraumatic growth model with their clients*. Site supervisor training presented at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (March, 2017). *Screening for the Impact of Trauma in children and Adolescents*. Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) training presented at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (2017, April). *Helping supervisees understand posttraumatic growth among with clients*. Site Supervisor Fair, Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (2016, April). *Structural equation modeling using AMOS*. Program presented at Texas A&M University-Corpus Christi, Corpus Christi, TX.

Nelson, K. (2015, Spring). *Careers in counseling*. Program presented at Holy Cross Lutheran Academy, Sanford, FL.

SCHOLARLY PRODUCTIVITY continued

Nelson, K. (2014, Summer). *Safety compass child abuse prevention program*. Program presented at the Children's Safety Village, Orlando, FL.

Nelson, K. (2013, Fall). *Safety Compass Child Abuse Prevention Program*. Program presented at Holy Cross Lutheran Academy, Sanford, FL.

Nelson, K. (2013, Spring). *Safety Compass Child Abuse Prevention Program*. Program presented at Holy Cross Lutheran Church, Lake Mary, FL.

Nelson, K. (2013, Spring). *Child Sexual Abuse: Awareness, Counseling, and Prevention*. Program presented at the University of Central Florida-Chi Sigma Iota, Orlando, FL.

Nelson, K. (2013, Fall). *Child Sexual Abuse: Awareness, Counseling, and Prevention*. Program presented at the BETA Center, Orlando, FL.

Nelson, K. (2012, Fall). *Safety Compass Child Abuse Prevention Program*. Program presented at Holy Cross Lutheran Academy, Sanford, FL.

Nelson, K. (2012, Spring). *Safety Compass Child Abuse Prevention Program*. Program presented at Holy Cross Lutheran Church, Lake Mary, FL.

Nelson, K. (2012, Spring). *Safety Compass Child Abuse Prevention Program*. Program presented at Holy Cross Lutheran Academy, Sanford, FL.

PROFESSIONAL EXPERIENCE-ACADEMIA**LeTourneau University** (CACREP Accredited)**Associate Professor**

School of Psychology & Counseling
2022-Present

Texas A&M University-Corpus Christi (CACREP Accredited)**Assistant Professor**

College of Education & Human Development
2016-2022

GRADUATE PROGRAM COORDINATION**Program Coordinator**

Marriage, Couple, and Family Counseling Program
2021-2022

PROFESSIONAL EXPERIENCE-ACADEMIA continued**Director of Counseling Services**

Antonio E. Garcia Arts & Education Center
2018-2021

Co-Coordinator

Marriage, Couple, and Family Counseling Program
2017-2020

Admissions Coordinator

Counseling Program
2018-2020

GRADUATE COURSES TAUGHT**LeTourneau University****COUN 5053: *Research Methods***

Provides a study of the scientific method of social, counseling, and psychological research to aid the student in understanding the theoretical bases of scientific research.

Spring 2026, Fall, 2025, Spring 2025, Fall 2024, Spring 2024, Fall 2023, Spring 2023

COUN 5093: *Counseling Diverse Populations*

A study in multicultural counseling that focuses on developing theories and strategies that match the individual and cultural background of the client, as well as expanding counseling to include the multiple helping roles of family, community, and cultural groups.

Summer 2025

COUN 5073: *Lifespan Human Development*

A study in human development which focuses on physical, cognitive, social, emotional, spiritual, and personality components from conception to death within the context of basic theories of development.

Fall 2024

COUN 5083: *Counseling Theories and Family Therapies*

Students learn key concepts and approaches of various counseling theories and are provided the opportunity to develop their philosophy of counseling.

Summer 2025, Spring 2025, Summer 2023, Spring 2023

COUN 5113: *Human Sexuality and Sex Therapy*

Students learn about various disorders, dysfunctions, and treatment options, develop a theological perspective of sexuality, and learn to integrate theology and spirituality into the treatment plans.

Fall 2023, Spring 2024

PROFESSIONAL EXPERIENCE-ACADEMIA continued**COUN 5123: *Cognitive Behavioral Therapy***

Provides master's students with knowledge and skill in the cognitive-behavioral approach to counseling with applications to mental health counseling and marital & family counseling.

