

CFA-P Practical Assessment (Visual Aid Permitted)

Name: _____ Date: _____ Written Grade: _____

Critical Criteria	Rubric Scores				TOTAL
	1	2	3	4	
Recognizes the need to use CFA by presence of traumatic stress or behavioral disorder.	Poor	Adequate	Good	Excellent	
Establishes RAPPORT Introduces self Verbalizes basic needs Explains role Explains confidentiality	Poor	Adequate	Good	Excellent	
Demonstrates REFLECTION Uses open-ended questions Listens nonjudgmentally Reflects Summarizes	Poor	Adequate	Good	Excellent	
Provides REASSURANCE Normalize Affirmation Encouragement	Poor	Adequate	Good	Excellent	
Discusses RESILIENCY Coping Social Support	Poor	Adequate	Good	Excellent	
Presents RESOURCES Guide presentation Guide explanation	Poor	Adequate	Good	Excellent	
Discusses REVIEW Discusses RETRAIN	Poor	Adequate	Good	Excellent	
Used adequate tone and communication style. congruence, unconditional positive regard, and empathy	Poor	Adequate	Good	Excellent	

Evaluator Name: _____

Notes: _____

Total

Score of 16 needed to pass. Circle: PASS FAIL

CFA-P Practical Assessment (Visual Aid Permitted)

Name: John Q. Student Date: 01/01/2022 Written Grade: 94%

Critical Criteria	Rubric Scores				TOTAL
	1	2	3	4	
Recognizes the need to use CFA by presence of traumatic stress or behavioral disorder.	Poor	Adequate	Good	Excellent	3
Establishes RAPPORT Introduces self Verbalizes basic needs Explains role Explains confidentiality	Poor	Adequate	Good	Excellent	2
Demonstrates REFLECTION Uses open-ended questions Listens nonjudgmentally Reflects Summarizes	Poor	Adequate	Good	Excellent	4
Provides REASSURANCE Normalize Affirmation Encouragement	Poor	Adequate	Good	Excellent	3
Discusses RESILIENCY Coping Social Support	Poor	Adequate	Good	Excellent	4
Presents RESOURCES Guide presentation Guide explanation	Poor	Adequate	Good	Excellent	3
Discusses REVIEW Discusses RETRAIN	Poor	Adequate	Good	Excellent	2
Used adequate tone and communication style. congruence, unconditional positive regard, and empathy	Poor	Adequate	Good	Excellent	4

Evaluator Name: Jill Q. Instructor

Notes: Rapport and Review/Retrain were acceptable, tips discussed with student.

Total

25

Score of 16 needed to pass. Circle: **PASS** FAIL

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Evaluator Instructions

The purpose of the evaluation is to demonstrate understanding of the concepts of CFA-P, not to achieve a specific or successful result.

1. The evaluator is there as a passive observer and will not interact with the student.
2. Student **MUST** pass the written examination with a score of 80% or above to participate in the practical scenario evaluation. Please note the written exam score on the practical grading sheet.
3. The student will take the practical exam alone to ensure they are proficient in the program's use. Several evaluators will be present to ensure timely testing.
4. Ensure student's name is legible on the grading sheet.
5. Ensure the exam date is on the grading sheet.
6. The student will receive a traumatic stress or behavioral scenario selected at random.
7. **NO PROMPTING** is permitted by the evaluator.
8. The student may use visual aids in the form of the Program Manual or Pocket Card found at the end of the Program Manual.
9. There is an area for notes, but they are not required.
10. Some verbalizations may be required for conditions that may not lend themselves to a practical scenario. Example: The scenario indicates the person is outside in the rain. The student should verbalize that they would move them inside during the BASIC NEEDS section. It is not necessary to actually move the scenario to another location.
11. The evaluator will disclose the **PASS/FAIL** grade at the conclusion of the examination and circle the corresponding grade at the bottom of the evaluation sheet. A minimum score of 16 using the rubric standard and definitions is required to pass.

CFA-P Practical Assessment (Visual Aid Permitted)

Rubric Descriptions

The rubric descriptions below will serve as a guide for the evaluator. The purpose of the evaluation is to ensure the Paramedic effectively manages the scenario.

The person, especially in behavioral instances, may still be transported to the hospital by the end of the scenario if the Paramedic believes it is warranted. They still must provide all necessary steps to stabilize the patient.

