Cheesequake Bulletin JUNE 2023



Hello Fellow Villagers,

I would like to thank our Treasurer, Pat Smith, Bookkeeper, Maryann Gorman, and our Board of Trustees in assisting with completing the 2023-2024 Annual Budget.

There will be a \$5.00 increase in our monthly maintenance fee. Effective July 1, 2023, the fee will be \$180.00. The Board of Trustees worked diligently to keep the increase to a minimum. This increase is necessary due to the continued rising costs of insurance, labor, gas, electric, and materials needed to run the Village.

For those homeowners using online payment methods, please make sure to notify your bank of the change. ZRent customers will receive an email from Kearny Bank with a secure link to update your payment amount.

The 2023-2024 Budget is attached for your review.

I hope everyone has a great summer season.

If anyone has questions or suggestions in general, please call the office.

Thank you,

~ Kevin Garcia, President ~

SENIOR SERVICES OLD BRIDGE SILVER LININGS

PROGRAM: Now open to members from 8 AM – 3:30 PM. Membership is \$5. See <u>oldbridge.com/silverlinings</u> or call (732) 721-5600 Ext. 6600 for more info.

SEN. SAM THOMPSON'S OFFICE:

Get help with your Gas and Electric bills this winter and next summer. Sign up now for **USF/LIHEAP/PAAD/SENIOR GOLD**.

FREE prescription drug plans from the State of New Jersey. Do you qualify? Check with us!

Get help with all programs at the Senator's Office All by appointment. Call Sam Thompson's Office at (732) 607-7580

OLD BRIDGE TOWNSHIP --HOME REPAIR PROGRAM

Did you know you can receive up to \$20K in repairs? No cost to apply, zero percent interest, no monthly payment, and no payment due until the sale of your home. For details, call (609) 664-2783 or <u>www.hip.cgph.net</u>

COME JOIN US! Senior "Club 60"

We meet every Wednesday at 11AM in the Clubhouse. **We play Trivia & Bingo** Refreshments served! Call: President Rose Leto (732) 696-2926

FOOD BANK IN OLD BRIDGE

Broken Loaves Food Bank is available to residents of Old Bridge in need. The address is 139 White Oak Lane, Old Bridge, off of Route 516. Call for more info, directions, and to make an appointment (732) 679-4837.



It is important to keep a set of your house keys or your security keypad code at the office in case of an emergency where entry into your unit is necessary. The keys are kept in a secure file cabinet in the office. If entry is needed, only a Board Member and a Maintenance member would enter.

REMINDER!

Now is the time to clean our outside areas especially under the Gettysburg stairwells and back patios. No leaves, newspapers, flyers, loose bottles, cans, and recycling containers, etc., should be cluttering the stairwells, balconies and the backs of the units. Bicycles, folding lawn chairs, and wheelchairs are admissible. Failure to cooperate will result in a fine.

Back patios and enclosed rooms CANNOT be used for storage. Also, check your furnace filter – it may need to be replaced or cleaned.

REMEMBER: No fences across the back of your unit and fire pits are NOT allowed in the Village. BBQ grills must be 10 feet away from the buildings. NO COOKING ALLOWED on the balconies. It is a fire hazard.

🦑 In Memoriam

Jose Sastoque 5 Kansas Court – February 18, 2023 Domenica Conte 1A Kansas Court – April 15, 2023

If you are aware of someone who has passed away, please let the Office know and we will include their name.



ATTENTION WALKERS

If you are walking before daylight or after dark, you should be wearing reflective clothing and carry a flashlight. Walk close to the curb, not in the middle of the road.

CHEESEQUAKE VILLAGE BOARD OF TRUSTEES

President	Kevin Garcia
	<u>kjgsr64@gmail.com</u>
Vice President	Maureen Doloughty
	maureen13hawaii@yahoo.com
Treasurer	Patricia Smith
Trustee	James Nolan
	<u>merlin777.jn@gmail.com</u>
Trustee	Dennis Winters
	Jdwinters45@yahoo.com
	Rich Kubian
Trustee	Ken Rigatti
	<u>kenrigatti@yahoo.com</u>

CVA CONTACT INFORMATION

Main Number:

732-566-6323

Email:

<u>Cheesequake@verizon.net</u> After Hours Emergency Number:

732-425-2011

When calling the emergency number, if no answer, leave a detailed message on voicemail and someone will return your call as soon as possible. **DO NOT CALL** any Trustee at home in an emergency.