Fall 2022

COUN 5203: *Group Counseling Methods*

A study of group counseling theories and techniques. Types of groups, dynamics and methods of practice with groups, and analysis of group leadership and group processes will be considered. Students will practice leading groups.

Fall 2024

COUN 5323: *Couples and Family Counseling*

Students learn historical and current theoretical foundations of marriage, couple and family counseling, the family life cycle, the interface of ethical practice and issues of diversity, couple and family counseling theories, and ethical and legal issues.

Summer 2024

COUN 5333: *Integrative Theology for Counselors*

Beginning with an examination of Christian worldview foundations, this course provides a foundation for addressing spirituality in clinical practice with consideration of historical, systematic, Biblical, and philosophical theology as relevant to issues of the nature of God and man.

Spring 2025

COUN 5383: *Family Assessment*

Students learn to assess marital and family systems in order to engage in effective individual, marriage, and family counseling as well as treatment planning.

Spring 2024, Fall 2023, Spring 2023, Fall 2022

COUN 5443: *Professional Orientation to Clinical Mental Health Counseling*

Students learn the foundation for professional counselor identity and mental health counseling, counseling theories, diversity, advocacy, professional leadership, community health care, insurance, managed care, and other topics relevant to the counseling profession.

Spring 2026, Fall 2025, Spring 2025, Fall 2024, Summer 2024

COUN 5593: *Applied Lab, Ethics, and Treatment Planning*

The lab is designed to prepare students to conduct intake interviews, maintain appropriate documentation and conduct effective treatment planning, and maximize the supervision process.

Spring 2023, Fall 2022

PROFESSIONAL EXPERIENCE-ACADEMIA continued**COUN 5663: *Trauma, Crisis, and Theology in the Developmental Context***

Students explore theology, worldview, and explanations regarding the suffering of people and effective treatment of trauma and related events.

Spring 2026, Summer 2025, Spring 2025, Summer 2024, Spring 2024, Summer 2023

Texas A&M University-Corpus Christi**CNEP 6372.001: *Seminar in Advanced Statistical Techniques & Evaluation Methodology.***

Provides doctoral students with application experience in quantitative, qualitative, and mixed-method data analytic procedures.

Spring 2022; Spring 2021; Spring 2020

CNEP 6310.001: *Advanced Counseling Strategies*

Provides an in-depth study of various counseling strategies appropriate to the developmental levels of elementary, middle, and secondary school students; adults; couples; and families.

Spring, 2021; Summer 2018

CNEP 5375.001: *Clinical Mental Health Counseling Strategies*

Provides an overview of fundamental counseling skills, with a primary focus on the practice and acquisition of counseling techniques.

Summer 2018; Fall 2017; Fall 2016

CNEP 5354.001: *Developmental Issues in Human Personality and Behavior*

Provides an overview of major factors and conditions which are related to successful human adaptations including adult-child relations, personality defense mechanisms, developmental stages and abnormal behavior in addition to theories of personality.

Summer 2017

CNEP 5328.001: *Abnormal Human Development and Behavior*

Provides an overview of principles of understanding dysfunction in human behavior and development, including the impact of disaster, crises, and other trauma-causing events on developmental processes.

Summer 2017

CNEP 5326.002: *Family Counseling with Children & Adolescents*

Provides an overview of parent-child interactional patterns across the life-cycle, and therapeutic strategies to prevent and/or treat difficulties in the parent-child relationship.

Summer 2022; Summer 2021; Summer 2020; Summer, 2019; Fall 2018; Fall 2017; Fall 2016

CNEP 5324:W01: *Counseling Couples*

Designed to familiarize students with intimate relationships, marriage and the assessment and treatment of couple relationships.

Summer 2022; Spring 2022; Summer 2021; Spring 2019

PROFESSIONAL EXPERIENCE-ACADEMIA continued**CNEP 5322.001: Strategies in Marriage, Couple, and Family Counseling**

The focus of this course is on the application of assessments, theoretical models, and interventions when working with couple and family systems.

