



Insurance Network Guide

Disclaimer: Creekside Therapeutics is out-of-network with many insurance companies. This guide is provided to assist you with calling your insurance company to check on your benefits, whether we are in-network or out-of-network with your insurance company. Creekside Therapeutics is not responsible for the information obtained using this guide.

Payment at Creekside Therapeutics:

Payment is due at each session, unless another payment plan has been established. Thus, the client will pay their fee with cash, check, or credit card. Clients can request an itemized receipt of payment for services which will be fulfilled at the end of each session. This may be used to submit to your insurance company. It is the client's responsibility to handle this submission.

How to check your coverage and possible benefits:

- Plan for 30-60 minutes of your time available to call your insurance company. Make sure to have this information ready before your call:
 - Insurance card
 - Name, date of birth, address, phone number, and possibly social security number of the cardholder and person for whom the services are for
 - Pen and paper/notepad
- Questions to ask:
 - Is Creekside Therapeutics in-network with your insurance company, or are there out-of-network benefits for this policy?
 - Do I have **a mental or behavioral health policy with in-network or out-of-network benefits?**
 - What are the requirements to use these benefits?
 - Is prior authorization required?
 - Is a referral required from my primary care physician?
 - Do I have a deductible?
 - If yes:
 - What is my deductible?
 - How much of my deductible has been met?
 - What is the start date of the calendar year my policy is based on?
- In addition, ask the representative if your policy covers these services (use the CPT codes provided below). How much is the insurance company's "usual and customary fee" and what percentage do they cover?

Service	CPT Code	“Usual and Customary fee”	Percent covered, after the deductible is met
Diagnostic Interview (first session): 60-90 minutes	90791	\$190 JC \$150 HO, LG, DH	
Individual Therapy: 53-60 minutes	90837	\$175 JC \$130 HO, LG, DH	
Individual Therapy: 38-52 minutes	90834	\$150 JC \$100 HO, LG, DH	
Brief Individual Therapy: 17-37 minutes	90832	\$120 JC	
Group Therapy: 45-90 minutes	90853	\$40-\$80	
Family/Couple Sessions: 26-50 minutes	90847	\$120 HO, LG	

- Other questions to ask:
 - Is there a session limit?
 - If yes:
 - What is the session limit?
 - How many sessions do I have left?
 - What percentage of services is covered/what is my co-insurance?
- At the end of the call make sure to have:
 - Date/time you called
 - Representative's name
 - Reference number for the call
- Information that will be provided on your requested receipt of payment:
 - Provider's name
 - Provider's NPI
 - Provider's license number
 - Federal Tax ID number
 - DSM-5 and ICD-10 diagnosis codes
 - CPT or Procedure codes

****Remember: If Creekside Therapeutics is out-of-network, you will pay Creekside Therapeutics the full amount and your insurance company will reimburse you for the amount they cover!****

Providers:

Creekside Therapeutics Federal Tax ID: 87-3036240

Jessica Coleman, LPC

NPI: 1548797459

TX LPC License #: 81098

CO LPC License #: 0017261

IA LPC License #: 112982

WI LPC License #: 8607-125

VA LPC License #: 0701011922

AZ LPC License #: 06974

Heidi Olson, Resident in Counseling, Supervised by Jessica Coleman, LPC-S

NPI: 1407699275

VA LPC License #: 0704016987

Leah Gear, Resident in Counseling, Supervised by Jessica Coleman, LPC-S

NPI: 1144042367

VA LPC License #: 0704017481

Deborah Hudson, MT-BC, Resident in Counseling, Supervised by Jessica Coleman, LPC-S

NPI: 1811713084

VA LPC License #: 0704017561

Music Therapist Certification #: 19218