E SANJ SEEDING the FUTURE of CNY



Sheila Dion

Sheila Dion is the founder of Erin's Angels. She is passionate about spreading awareness about food insecurity. She loves marketing and started her own business called "Small Town Girl Marketing". She is a graduate of Leadership Oswego County, and Dale Carnegie. She was inspired to start a charity in Phoenix after experiencing first hand the hunger issues when she worked for the district. She believes that when people come together to share their time, talent and resources they can build stronger communities, so she started a networking for good event that meets four times a year. Oswego Women Lead's mission is to give back to the community.

She is an avid volunteer in her community, serving on various boards. And is Central New York Business Journal's 2019 Non-Profit Award winner for Board Leadership and one of Channel 9's Most Remarkable Women for 2023. She has three sons. Thomas is a crew chief in the U.S. Air National Guard, Michael graduated from Alfred State College for Electrical Technology and is a maintenance electrician with the Onondaga County Water Department, and Johnathan is in his sophomore year at Daemen University studying for his doctorate in Physical Therapy.



Partnerships/Collaborations











and many more!

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3rd Grade Teacher

"A student of mine came to me the other day with half of her lunch saved. I asked her if she needed more time to eat. She replied that there was no food at home so she was eating half of her lunch now and the other half for dinner. I provided her with some snacks and she said she knew she was going to get food bags tomorrow in school and thanked me. This conversation made me realize how much these bags are making a difference. Thank you! "

Superintendent Testimonial

"I remember when Sheila presented this idea to me 5-6 years ago. While I loved the idea, I did have some minor concerns that the program would be challenging to sustain, due to manpower and finances. I now know that I was very wrong! I am thoroughly impressed with Sheila, the Erin's Angels Board and all the volunteers that put in so much time and energy to provide food to our district's students each week. Your commitment and passion for helping our families is inspiring to me. I sincerely thank you for everything that you have already done with the program and for everything that you plan to implement in the near future, including the 4 new scholarships.

Thank you for making such an important difference for the Phoenix Central School District's families and students!!"

Chris Byrne

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Everyone needs help sometimes.

Erin's Angels ensures that children who rely on subsidized lunches continue to receive food vital to their growth and development through our Backpack Program and Food Pantry.