

## PLACENTA CHECKLIST

1	Register on NashvillePlacenta.com	
2	Pack a cooler or lunchbox & 2 gallon size zip lock bags with your birthing bag.	0
3	Make Your Provider aware of your plans to keep your placenta.	
4	When you arrive at the hospital, let your nurse know of your plans to keep your placenta.	0
5	Rock your birth & love on your baby!	
6	Book your placenta pick up by scanning the QR code below	
7	Keep your phone nearby, the placenta specialist will give you a call to schedule an exact time of pick up.	0



Call us if you have any questions: 954-363-2334