



BODY PIERCING AFTERCARE

Wash your piercing with a mixture of antibacterial soap and warm water.

Mix the two together in a cup and soak a couple of q-tips in the solution.

Place them on both sides of the piercing and soak 2-3 minutes.

Clean around the piercing with q-tips and remove the dried fluids.

Make sure to do this 2-3 times a day, most importantly in the morning and at night.

Clean the piercing for 8 weeks.

AFTER CARE TIPS

- Do not use peroxide, rubbing alcohol, or iodine to clean your piercing.
- Do not scratch or pick at your piercing.
- Always wash your hands before touching your piercing.
- Avoid hot tubs, swimming pools, lakes, ponds and the ocean while your piercing is healing.
- Do not over soak your piercing while in the shower.
- Avoid tanning beds for a few weeks. Definitely avoid tanning oils, lotions and sand.
- Try not to bump or hit your piercing so you don't cause trauma to the piercing.
- If you believe your piercing may be infected, consult a medical professional.