CHEESEQUAKE VILLAGE OFFICE

Office Hours: 8:00AM – 3:00PM.

(732) 566-6323. Copy machine: Available 9:00 AM - 2:00 PM.

Notary Public: Available 9:00 AM- 2:00 PM with a fee of \$3.00 by appointment only. Certain documents are excluded, so please be sure to check when you call to make an appointment.

Fax machine is for office use only, not for residents.

If you see the CVA Office phone number on your answering machine, please listen to the message. Be sure you have a current phone number on file with the office.

If a package is delivered to your unit by mistake, do not bring the package to the Office. Contact the sending company to resolve the issue. Do not bring mail that does not belong to you to the office. Return it to the mail carrier.

TOWNSHIP INFORMATION

Township Main Number732-721-5600
Police732-721-4000
OBMUA732-566-2534
Building Code Enforcement 732-721-5600
x 2420
Recycling 732-721-5600 x 6107
If recycling not picked up 1-800-488-6242
Silver Linings
Library732-721-5600 x 5010
Food Bank732-721-5600 x2022
Mayor's Office732-721-5600 x 2200

UTILITIES

New Jersey Natural Gas:	1-800-221-0051		
Gas Leak:	1-800-427-5325		
JCP&L:	1-800-662-3115		
Street Light Outage:	1-888-544-4877		
Optimum:	1-732-583-0606		
Fios:	1-800-837-4966		
Waste Management:			
If trash not picked up	1-800-348-6161		
Bulk Pickup:	1-800-869-5566		
Account #: 026-75563			

MEALS ON WHEELS: Will deliver hot meals Mon-Fri for a minimal fee. (732) 607-1582.

STOP & SHOP PEAPOD: Home delivery service is now available. To order, call: 1-800-5PEAPOD or go to the web at **www.PeaPod.com**

OLD BRIDGE TOWNSHIP BUS:

Call (732) 721-5600 X 6600 for information & bus service. Also, for disabled seniors 60 or over, by appointment call 1-800-221-3520 Area Wide Transportation. You need to call them; they do not come in without calling.

SHOP RITE: Home shopping – register at **shoprite.com**

MEMBER MEETING SCHEDULE: Next CVA Meeting is Thursday, June 15, 2023 at 7PM



RECYCLABLES & TOWNSHIP INFO RECYCLABLES PICK-UP DATES:

June 3, June 12 & June 26

Keep in mind if the recyclable date falls on a Monday holiday, the pickup will be on the following Saturday. Recyclables should be put out the night before, after 6:00 PM. In the Gettysburgs, please place them in the walkway between the cars near the street **and keep them outside, rain or shine.** If recyclables are not picked up, call (800) 488-6242.

Please follow these rules:

NO PLASTIC BAGS IN THE BIN. <u>DO</u> <u>NOT BAG RECYCLABLES IN PLASTIC</u> <u>BAGS.</u> RECYCLE ONLY: Aluminum cans, glass bottles and jars, steel and tin cans, plastic bottles with a #1 or #2 on the bottom, newspapers, corrugated cardboard, mixed paper (magazines, paper, junk mail). **NO PIZZA BOXES!** NO STYROFOAM, NO BATTERIES, NO CERAMICS/DISHWARE.

Recyclable buckets can be purchased at the Old Bridge Town Center for \$10.00. New residents (within a year of occupancy) can get them free, if available.

Please put your address on your recycle bin to easily identify your bin if it is not returned where you put your recyclables out.

CaptionCall

You can use your phone with confidence when you choose phone call captioning services. If your hearing loss makes captions necessary to use the phone effectively, you qualify for captioning services.

CaptionCall is part of a **federally funded service**, so people who need captions to use the phone because of their hearing loss can use them **AT NO COST**.

Call John Russo, District Account Manager, at (732) 614-7076 or at <u>jrusso@captioncall.com</u>. Use reference number 1615914.



A VNA Community Health Nurse is available to take your pressure, go over your medicines, and answer any of your questions about healthcare. PLEASE, if you can, try to

take advantage of this free program. If attendance in the program continues to decline, the VNA will discontinue the nurse's visits.

