## CAMP NECESSITIES 🕑

## Hello! This is a comprehensive list of items that may help you in preparation for Band Camp 2022-2023 ③

- 1. <u>A Positive Attitude</u> the success of this entire ensemble, from Drum Majors through Staff, will be based on the positive attitude that we bring every day to camp. We all want to have a positive experience, and we all want to reach a great level of success this year. That being said, the attitude that we bring each day will be a direct attribute to the success that we achieve.
- 2. <u>Water</u> please be sure to bring plenty of liquids with you each day. Water will be our best source of refreshment it is best to avoid bringing caffeinated drinks, as they will make you more dehydrated in a smaller time period.
- 3. <u>Lunch / Snacks</u> The entire ensemble eats lunch together in the cafeteria. Please make sure that you pack a nutritious and healthy lunch with you every day. Students are permitted to order food for lunch if they choose to do so during their break each morning (10:15 10:30), but are not permitted to leave rehearsal to: 1) order lunch; 2) pick up lunch from the delivery person. Lunch begins at 12:00 noon if you choose to order lunch, please make sure that they understand it is delivered at that time. \*Please also note no students are permitted to leave at any time from camp, until the conclusion each day.
- 4. <u>Sunscreen / Hats / Light clothes / Gym shoes</u> We will be spending a large part of the day outside learning drill and putting music to drill, music sectionals, full ensemble, etc. It is important that students bring the proper sun protection for each day. Make sure that you wear light-colored clothes, lighter clothes (in weight), a hat (if needed), and proper footwear. No flip-flops, sandals, or any type of open-toed shoe will be permitted. Please make sure you wear proper footwear at all times.
- 5. <u>A good night's sleep</u> One of the greatest parts of Band Camp is that we have the full day to put together our fall performance! ③ It is imperative that you get a good night's sleep the night beforehand, to allow you to achieve your best every single day.
- 6. <u>Did I mention a positive attitude?</u> When this ensemble performs, we perform as one group. Not a group made up of seven different sections, but as the Belle Vernon Area High School Marching Band. You learn to grow as siblings around each other, and as a family as a whole. Giving 110% each day is going to provide great rewards during the season. Believing in each other as we learn the show, piece together the show, and perform the show throughout the fall season will provide you with a reward that is beyond a performance. Let the success begin now, and let's have a terrific fall season!

I hope that you are just as excited about this season as the staff! As always, if you have any questions at all, please feel free to get in touch with me by e-mail: <u>Mark.Surovchak@bellevernonarea.net</u> or by telephone: (724) 808 – 2500 x2172

All the best, Mark Surovchak