Summer 2022; Summer 2021

CNEP 5320.001: Introduction to Marriage, Couple, and Family Counseling

Provides an overview of major theoretical models, history of the field, key concepts, the family counseling process, family structure, and functions of marriage, couple, and family counseling.

Summer 2022; Fall 2021; Summer 2021; Fall, 2020; Summer 2020; Spring 2019; Spring 2018; Spring 2017

CNEP 5319.001: Introduction to Clinical Mental Health Counseling

Provides an overview of the development of community counseling, and the historical and philosophical background of clinical mental health counseling.

Spring 2017

CNEP 5317.001: Play Therapy: Counseling Interventions

Provides an overview of theory and practice related to play therapy including, approaches, clinical applications, and research and practice guidelines in play therapy.

Fall 2021; Spring 2021

CNEP 5314.001: Theory and Practice of Multicultural Counseling

Provide and overview of theory and practice related to multicultural counseling and familiarize students with the cultural differences of special populations of people.

Summer 2021; Summer 2020; Summer 2019

CNEP 5304.001: Introduction to Counseling

Provides an orientation to the profession of counseling, its history, professional standards, code of ethics, credentials, areas of specialization, and the development of skills necessary to create a helping relationship.

Spring 2022; Summer 2021; Spring 2021; Fall, Summer, Spring, 2020; Fall, Summer, Spring, 2019; Fall, Summer, Spring 2018; Fall 2017

CNEP 5375.001: Clinical Mental Health Counseling Strategies Independent Study

Provides an overview of fundamental counseling skills, with a primary focus on the practice and acquisition of counseling techniques.

Spring 2017

CNEP 5326.002: Family Counseling with Children & Adolescents Independent Study

Provides an overview of parent-child interactional patterns across the life-cycle, and therapeutic strategies to prevent and/or treat difficulties in the parent-child relationship.

Spring 2017

PROFESSIONAL EXPERIENCE-ACADEMIA continued**GRADUATE COURSES CO-TAUGHT****University of Central Florida****MHS 6421: Foundations of Play Therapy & Play Process**

Co-taught with E. H. Mike Robinson, Ph.D.

Provides an introduction to play therapy in counseling for working with children and families.

Summer 2015

MHS 6500: Group Procedures and Theories in Counseling

Sejal Barden, Ph.D., (supervising instructor)

Provides an overview of group dynamics and development, leadership styles, and theories.

Spring 2015

MHS 6401: Techniques of Counseling

Mark Young, Ph.D., (supervising instructor)

Provides an overview of fundamental counseling skills such as relationship building, goal setting, therapeutic interventions, and evaluation of client outcomes.

Fall 2014

MHS: 6702: Ethical & Legal Issues in Counseling

Co-taught with W. Bryce Hagedorn, Ph.D.

Provides an overview of ethical and legal issues and practices in the counseling field.

Summer 2014

MHS 6421: Foundations of Play Therapy & Play Process

Co-taught with E. H. Mike Robinson, Ph.D.

Provides an introduction to play therapy in counseling for working with children and families.

Summer 2014

MHS 6470: Human Sexuality and Relationships

Co-taught with Matt Munyon, Ph.D.

Provides an overview of how intra- and interpersonal relationships are formed, and how sexuality develops.

Summer 2014

SUPERVISION EXPERIENCE**Texas A&M University-Corpus Christi****CNEP 5390: Bridge Supervision**

Provides an opportunity for students in practicum and internship to practice counseling skills, grow through helpful suggestions from peers, and be critiqued by supervisors and professors.

Fall 2022; Spring & Fall 2021; Spring, 2019; Fall 2019, Spring 2018; Fall 2017

PROFESSIONAL EXPERIENCE-ACADEMIA continued**Garcia Center Supervisor**

Provide supervision for doctoral students working at the Antonio E. Garcia Arts & Education Center community counseling clinic to help foster their professional growth and development.
Spring 2021; Fall, Summer, Spring 2020; Fall, Summer Spring 2019; Fall, Summer, Spring 2018; Fall, Summer, Spring 2018

University Supervisor

Provide supervision for doctoral students in practicum to help foster their professional growth and development.

