



Coach Drew's Decision-Making Matrix

My life is becoming more enjoyable as a result of increased awareness and intentional decision-making. As I consider options of how to move forward in life, my choices are now informed by asking the following questions:

1. Do I need or really want to do this?
2. Does this spark joy for me?
3. Is this primarily motivated by money?
4. How will this help me be at peace?
5. Is it in line with my core values?
6. Is God leading me in a particular way about this?
7. Am I recreating a problem for myself?

As always, I hope this is helpful for you and look forward to hearing your thoughts.

Sincerely,
Drew