

## NAET® TESTIMONIALS

### ACID REFLUX OR ALLERGIES?

My wife and I adopted a baby, Nathaniel, after 18 years of marriage. We were very fortunate to receive him into our home as a newborn. Since I am a Doctor of Chiropractic and believe in eating healthy, we were always very careful about what we gave him to eat and drink as an infant and a toddler. His diet included very little sugar and processed fats. Other than a few fevers and runny noses that always accompanied teething, he was never sick with an illness or even had to take medication. However, at the age of 4 years, we were eating out at a restaurant and he started coughing and threw up at our table. This episode of throwing up got worse over the next few days, and my wife and I decided to seek medical help for the first time. He was diagnosed with post nasal drip. Over the next few weeks, his condition worsened to the point he was coughing and throwing up frequently and especially after eating. Our family physician also diagnosed him with acid reflux associated with post nasal drip. Neither I nor my wife were comfortable with this diagnosis. We felt like certain foods might be causing his problem, so we cut those foods out of his diet. The problem of throwing up persisted. The cough increased to every 20 minutes with throw up always following. We felt that he had an allergy but the medical doctors kept saying reflux, and the reflux medications did not alleviate the symptoms. Again his condition worsened, and he started coughing and choking and throwing up every meal and almost hourly all night long. I would sleep with him and I could hear the drainage, as it would choke him, but it was more like an allergy than it was reflux. We literally slept with a bucket and wash rag because we couldn't jump and run to the toilet any longer due to fatigue. This went on for more than a week and finally enough was enough. We were all exhausted and feared he might have a severe illness, and we saw no signs of improvement. This time we took our son to Fort Worth, Texas, and saw another medical doctor. Our hope was that a large children's medical facility would be able to properly diagnose him and we could get over this awful condition. But again, he was diagnosed with reflux due to post nasal drip; however, this time he was given a nose spray to help with the drainage. The nasal spray did offer some relief initially, but the possible side effects were not good. Finally, after we exhausted our faith in the medical diagnosis as incorrect and we were not seeing much improvement, we started him on a product that contained n-acetyl cysteine which increased glutathione production.

Our son's episodes dramatically decreased and the product helped get his problem under control and manageable. By this time, our son was ready for Pre-Kindergarten. We were able to enroll him and his teachers dealt with the throw up problem all day every day. The nurse at the school sent home a paper suggesting that we might want to have our son tested for allergies. After speaking with her, she shared that many of the children were now having weird allergies and were having GI conditions, not just sneezing and rashes. So, we quickly scheduled an appointment with an allergist, and had blood tests and scratch tests done. When the results came back, they found that he did have multiple environmental allergies but the worst was a food allergy to gluten. The allergist wanted him to start allergy drops and avoid all gluten containing foods for up to two years. My wife was not at all comfortable with the possible side effects of the allergy drops, so we continued the product containing NAC, and avoided all gluten containing products with good success. However, we did not want to live in constant fear every time we ate a meal. It was especially difficult when we would have to eat away from home. Our son was also on a special diet at school. The nutritionist made his plate every day, and made sure all foods were gluten-free. My wife was informed about a friend's child, who had had similar problems as our son, and had recently been treated by a MD in Tulsa, OK. This doctor did an alternative treatment for allergies with great success. In fact, all of his allergies had been cleared up, and he could now eat anything he wanted with no problems. We decided it was worth a try for us and we made an appointment with this doctor. The MD was performing a technique called NAET. I was slightly skeptical, at first, but seeing is believing. The MD used muscle testing to check for allergies. He found or confirmed every allergy that showed up in his blood test and on the scratch test and found a few more, in addition. My son was treated for an allergy to cats, which we knew he had, and was cleared of that after the first visit. After a month into treatment, he was treated for gluten and muscle testing showed that he was clear. This special doctor told us to reintroduce gluten containing foods and reluctantly, we did so, and had no problems. Today, he no longer has a problem with gluten containing foods and the majority of his environmental allergies have been cleared as well. Thank you NAET! Our lives are back on track with a healthy son again!!

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