

MIXED MEDIA FAITH

Prayer & Fasting — Day 8

BRING ME OUT OF HIDING

Father,

Search my heart today and show me anything I have buried, covered, minimized, justified, or tried not to see.

Show me the places where my silence has become hiding.

I know there is nothing concealed from You. You already know every thought, every motive, every wound, every failure, every compromise, and every place where I have missed the mark. So give me the courage to stop talking around the things You are asking me to bring before You.

I don't want to keep plowing dirt over something You want to heal.

Teach me to understand confession not as humiliation, but as honesty with You.

When shame tells me to hide, remind me that Your heart calls me closer.

When condemnation tells me to run from You, help me recognize Your conviction inviting me back into Your presence.

Give me the courage to say:

This is what happened.

This is what I did.

This is what I thought.

This is what I wanted.

This is where I was wrong.

This is where I have been wounded.

This is where I have wounded someone else.

This is what I have been afraid to admit.

And Father, where repentance is needed, don't let me stop at acknowledgment.

Help me renounce what needs to be renounced.

Help me release what I have been protecting.

Help me turn away from patterns, attitudes, behaviors, excuses, and choices that interfere with my relationship with You and with the person You are shaping me to become.

Your Word says that when we confess our sins, You are faithful and just to forgive us and purify us from unrighteousness.

So teach me to receive that forgiveness.

Don't let me confess something to You and then continue punishing myself for what You have forgiven.

Cleanse me. Restore me. Correct what needs correcting. Heal what needs healing. Transform what needs transforming.

And where I expect judgment, teach me to recognize Your mercy.

Where I expect rejection, remind me of Your compassion.

Where I expect You to turn Your face away, remind me that You are the One calling me into the light.

Father, give me discernment about the people You place around me.

Show me who is safe.

Give me trustworthy people who can hold truth without turning vulnerability into shame, who will pray instead of gossip, love instead of condemn, and point me toward You instead of making themselves the center of my healing.

And make me that kind of person for someone else.

Teach me to pray from Your heart.

Not louder. Not more impressively. Not with perfect words.

But sincerely. Compassionately. Powerfully.

Let my prayers carry Your love for the person standing before me.

Father, I don't want to live divided—one part of me walking with You while another part stays underground.

I want You to have my whole heart.

So today I choose:

**Truth over concealment.
Confession over hiding.
Repentance over excuses.
Cleansing over pretending.
Mercy over self-condemnation.
Community over isolation.
Healing over buried pain.**

**Truth exposes.
Repentance turns.
Cleansing restores.
Freedom makes room to move forward.**

Whatever You bring into the light, give me the courage to leave there.

Whatever You forgive, teach me to stop carrying.

Whatever You cleanse, teach me not to return to.

Whatever You heal, let it become testimony to Your goodness.

Bring me out of hiding, Father.

Not because You are waiting to shame me, but because You want my whole heart.

Here it is.

In Jesus' name, Amen.