Spring 2022; Spring 2019; Spring 2018; Fall 2017

University of Central Florida**MHS 6803: Practicum in Counselor Education**

Mark Young, Ph.D. (supervising instructor)

Provides an opportunity for students to practice counseling skills, grow through helpful suggestions from peers, and be critiqued by supervisors and professors.

Spring 2015

MHS 6803: Practicum in Counselor Education

Sejal Barden, Ph.D., (supervising instructor)

Provides an opportunity for students to practice counseling skills, grow through helpful suggestions from peers, and be critiqued by supervisors and professors.

Fall 2014

INVITED CLASSROOM PRESENTATIONS**University of Central Florida****MHS 6421: Foundations of Play Therapy & Play Process**

Presentation to graduate students about the prevalence of child sexual abuse, and the clinical implications for working with survivors using play therapy.

Summer 2016

MHS 6465: Counseling Victims and Perpetrators of Family Violence

Presentation to graduate students to provide an overview of child abuse prevention psychoeducation.

Summer 2015

MHS 6431: Family Counseling II

Presentation to graduate students to provide an overview of counseling techniques to use when working with family systems that pose problems to themselves and the counselor.

Spring 2015

PROFESSIONAL EXPERIENCE-ACADEMIA continued

SDS 6347: Career Development

Presentation to graduate students to provide an overview of Donald Super's Developmental Career Counseling Theory.

Spring 2015

MHS 6470: Human Sexuality and Relationships

Presentation to graduate students about the prevalence of child sexual abuse, and the clinical implications for working with survivors.

Fall 2014, Spring 2014

UNDERGRADUATE COURSES

University of Central Florida

PSB 3002: Physiological Psychology

Teaching Assistant for Dr. H. Edward Fouty. Job requirements involved preparing and grading exams, and maintaining record of student grades.

Spring 2008

RESEARCH EXPERIENCE

LEAD AND TEAM RESEARCH PROJECTS

Nelson, K. (2022 – In Process). *The influence of pelvic floor therapy on quality of life for women with endometriosis.*

Nelson, K. & Owens, M. (2022 – In Process). *GLEEM: Group-led empowerment for expectant mothers.*

Holladay, K. R., Howells, R., Nelson, K., Borden, N., and Apodaca, M. (2021). *Fostering engagement through career work to reduce substance use: A systematic review.*

Nelson, K., Maza, N., & Cole, C. (2021). *Preventing childhood sexual abuse: An evaluation of program effectiveness.*

Nelson, K., & Gerlach, J., & Moesely, M. (2020). *An investigation of the influence of adverse childhood experiences on child abuse reporting among clinicians.*

Nelson, K., Maza, N., & Cole, C. (2019). *VANTAGE: An evaluation of program effectiveness.*

Gerlach, J., & **Nelson, K.**, & Walsh, R. (2019). *An investigation of the influence of school counselor perceptions of child protective services on reporting.*

RESEARCH EXPERIENCE continued

Nelson, K., & Luo, Y. (2019). *An investigation of the influence of childhood sexual abuse on sexual behavior and identity development.*

Nelson, K., Vashisht, K., Maza, N., Cole, C., & Rivera, W. (2019). *Collaborative partnerships to prevent child sexual abuse: A program evaluation.*

Wagener, B., Oliver, M., & Nelson, K. (2018). *A qualitative study of lived experiences of posttraumatic growth process.*

Cade, R., Gibson, S., Swan, K., & Nelson, K. (2017). *A Content Analysis of Counseling Outcome Research and Evaluation (CORE) from 2010 to 2017.*

Karaman, M. A., Nelson, K., and Cavazos Vela, J. (2016). *The mediation effects of achievement motivation and locus of control between academic stress and life satisfaction in undergraduate students.*

Nelson, K., Hagedorn, W. B., & Lambie, G. W. (2016). *The Contribution of Adult Attachment Style on the Experience of Posttraumatic Growth Among Adult Survivors of Childhood Sexual Abuse.*

Dillman-Taylor, D., Nelson, K., Gungor, A., & Meany-Walen, K. K. (2016). *Investigating group Adlerian play therapy for children with disruptive behaviors: A single case research design.*

