

ENNEAGRAM PERSONALITY TYPES

	1	2	3	4	5	6	7	8	9
Typology	Nobel Sage	Saints Saviors	Driven	Artist	Innovative Observer	Loyalist	Adventurer	Hero Leader	Self-Possessed Peaceful
Seeking	Justice Order	Love Connection	Status Recognition	Tran- scendence	Knowledge Discovery	Approval Acceptance	Wonder Stimulation	Power	Peace Harmony
Healthy	Wise Fair Conscientious Realistic Moderate Rational	Empathetic Accepting Generous Encouraging Altruistic	Confident Authentic Convincing Efficient Self- actualized	Authentic Intuitive Creative Expressive Grounded Complex	Curios Insightful Diligent Disciplined Expert	Cooperative Dutiful Obedient Accepting Reliable Steadfast	Joyful Vivacious Grateful Resilient Talented Idealistic Expansive	Brave Command Confident Assertive Charismatic Achieves	Content Stable Receptive Equanimity Dignified Nurturing
Unhealthy	Judgmental Punitive Critical Inflexible Condescending Unforgiving	Intrusive Possessive Controlling Manipulative Martyrs	Hostile Saboteur Competitive Conniving Narcissistic Shark	Self- absorbed Distant Jealous Lost Identity crisis	Isolated Protects autonomy Suspicious Cynical Contentious	Insecure Indecisive Ambivalent Anxious Passive Hides behind rules	Excessive Materialistic Bored Dabbles Greedy	Ruthless Forceful Intimidating Tyrant Selfish Always right	Passive Complacent Conventional Oblivious Catatonic In denial

Adapted from "Personality Types: Using the Enneagram for Self-Discovery" by Don Richard Riso

Mantras

1. The universe is unfolding as it should.

2. Real love is never used to take away from others what they wouldn't give away freely.

3. Your value is not diminished by being part of something greater than yourself.

4. The presence of negative feelings does not crowd out the good in you.

5. Some of the best things in life can neither be proven nor measured.

6. Trust the authority within yourself.

7. Integrate one experience before pursuing the next.

8. Build without destroying. Rise without stepping on others.

9. Inaction is a decision. Passiveness can be an aggressive response.