1	2	3	4
Poor	Adequate	Good	Excellent

1. Poor:
Student displays inadequate understanding of the material/purpose of the course.
Student may perform some steps satisfactorily but does not effectively manage the scenario.
2. Adequate:
Student displays appropriate understanding of the material.
Student may commit certain errors but effectively manages the scenario.
3. Good:
Student displays solid understanding of the material.
Student performs most steps with minimal errors
4. Excellent:
Student displays excellent understanding of the material.
Student performs all steps without error.

CFA-P Practical Assessment (Visual Aid Permitted)

Scenario Descriptions

Traumatic Stress Scenarios

1. Full arrest, medical
 - a. Nursing home patient with adult son present
 - b. Home, teen patient with parent present
2. Serious injury, death, trauma
 - a. Teen, witnessed shooting of friend
 - b. MVC, family member in same car fatality
3. Structure Fire
4. Disaster, tornado

Behavioral Scenarios

1. Anxiety attack
 - a. Teenager with history of anxiety
 - b. 50-year-old adult with no history of anxiety
2. Depressed person
 - a. Adult, depression - diagnosed
 - b. Teen, depression – undiagnosed
3. Alcoholic
4. Eating disorder

Traumatic Stress Scenarios

1. Full arrest, medical
 - a. Nursing home patient with adult son present - Transport

The patient is an 89-year-old male with history of dementia. The nursing home staff states that the patient does not have a DNR. CPR is in progress when you arrive. As the response unfolds, you are tasked with speaking to the son.

The patient is resuscitated for 30 minutes and the decision is made to transport to the ED with no pulse.

- b. Home, parent present - Transport

The patient is a 17-year-old female who was found in bed by her mother when she did not get up for school. There is a needle and syringe on the floor and a trail of blood on the patient's right arm. As the response unfolds, you are tasked with speaking to the parent..

CFA-P Practical Assessment (Visual Aid Permitted)

The patient is resuscitated for 30 minutes and the decision is made to transport to the ED with a pulse.

2. Serious injury, death, trauma

a. Bystander, witnessed shooting of friend – Non-transport

The patient is a 22-year-old male who was playing with a gun at a party. He did not know it was loaded and accidentally shot himself in the head. His friend witnessed the event.

The patient is obviously dead. The coroner is notified by JPD. You are tasked with speaking to the friend.

b. MVC, family member in same car fatality – Non-transport

The patient is a 46-year-old female driver of vehicle involved in a lateral collision crash. The vehicle was struck on the driver side and the driver was killed. Her spouse was in the passenger side and suffered only minor cuts. The spouse did not desire transport to the hospital.

The patient has suffered injuries that have been fatal. They will not be transported. You are tasked with talking to the spouse.

3. Structure fire

A candle in the family room was knocked over by a pet and initiated a fire that destroyed the entire structure. There were no injuries, but the family lost all of their possessions in the fire.

One of the family members, an adult, has approached the incident commander stating she needs psychological help. The incident commander tasks you with speaking to her.

4. Disaster, tornado

An EF3 tornado has struck the Far West District. There is severe damage in three different subdivisions and 2 fatalities reported thus far. The Red Cross and emergency management have established a meeting place for victims in need of psychological help.

CFA-P Practical Assessment (Visual Aid Permitted)

A 57-year-old male arrives at the meeting point and asks to speak to someone. The meeting point is not well staffed by Red Cross volunteers at this point, so paramedics educated in crisis first-aid have been assigned to the meeting place. You are instructed to speak to the 57-year-old male.

Behavioral Scenarios

1. Anxiety attack

a. Teenager with history of anxiety

The patient is a 13-year-old male with a history of anxiety attacks. The 13-year-old is with his mother at a local shopping center. The patient experiences an anxiety attack while there.

b. 50-year-old adult with no history of anxiety

The patient is a 50-year-old female with no history of anxiety attacks. She was swimming at the local pool when she began to feel numbness and tingling in both hands and tightness in her chest.

2. Depressed person

a. Adult, depression – diagnosed

The patient is a 20-year-old male with diagnosed major depressive disorder. He is on medications for this condition and has been taking them as prescribed. He denies any suicidality which is verified by his spouse with him.

b. Teen, depression – undiagnosed

The patient is a 12-year-old female who states she is sad and does not know why. She stated that this has been a problem for two months and sometimes she feels like she is “going crazy.”

3. Suicidal person

Patient is a 42-year-old male who states he just wants to die. He has attempted suicide three times in the past and has been hospitalized each time. He states he is really afraid he will do it this time. According to the patient he does not have means but the scene is secured by police prior to your entry.