RESEARCH ASSISTANTSHIPS**Research Assistant**

Investigating the Impact of Adlerian Play Therapy (AdPT) on Children, ages 5-10, with Disruptive Behaviors

Research project by Dr. Dillman-Taylor at the University of Central Florida
Fall 2014-Spring 2015

Research Assistant

Exploring student perceptions of self-efficacy regarding multicultural awareness throughout their Counseling Master's program

Research project by the Community Counseling Clinic Staff at the University of Central Florida
Spring 2015

Research Assistant

Development of the Identity Distress Interview for Adolescents

Research project by Dr. Steven Berman at the University of Central Florida
Fall 2008- Spring 2009

RESEARCH EXPERIENCE continued**Research Assistant for Dr. Steven Berman**

Identity Distress among Parents and their Adolescents with Clinical Diagnoses

Research project by Dr. Steven Berman at the University of Central Florida

Fall 2007-Spring 2009

PROFESSIONAL SERVICE AND LEADERSHIP**National****Treasurer (2020-2023)**

Association for Spiritual, Ethical, and Religious Values in Counseling

Research Committee Member (2016-2019)

Association for Assessment and Research in Counseling

Graduate Student Representative (2014-2015)

Association for Spiritual, Ethical, and Religious Values in Counseling

State/Local**President – Executive Board (April 2025-Present)**

Children’s Advocacy Center of the Coastal Bend

Vice President – Executive Board (Jan 2025 – April 2025)

Children’s Advocacy Center of the Coastal Bend

Board Member (2023-Present)

Children’s Advocacy Center of the Coastal Bend

Public Policy Committee Member (2017-2018)

Texas Counseling Association

Past-President (2016-2017)

Florida Association for Spiritual, Ethical, and Religious Values in Counseling

President (2015-2016)

Florida Association for Spiritual, Ethical, and Religious Values in Counseling

President-Elect (2014-2015)

Florida Association for Spiritual, Ethical, and Religious Values in Counseling

PROFESSIONAL SERVICE AND LEADERSHIP continued**University/Program**

Reviewer (2025 – Present)

Institutional Review Board

LeTourneau University

Team Leader (2024 – Present)

Collaborative Opportunities Team

LeTourneau University

Counseling Faculty Representative (2024 – 2026)

Teaching Faculty Organization

LeTourneau University

Team Member (2022 - Present)

Academic Integrity Committee

LeTourneau University

Program Reviewer (2025)

Conference Program Review Committee

American Counseling Association

Committee Member (2024 – 2025)

Assessment Committee-Student Learning Assessment Subcommittee

LeTourneau University

Department Liaison (2021-2022)

Marriage, Couple, and Family Counseling Program

Texas A&M University-Corpus Christi

Team Member (2021-2022)

Academic Integrity Committee

Texas A&M University-Corpus Christi

Council Leader (2020-2022)

Inclusion, Diversity, Equity, Antiracism, Access, and Advocacy (IDEAs) Council

Texas A&M University-Corpus Christi

Faculty Liaison (2018-2022)

Antonio E. Garcia Arts & Education Center

Texas A&M University-Corpus Christi

PROFESSIONAL SERVICE AND LEADERSHIP continued**Team Member (2016-2022)**

Alcohol & Drug Abuse Prevention Team (I-ADAPT), formerly Coalition on Substance Abuse (CoSA) Islanders

Texas A&M University-Corpus Christi

Library Liaison (2016-2022)

Department of Counseling and Educational Psychology

Texas A&M University-Corpus Christi

Committee Chair (2022)

Student Remediation Committee

Texas A&M University-Corpus Christi

Committee Member (2021-2022)

Student Remediation Committee

Texas A&M University-Corpus Christi

Committee Member (2017-2019; 2021-2022)

Faculty Search Committee, Department of Counseling and Educational Psychology,

Texas A&M University-Corpus Christi

Advisory Board Member (2018-2021)

Antonio E. Garcia Arts & Education Center

Texas A&M University-Corpus Christi

Committee Member (2019-2020)