- **SITE LOCATION**: Cheesequake Village Clubhouse – MASK IS REQUIRED.
- **DATE**: June 6, 2023
- TIME: 9:30 10:30 AM in the Library
- NURSE: Laura Dugan, RN (732) 215-5988 Laura.Dugan@vnahg.org

GARBAGE INFORMATION



<u>Garbage:</u> Must be in the green receptacle. Overflow should be on top of receptacle. Mattresses and furniture: Call Waste Management at 1-800-869-5566 use Acct #026 75563. They will advise cost and pickup procedure. White Appliances (microwaves, refrigerators, dishwashers, or stoves): Schedule pick up for these items at Old Bridge Recycling (732) 721-5600 Ext. 6107 and they will advise of the pickup date, cost, and procedure.

Do not put recyclables in the garbage as there are strict rules about this from the State EPA. Garbage people are not allowed to pick up recyclables so please be aware of this. If they don't pick up your garbage, call 1-800-348-6161 ASAP.

POOL PASSES

Two pool passes are issued to each unit. Additional passes are \$25.00. If you lose your pass, replacement cost is \$25.00 which will be refunded if the original pass is found.



IMPORTANT UPDATE UNPAID BILLS

Total arrears collected: May 2023 \$1,050. Total arrears unpaid thru May is \$49,005.58.

Maintenance fees collected: May \$125,310. Call the office and leave a message if you are having difficulty in paying your monthly maintenance fee.

MAINTENANCE FEE: The new maintenance fee is \$180. starting July 1. It is due the first of each month. No statement is sent unless it has not been paid by the 15th, at which time a \$25. late fee is charged.

If you are still writing a check for the maintenance fee, please make sure your unit address is on the check and print \$180. very carefully.

For those homeowners using online payment methods, please make sure to notify your bank of the change. ZRent customers will receive an email from Kearny Bank with a secure link to update your payment.

DON'T FORGET!!

THE MAINTENANCE FEE IS NOW \$180. A MONTH EFFECTIVE JULY 1, 2023!

Footnotes in History By CVA Trustee James Nolan *Episode 7 – June 2023*

On September 2, 31 BC, the Roman naval forces of Octavian, led by Marcus Agrippa, met and defeated the naval forces of Marc Antony and Cleopatra at the Battle of Actium. Cleopatra sailed back to Alexandria and later, when Octavian occupied the palace, Cleopatra told him bluntly, "I will not be led in a triumph," which according to Livy, were her exact words. When a spy informed her that

Octavian planned to move her and her children to Rome, she prepared for her suicide as she had no intention of being paraded in a Roman triumph like her sister Arsinoe IV. She committed suicide on August 10, 30 BC, at age 39. Popular belief had it that she allowed an Asp or Egyptian cobra to bite and poison her. Plutarch writes this but also suggests that poison was introduced into her body by a scratch, while Dio suggests injection by a needle. The final encounter with a Roman soldier is written in *Plutarch Lives*, *Antony* IXXXV. 4 - "And of her two women, the one called Iras was dying at her feet, while Charmion, already tottering and heavy-headed, was trying to arrange the diadem, which encircled the queen's brow. Then somebody said in anger: "A fine deed, this, Charmion!" "It is indeed most fine," she said, "and befitting the descendant of so many kings." I'm reminded of the quote, "Hell has no fury like a woman scorned"



SENIORS – 89 YEARS + ******* SENIOR LUNCH GIVEN BY THE SUNSHINE CLUB ON THURSDAY, JUNE 8 12 NOON RSVP – BARBARA 732-242-9150 NEED TRANSPORATION? CALL BRIDIE – 732-583-1038

REMINDERS

Please do not leave American Flags at the Clubhouse for disposal. The local V.F.W. has closed completely. Flags without the sticks can be taken to the American Legion in Keyport. There is a mailbox in front for the collection.

ALTERATION FORMS: It is imperative that Alteration forms be submitted to the Office for any renovations to the unit. We are required to keep updated records on all units in the Village. Alteration forms will NOT be accepted for electrical or plumbing projects without a copy of the electrician's or plumber's valid license and insurance attached. An alteration form is required for carpeting on stairwells.

PARKING PERMIT STICKERS: Every car parked in the Village **MUST** have a parking sticker. Bring your car to the Office with your license and registration. This is mandatory. If you receive a letter about getting a permit, you must reply within 10 days, or you will be fined **\$50.00**.

VISITING CHILDREN: Children are not allowed to play in the streets. No bikes or skateboards allowed. Visiting children should be respectful and not disturb neighbors living in the vicinity.

DRYER VENTS: Dryer vents need to be cleaned out every 5 years by a professional service on order of the Fire Dept. Please check your records or call the Office if you do not remember when yours was last cleaned. Don't forget to clean your lint filter after each use.

