

<p><b>Paper Ephemera</b></p> <p>Old book pages            Dictionary pages            Sheet music            Maps            Newspaper &amp; magazine clippings            Catalogue pages            Junk mail with interesting fonts            Envelopes (especially patterns inside)            Old letters &amp; handwritten notes            Receipts            Tickets (bus, train, event)            Postcards            Greeting cards            Flashcards            Old calendars            Graph paper</p>	<p><b>Labels &amp; Packaging</b></p> <p>Tea bag envelopes            Coffee sleeves            Cereal box cardboard            Tissue paper from gift bags            Clothing tags            Price stickers            Wine bottle labels            Seed packets            Candy wrappers            Brown paper bags            Shipping labels            Stamps (used or unused)</p>	<p><b>Fabric &amp; Textiles</b></p> <p>Fabric scraps            Lace            Ribbon            Trim            Doilies (paper or fabric)            Cheesecloth            Burlap            Embroidery snippets            Clothing swatches            Old handkerchief pieces            Sewing pattern tissue            Quilt scraps</p>	<p><b>Mark-Making Additions</b></p> <p>Washi tape            Rubber stamp impressions            Ink splatters            Handwritten quotes            Typewritten snippets            Painted paper scraps            Stencilled shapes            Doodles</p>
<p><b>Natural &amp; Found Elements</b></p> <p>Pressed flowers            Dried leaves            Fern clippings            Feathers            Twine            Thin twigs (for chunky journals)            Sand (sealed)            Tea-dyed or coffee-dyed paper</p>	<p><b>Structural / Dimensional Pieces</b></p> <p>File folder tabs            Coin envelopes            Paper clips (decorative or vintage)            Safety pins            Tags (manila or handmade)            Fold-out mini booklets            Hidden tuck spots            Folded envelopes</p>	<p><b>Texture &amp; Background Builders</b></p> <p>Scrapbook paper            Wallpaper samples            Paint chips            Tissue paper            Napkins (decorative)            Kraft paper            Corrugated cardboard (peeled layer)            Paper towels with paint marks            Metallic foil scraps            Greaseproof paper</p>	<p><b>Decorative Extras</b></p> <p>Stickers (vintage, botanical, Quotes)            Die cuts            Chipboard shapes            Buttons            Sequins            Charms            Wax seals            Faux stamps            Vintage photos (copies)            Playing cards            Feathers</p>

**A list of suggested collage materials you can use for junk journaling**