Core Curriculum Committee

Texas A&M University-Corpus Christi

Faculty Advisor (2018-2019)

Parent-Student Support Organization

Texas A&M University-Corpus Christi

Committee Member (2018-2019)

Faculty Search Committee - Department of Counseling and Educational Psychology

Texas A&M University-Corpus Christi

Committee Member (2017-2018)

Faculty Search Committee, Department of Counseling and Educational Psychology,

Texas A&M University-Corpus Christi

Faculty Advisor (2017-2019)

Counselor Education Research Consortium (CERC)

Texas A&M University-Corpus Christi

PROFESSIONAL SERVICE AND LEADERSHIP continued**Member (2013-2016)**

Counselor Education Doctoral Student Organization
University of Central Florida

Coordinator/Facilitator (2014)

Counseling Skills Club
University of Central Florida

Conference Presentation Reviewer (2014)

Conference Presentation Review Board
University of Central Florida

President (2010-2011)

Upsilon Chi Chapter-Chi Sigma Iota International Honors Society
University of Central Florida

Member (2010-2011)

Counselor Education Advisory Board
University of Central Florida

Banquet Coordinator (2010-2011)

Counseling Conference Planning Committee
University of Central Florida

Member (2010-2011)

Counseling Conference Awards Committee
University of Central Florida

Dissertation Projects**Chair (2021-2022)**

Melanie Moseley – *The lived experiences of men whose partners have postpartum depression*
Successful Defense – Summer 2022

Chair (2020-2022)

Carlee Cole - *A Narrative Exploration of the Experiences of Body Positive Influencers on Social Media in Recovery for Disordered Eating*
Successful Defense – Summer 2022

Chair (2020-2022)

Angie Sevillano – *Exploring how Latine Parents with a Child Diagnosed with Autism Spectrum Disorder Perceive the Parent-Child and Parental Romantic Relationships*

PROFESSIONAL SERVICE AND LEADERSHIP continued**Chair (2019-2022)**

Nora Maza - *The Role of Self-Concept and External Validation as Predictors of Problematic Social Media Use*
Successful Defense – Fall 2022

Committee Member (2021- 2022)

Sergio Olivares – *An Exploration of Police Academy Training Officers Role as Capable Guardians during the COVID-19 Pandemic.*
Successful Defense – Summer 2022

Committee Member (2018- 2021)

Rachelle Morales -*The Experiences of Bilingual Latinos whose Mental Health Providers Engage in Language Switching in Counseling*
Successful Defense – Spring 2021

Committee Member (2018- 2019)

Kriti Vashisht – *Meaning of Empowerment among Intimate Partner Violence Victims*
Successful Defense – Summer 2019

Co-Chair (2018- 2019)

Odunola Oyeniyi – *A Comparison of First-Year Undergraduate and Graduate International Students' Adjustment to College*
Successful Defense – Summer 2019

Co-Chair (2017-2019)

Samantha Mendoza – *Predictors of Academic Achievement among First-Year Students at a Hispanic-Serving Institution*
Successful Defense – Summer 2019

Committee Member (2018- 2019)

Danielle A. Pester – *Development and Evaluation of the Intersectional Privilege Screening Inventory*
Successful Defense – Spring 2019

Committee Member (2018- 2019)

Ye Agnes Luo – *Development and Initial Validation of a Social Media Identity Distress scale*
Successful Defense – Spring 2019

Committee Member (2017-2018)

Hulya Ermis Demirtas – *Emptiness: Development and Validation of a Scale*
Successful Defense - Summer 2018

PROFESSIONAL SERVICE AND LEADERSHIP continued**Committee Member (2017-2018)**

Baylea Wagener – *A Qualitative Inquiry of the Lived Experiences During moments of Posttraumatic Growth*

Successful Defense – Fall 2018

PROFESSIONAL EXPERIENCE-CLINICAL**Compass Counseling & Community Outreach, LLC (2024-Present)**

Licensed Professional Counselor/Owner

Corpus Christi, Texas

New Life Refuge Ministries (2024-Present)

Licensed Professional Counselor

South Texas

Safety Compass Child Abuse Prevention Program (2012-Present)

