



Retirement Plan Contribution Limits by Plan Type | 2019

Owner Age	30	35	40	45	50	55	60
Salary	\$280,000	\$280,000	\$280,000	\$280,000	\$280,000	\$280,000	\$280,000
RETIREMENT PLAN OPTIONS							
SIMPLE Salary Deferrals	\$13,000	\$13,000	\$13,000	\$13,000	\$16,000	\$16,000	\$16,000
401(k) Salary Deferrals	\$19,000	\$19,000	\$19,000	\$19,000	\$25,000	\$25,000	\$25,000
SEP	\$56,000	\$56,000	\$56,000	\$56,000	\$56,000	\$56,000	\$56,000
401(k) Profit Sharing Plan	\$56,000	\$56,000	\$56,000	\$56,000	\$62,000	\$62,000	\$62,000
Defined Benefit Pension Plan*	\$76,788	\$95,829	\$119,592	\$154,048	\$184,499	\$236,042	\$254,795**
Cash Balance	\$61,647	\$78,934	\$101,115	\$129,584	\$166,142	\$213,103	\$273,432
412(e) Defined Benefit Plan*	\$89,095	\$108,964	\$139,316	\$188,289	\$282,784	\$361,641	\$352,391**

* assumes retirement age of 62

** assumes retirement age of 65

Contributions are sample illustrations, and actual contributions may vary.
Contributions are calculated based upon individual census data.
Values as of 01/01/2019.

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