

CERTIFICATIONS



ICF ACC

Integrational Coaching Federation Associate Certified Coach and graduation from accredited CoachU program.



Everything DiSC

Certified Everything DiSC Practitioner. Training obtained at the Center for Internal Change.



Lean Management Systems

Received the highest level of certification from the Denver Health Lean Academy in Lean Management Systems for strategic planning, process improvement, customer satisfaction and employee engagement.



LifeBound Coaching

LifeBound trains coaches to partner with first-generation students from diverse background to achieve academic success.



Communication Skills Intensive

Completed this course offered by the Colorado Permanente Medical Group after completing a three-day intensive on relational communication skills.



Appreciative Inquiry

Appreciative inquiry leads groups in identifying strengths, fostering positive dialogue, and collaboratively designing solutions by focusing on what works well.



Leadership & Influence

Completed University of Maryland course delivered through EdX on leadership strategies to optimize team dynamics and address decision-making challenges through a position of influence rather than authority.



Victim Offender Reconciliation

Trained to lead meditations referred by the Juvenile Court system to promote accountability, healing and restitution through mediated sessions.



Certification in Adult Learning

Certified from Georgetown's Center for New Designs in Learning and Scholarship includes effective pedagogical practices for teaching adults.



Community Translation

Certified by the University of Colorado School of Medicine in techniques used to engage community members to develop locally relevant and accessible health communications



Shana Montrose

BA: Government
Smith College

MBA
University of Colorado

Master's in Public Health
Harvard University

MA: Latin American Studies
Georgetown University

Selected Courses:

- Behavior of Organizations
- Strategic HR Management
- Crisis Leadership
- Behavioral Economics
- Journalism

