

November Newsletter



Dealing with Failure

With upcoming tournaments and testing around the corner there are some important conversations to have at home and in class.

Failure is part of every meaningful journey. Success doesn't come without it. What matters most isn't the setback itself, but how it's handled in the moment. The role of parents, coaches, teammates, and family is crucial here. Children don't always know how to process disappointment on their own, they learn by watching the people around them. When those moments are met with support, understanding, and perspective, failure becomes a lesson rather than a label.

Every child needs to know this: they can come back, they can try again, and they don't have to give up just because something didn't go their way.

With the right guidance, moments of failure can quietly become the foundation for resilience, confidence, and long-term success.



Good Luck to all competitors at the Summit Open Tournament Nov. 14 - No classes Sat.

Upcoming Testing - Dec.

Required - Uniform for all students testing

Testing Fees:

- Little Ninjas & White to Blue Belt \$75
- Red Stripe & Red Belt \$95
- Black Stripe \$25
- Pre-test \$25

Testing fees need to be paid prior to test date or paid with cash the night of testing



Our testing week starts Mon. Dec. 7. Please try to make your regular scheduled testing night.

If you are a junior belt level, there are 2 nights that you can attend - Wed. @ SMP or Thurs. @ TCA - both nights testing will begin at 6:30pm.



If you are unsure if your child is testing or ready to test, please discuss with Sensei Meghan

Reminder to all advanced students - sparring gear is mandatory for the 7:30 class. All students must have gear by January.

Lost your newsletter? Our Website is always up to date with times/location changes/cancellations



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