



Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The following Rules and Regulations will become a part of your membership agreement and be binding:

I acknowledge and agree that I AM Fitness Gym has put in place reasonable preventative measures to reduce the spread of Coronavirus/COVID-19 and other viruses and illnesses.

I further acknowledge and agree that I AM Fitness cannot guarantee that I will not become exposed to or infected with Coronavirus/Covid-19 or any other virus or illness while using I AM Fitness facilities or equipment. I understand and agree that the risk of exposure to Coronavirus/COVID-19 and other viruses and illnesses is inherent and unavoidable with regard to the activity of visiting and working out in a gym or similar facility.

I understand and agree that this risk may result from the actions, omissions, or negligence of myself and/or others, including, but not limited to, I AM Fitness staff, members, clients, guests, and others using or visiting I AM Fitness facilities.

I voluntarily seek services provided by I AM Fitness and acknowledge that by doing so I am increasing my risk of exposure to Coronavirus/COVID-19 and other viruses and illnesses. I acknowledge that I must comply with procedures to reduce the spread of Coronavirus/COVID-19 and other viruses and illnesses at any I AM Fitness facility.

For my protection and the protection of others, in consideration of being granted access to I AM Fitness facilities and equipment, and knowing that I AM Fitness and its staff, members, clients, guests, and others will act in reasonable reliance on the truth of my statements herein, I represent, warrant, and attest that:

- I am not experiencing any symptom of illness, including but not limited to cough, shortness of breath or difficulty breathing, fever, chills, shaking, muscle pain, headache, sore throat, or loss of taste or smell.
- I have not traveled internationally within the last 14 days.
- I have not traveled to a highly impacted area within the United States of America in the last 14 days.
- I have not been exposed to anyone with a suspected and/or confirmed case of Coronavirus/COVID-19 or any other contagious disease or illness in the last 14 days.
- I have not been diagnosed with Coronavirus/Covid-19 or any other contagious disease or illness (unless I have also been cleared as non-contagious by public health authorities after being so diagnosed).
- I have been following and will continue to follow all applicable guidelines relating to the prevention of disease and prevention of the spread of disease issued by the CDC and by the public health departments/officers of the cities, counties and states in which I work, live, and visited within the past 14 days, and in which the I AM Fitness facilities which I use are located.
- On behalf of myself, my family members, my heirs, representatives, and successors, I hereby willfully and voluntarily acknowledge and accept the risks of being present at and using I AM Fitness facilities and equipment and being near others using I AM Fitness facilities and equipment, and to the maximum extent permitted by law release and agree to hold I AM Fitness harmless from any and all causes of action, claims, demands, damages, costs, expenses and compensation for injury, illness, damage or loss to myself and/or property that may be caused by any act or failure to act (including ordinary negligence) of I AM Fitness, or that may otherwise arise in any way in connection with any services received or my presence at any I AM Fitness facility.

I understand that this liability release and waiver supplements and does not replace or reduce any liability release and/or waiver I have previous agreed to, such as in my I AM Fitness membership agreement.

Print Name: _____ **Date:** _____

Signature: _____ **Date:** _____