Developer/Facilitator

Corpus Christi, Texas

Antonio E. Garcia Arts & Education Center (2018-2021)

Director and Supervisor of Counseling Services

Corpus Christi, Texas

Time of Hope, P.A. (2012-2016)

Private Practice- Owner

Lake Mary, Florida

Community Counseling and Research Clinic (2013-2015)

Registered Mental Health Counselor Intern

University of Central Florida

Orlando, Florida

Child Rescue Network (2014-2016)

Safety Compass Program Director

Orlando, Florida

Nurturing Parenting Program (2013-2015)

Facilitator/Instructor

Orlando, Florida

BETA Center (2012-2014)

Family Support Specialist

Orlando, Florida

PROFESSIONAL EXPERIENCE-CLINICAL continued

Kids House of Seminole, Inc. (2011-2012)

Family Therapist Intern

Sanford, Florida

OTHER PROFESSIONAL EXPERIENCE

Undergraduate Affairs and Partnerships (2013-2016)

Graduate Assistant

University of Central Florida

Orlando, Florida

Toni Jennings Exceptional Education Institute (2010-2011)

Graduate Assistant

University of Central Florida

Orlando, Florida

Community Counseling and Research Clinic (2010)

Clinic Resource Assistant

University of Central Florida

Orlando, Florida

PROFESSIONAL MEMBERSHIPS**International**

Theta Alpha Mu Chapter-Chi Sigma Iota International Honor Society (2018-2020)

Upsilon Chi Chapter-Chi Sigma Iota International Honors Society (2010-2011)

National

Complex Trauma Treatment Affiliates Group Supervision (2024-Present)

American Association of Christian Counselors (2025-Present)

American Counseling Association (2009-Present)

Association for Counselor Education and Supervision (2013-Present)

Association for Counselor Education and Supervision (2010-Present)

Association for Assessment and Research in Counseling (2016-2021)

Regional

Southern Association for Counselor Education and Supervision (2013-Present)

PROFESSIONAL MEMBERSHIPS continued

State

Texas Counseling Association (2016-Present)
Christian Counselors of Texas (2024-Present)
Texas Association for Counselor Education and Supervision (2016-Present)
Florida Counseling Association (2010-2016)
Florida Association for Spiritual, Ethical, and Religious Values in Counseling (2013-2016)

Local

Children's Advocacy Center of the Coastal Bend (2023-Present)
Coastal Bend Chapter of the Texas Play Therapy Association (2021-2023)
Gulf Coast Counseling Association (2017-2019)

Child Rescue Network (2014-2016)
Seminole County Child Abuse Prevention Task Force (2012-2016)
Mental Health Counselors of Central Florida (2009-2016)
Counselor Education Doctoral Student Organization (2013-2016)

PROFESSIONAL CONFERENCES

National Conferences

AACC World Conference, Nashville, TN (October, 2025)
AACC World Conference, Nashville, TN (September, 2023)
ACA National Conference, postponed due to pandemic (March, 2020)
ACA National Conference, New Orleans, LA (March, 2019)
AARC Annual Conference, Richmond, VA (September, 2018)
AAMFT Annual Conference, Atlanta, GA (October, 2017)
ACA National Conference, San Francisco, CA (March, 2017)
AARC Annual Conference, Ft. Lauderdale, FL (Sept. 2016)
ACA National Conference, Orlando, FL (March, 2015)
ACA National Conference, Honolulu, HI (March, 2014)
ACA National Conference, New Orleans, LA (March, 2011)
ASERVIC National Conference, Myrtle Beach, SC (August, 2010)

Regional Conferences

SACES Bi-Annual Conference, Myrtle Beach, SC. (October, 2018)
SACES Bi-Annual Conference, Birmingham, AL (October, 2014)

