It's important to focus on our children's abilities within their disability because it allows us to see their full potential and nurture their strengths.

Here's why.....

www.theabilitiesinme.com

Foundation

## 1. Empowerment:

By recognizing and highlighting their abilities, we empower children with disabilities to believe in themselves and their capabilities. It fosters a positive self-image and boosts their confidence to overcome challenges.



## 2. Holistic Development:

Every child, regardless of their disability, has unique talents, skills, and interests. By focusing on their abilities, we provide opportunities for their holistic development, nurturing their intellectual, emotional, and social growth.







individuality.

Emphasizing abilities within foundation a disability encourages children to express themselves in ways that align with their strengths. It could be through art, music, sports, or any other avenue where they can showcase their talents and





Recognising and celebrating abilities within a disability cultivates resilience and adaptability in children. It teaches them to face challenges with determination and find creative solutions, building their problem-solving skills and resilience.

## 6. Future Opportunities:

By nurturing their abilities, we open doors to future opportunities for children with disabilities. It can lead to skill development, education, employment, and independent living, empowering them to lead fulfilling lives.

## 7. Positive Mindset:

bilities

Focusing on abilities
cultivates a positive mindset
for both children and their
families. It shifts the focus
from limitations to
possibilities, fostering a
sense of optimism, hope, and
a belief in their potential.



In essence, focusing on children's abilities within their disability is essential for their growth, self-esteem, and overall well-being. It promotes a society that celebrates diversity, fosters inclusion, and recognizes that every child has something valuable to contribute.

