

DAY 28 — PREPARE

Make Room for God's Heart | 30 Days of Repentance + Heart Preparation

Scripture focus

Joshua 3:5 • Ezra 7:10 • 2 Timothy 2:20–21 • 1 Peter 1:13–16

Preparation begins before the moment

Joshua called the people to consecrate themselves before they crossed into what God had prepared. They did not yet know every detail of what tomorrow would bring. Their responsibility was to make themselves ready to respond to the Lord today.

We often think preparation means knowing what comes next, securing the outcome, or becoming capable enough to handle anything. Scripture offers a different starting place: belonging to God, paying attention to His instruction, and making room for obedience.

Prepared hearts become practiced lives

Ezra devoted himself not only to studying God's law but also to living it and teaching it. The order matters. Knowledge is not the destination; it shapes how we walk. Preparation is not simply gathering more information about God. It is allowing what we learn to change what we do.

In 2 Timothy, the image of vessels set apart for honorable use reminds us that usefulness is not measured by how impressive we appear. A willing, cleansed life is ready for the Master's work. We do not make ourselves worthy by achieving perfection; we respond to grace by turning away from what keeps us divided.

Read slowly

Where am I asking God to show me the next step while resisting the preparation He is asking of me now?

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Reflection & Fasting

Ready in mind, heart, and conduct

First Peter calls believers to alertness, hope, obedience, and holiness. This is not a demand to predict the future. It is an invitation to live awake to God in the present. Our choices, reactions, attention, and priorities can all be shaped by the One who calls us.

Preparation can include surrendering a habit, repairing a relationship, practicing patience, studying faithfully, or learning to listen before acting. Some preparation is visible. Much of it happens quietly, long before anyone else notices.

The question is not only, “What is God preparing for me?” It is also, “What is God preparing in me?” The next season may require less control and more trust, less performance and more faithfulness, less hurry and more attentiveness.

Study & reflect

- 1. What do these passages reveal about the difference between being busy and being prepared?*
- 2. Is there an area where I know what Scripture teaches but have not yet practiced it consistently?*
- 3. What might God be asking me to set aside so I can be more available for His purposes?*
- 4. What needs to be prepared in me before I walk into what is next?*

Fasting focus

As the fast creates space today, notice what rushes in to fill it: distraction, worry, striving, or an impulse to control. Instead of judging yourself for noticing, bring it honestly before God. Use the space to listen, study, and practice one concrete act of obedience.

What am I making room for today? What is changing in the space this fast creates?

Closing thought

You do not have to know everything about tomorrow to be faithful with what God is shaping in you today.