PROFESSIONAL CONFERENCES continued

State Conferences

TCA Annual Conference, Houston, TX (October, 2025)
TACES Annual Conference, Austin, TX (February, 2025)
TCA Annual Conference, Dallas, TX (October, 2024)
CCT Annual Conference, Pflugerville, TX (February, 2024)
TACES Annual Conference, Arlington, TX (February, 2022)
PSCC Annual Conference, Virtual (February, 2021)
TCA Annual Conference, Virtual (November, 2020)
TCA Annual Conference, Fort Worth, TX (November, 2019)
TACES Annual Conference, Austin, TX (March, 2018)
TCA Annual Conference, Galveston, TX (November, 2017)
TACES Annual Conference, Austin, TX (March, 2017)
FCA Annual Conference, Orlando, FL (September, 2015)
FCA Annual Conference, Tampa, FL (October, 2014)
FCA Annual Conference, Orlando, FL (November, 2011)
FCA Annual Conference, Miami, FL (November, 2010)

Local Conferences

Crime Victim Services Conference Corpus Christi, TX (March, 2026)
Collaborations Conference, Corpus Christi, TX (April, 2025)
Crime Victim Services Conference Corpus Christi, TX (March, 2023)
Crime Victim Services Conference Corpus Christi, TX (March, 2021)
Gulf Coast Counseling Association, Corpus Christi, TX (April, 2020)
UCF Annual Counseling Conference, Orlando, FL (February, 2016)
UCF Annual Counseling Conference, Orlando, FL (February, 2014)
UCF Annual Counseling Conference, Orlando, FL (February, 2013)
UCF Annual Counseling Conference, Orlando, FL (February, 2011)
UCF Annual Counseling Conference, Orlando, FL (February, 2010)

INTERNAL AND EXTRAMURAL FUNDING

LETU Faculty Scholarship Grant (Spring, 2023)

Nelson, K.

Safety Compass: Child Abuse Prevention Program
\$2078.19 (funded)

COEHD Research Enhancement Grant (Fall, 2021)

Nelson, K., & Owens, M.

Group-Led Empowerment for Expectant Mothers (GLEEM)
\$1,592 (funded)

INTERNAL AND EXTRAMURAL FUNDING continued**Impact Multiplier Grant: TAMU-CC Community Outreach (Spring, 2020)****Nelson, K.***Safety Compass: Child Abuse Prevention Program**\$5,000 (funded)***COEHD Research Enhancement Grant (Fall, 2018)****Nelson, K., & Gerlach, J.***Safety Compass: Child Abuse Prevention Program**\$2,500 (funded)***Impact Multiplier Grant: TAMU-CC Community Outreach (Spring, 2020)****Nelson, K.***Safety Compass: Child Abuse Prevention Program**\$5,000 (funded)***COEHD Research Enhancement Grant (Fall, 2018)****Gerlach, J., Nelson, K., & Cole, C.***Coping with Death through Art (CODART)**\$2,500 (funded)***Impact Multiplier Grant: TAMU-CC Community Outreach (Fall, 2018)****Gerlach, J., Nelson, K., & Cole, C.***Coping with Death through Art (CODART)**\$4,990 (funded)***University Research Enhancement Grant (Fall, 2018)**

Texas A&M University – Corpus Christi

Nelson, K. & Gerlach, J. (2018). *Safety compass: Child abuse prevention program.**\$4,500 (not funded)***COEHD Research Enhancement Grant (Spring, 2018)****Gerlach, J., Nelson, K., Watson, J., & Lenz, A. S.***Enhancing Community Development through Vocational Empowerment and Leadership**Programming for Teenage Girls**\$2,500 (funded)***Impact Multiplier Grant: TAMU-CC Community Outreach (Fall, 2018)****Nelson, K., Gerlach, J., Lenz, A. S., & Watson, J.***Enhancing Community Development through Vocational Empowerment and Leadership**Programming for Teenage Girls**\$2,500 (not funded)*

INTERNAL AND EXTRAMURAL FUNDING continued**Impact Multiplier Grant: TAMU-CC Community Outreach (Spring, 2018)****Nelson, K.,** Gerlach, J., Lenz, A. S., & Watson, J.*Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls**\$2,500 (not funded)***SACES Research and Practice Grant (2017)****Nelson, K.***An Investigation of the Relationship between Attachment Style and Posttraumatic Growth among Survivors of Childhood Sexual Abuse**\$500 (not funded)*

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