

*Don’t just GO through it,* ***GROW*** *through it!*

***Many things can wait. Children cannot. Today their bones are being formed, their blood is being made, their senses are being developed. To them we cannot say “tomorrow”. Their name is today.***

*-Gabriela Mistral*

***The Story of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***When I was little…***

Before I was born, my mom had a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_pregnancy. I was born \_\_\_\_\_\_\_\_\_\_ weeks after I was conceived, and I arrived with a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_birth (see attached birth history sheet). My mom decided ⃝to ⃝ not to nurse me. I nursed for \_\_\_\_\_months and my mom says that I had an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_time with my feedings. I was fed by a bottle for \_\_\_\_\_\_months and started eating solid foods when I was \_\_\_\_\_.

Y N Someone told my parents that my tongue or lip was “tied” and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_was done to help with it.

Y N My parents say that being tongue tied runs in our family.

I loved sucking on my \_\_\_\_\_\_\_\_\_\_\_\_\_to comfort me when I was \_\_\_\_\_\_\_\_\_\_\_\_\_and was able to stop at age\_\_\_\_.

Y N My development was normal according to my doctors and parents.

I crawled with an “normal crawl”, army crawl, rolled only, didn’t crawl

I walked on my toes,

My mom and pediatrician had concerns about my ability to \_\_\_\_\_\_\_\_\_ and cared enough about me to find help for me through \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

When I ate, I had challenges with\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_and my belly was\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

My parents described me as \_\_\_\_\_\_\_\_\_\_\_\_ and often had to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to comfort me.

Y N I had frequent ear infections

Y N I had a few boo-boos and scars that I would like you to know about\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When I was littler I was sensitive to \_\_\_\_\_\_\_\_\_\_\_\_\_ and couldn’t eat \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I was scared of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tooth fairy

***Now that I am bigger I…***

…am a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_learner

…am\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ around new people

..am sensitive to\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

…sometimes gag when I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

…usually breathe through my ⃝ mouth ⃝ nose ⃝ both \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

…Love to play\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(sports, games, instruments, etc.)

…have a body that is strong, coordinated and balanced (0-4) \_\_\_\_\_\_\_\_\_\_\_\_

O = not at all 1= usually not 2= Sometimes I am better than other times 3= usually 4= always

***When I am sleeping , my family says that I..***

\_\_snore

\_\_wet the bed

\_\_walk in my sleep

\_\_have night terrors and bad dreams that make me scream in my sleep

\_\_suck on my\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_grind my teeth

\_\_wake up frequently during the night

\_\_need \_\_\_\_\_\_\_\_\_\_\_ to be on to go to sleep (TV, music, fan, etc.)

\_\_have my mouth open most of the time

***When I am awake…***

…I usually feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_

…I often need\_\_\_\_\_\_\_\_\_\_\_\_\_

…I swallow by ⃝ sticking my tongue out or ⃝ squishing my lips and cheeks

\_\_I have a hard time licking ice cream cones

\_\_I have a hard time puckering, kissing or whistling

\_\_I cannot swallow pills

\_\_I sometimes choke on my food

\_\_I gag easily

\_\_I am a picky eater

\_\_I have difficulty concentrating

\_\_I learn differently than most of my friends

\_\_I have headaches or jaw pain

\_\_I wear glasses to see better

\_\_Sometimes I have a hard time hearing people talk to me

\_\_Talk with a lisp

\_\_I have scars on \_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_I have broken bones\_\_\_\_\_\_\_\_\_\_\_\_

\_\_I have been told that I have flat feet

\_\_I have had more than a few cavities

\_\_I have already had a dentist help me get straighter teeth\_\_\_\_\_\_\_\_\_\_

I lost my first teeth at \_\_\_\_\_\_\_

***My parents want me to:***

⃝ Have straighter teeth and a beautiful smile

⃝ Breathe better

⃝ Sleep better

⃝ Have a tongue that works better through tongue evaluations and exercises

⃝ Be able to chew and swallow better

⃝ Have my \_\_\_\_\_\_\_\_\_\_\_\_ feel or work better

⃝ Use light, gentle comfortable forces on the teeth with a dental treatment customized just for me to help my face grow and brain connect through understanding my unique reflex system

⃝ Have FUN during my GROW and PLAYtime while helping my face, body and brain connect so I can GROW up to be big, strong, smart and attractive

⃝ Promise to take care of my teeth, my dental appliances and do my GROW & PLAYtime exercises to make sure that my treatment is as effective as possible

⃝ Become the best that I can be!

Referred by