DOGS ON EXTENDED LEASHES: Please be mindful of other people when using extended leashes for your dogs or cats. Your neighbors can easily trip on them. Better yet, try not using them at all! **FIBERGLASS BALCONIES:** No rugs or any form of carpeting on the new fiberglass balconies or patios. These coverings cause the deterioration of the cement as well as the new fiberglass.

<u>CLOTHESLINES</u>: They must be folded after use. The CVA is not responsible for clotheslines getting damaged by the landscapers.

<u>CHANGES IN UNITS</u>: As equipment has been changed (Ex: Furnaces, air conditioners, windows), new situations have arisen. When contractors add or change equipment, be advised that these changes created by your contractor are your responsibility and must be maintained by you and be added to your insurance policy. You must apply for an alteration permit from the CVA and from Old Bridge Township before making changes to your unit. Failure to do so will generate a fine.

DOG & CAT OWNERS: Dog droppings are still an issue. By law, you must pick up after your pet. If you are observed not picking up after your pet, you will be fined. Please do not walk your pet behind or on the side of other units since you are intruding on the privacy of other residents. <u>PICK UP AFTER YOUR</u> <u>PET—IT'S THE LAW -- DON'T DISPOSE OF</u> <u>THE BAG IN THE SEWER OR SOMEONE'S</u> <u>TRASH BIN</u>

<u>COMPLAINTS & GRIEVANCES</u>: If you have a complaint or problem with your unit, you must call the Office. If you have a grievance, please submit it in writing to the Office, attention Grievance Committee. It must include your name and address, or it will not be considered for action. Or you can email our V.P. Maureen Doloughty at <u>Maureen13Hawaii@yahoo.com</u>

ACTIVITIES



BINGO: Come join us for an evening of Bingo on Wednesday, June 14 at 7 PM and an afternoon of Bingo on Sunday, June 25 at 1:30 PM. Refreshments will be served. We need volunteers so call the office, if interested.

<u>REPUBLICAN CLUB:</u> Next meeting is Thursday, June 29 at 7 PM.

DEMOCRATIC CLUB: Next meeting is Tuesday, June 27. at 7 PM.

SUNSHINE CLUB: The Sunshine Club visits our homebound residents especially when they come home from the hospital. If you would like to volunteer, please call Barbara Karlik at (732) 242-9150.



Friday Night Get Together in the Clubhouse

Game Night No Get Togethers in June, July, August. Will resume in September.

EARLY DINNER

The CVA Bus will be providing transportation for an early dinner at various restaurants in the area. Bus is \$5.00 per person, non-refundable, and the bus will leave at 3:00 PM. . Call Charlotte in the Office to reserve a seat and for further information. This month will be the dinner will be on Thursday, June 22 at Texas Roadhouse or Chili's.

BULLETIN CALENDAR FOR JULY AND AUGUST WILL BE AVAILABLE AT THE OFFICE

ATLANTIC CITY BUS



The next AC bus leaves on Wednesday, June 7 at 10:30 AM. Contact Marie Ingenito at (732) 583-4722 for information. Price is \$35. per person. **PAYMENT BY CHECK ONLY.** You get \$20. back at the Casino.

The July bus is scheduled for Wednesday, July 5. Sign-up date is Saturday, June 17 from 10-11 AM in the library.

VICTORY GARDEN

The Victory Garden will again be offered to all residents for planting their vegetables behind Minnesota Dr. The Office will be allocating dedicated space to each participant so it is necessary to contact the Office to sign up before planting. A weed barrier will be put down to prevent weeds from growing in the area.

If anyone wants to help out with the Beautification Committee, call the Office.



WELCOME TO NEW RESIDENTS

Ana Melendez – 4B Haven Dr. Carole Greene – 4B California Ct. Nicola & Teresa Cameli – 5 Montana Ct. Jeff & Hazel Pantelas & Karen Schwenk – 9B Alabama Ct.



COMMITTEE VOLUNTEERS NEEDED

We are still in need of volunteers for the following committees. If you would like to join, please call the Office and someone will get back to you.

Newspaper Deliverers Activities Committee

PNC PERFORMANCES THURSDAY, JUNE 8, 2023 EVENING PERFORMANCE 7:30 PM CVA BUS LEAVES AT 6:00 PM

Cousin Brucie Presents

Herman's Hermits Starring Peter Noone, Tommy Roe, & The Soundtrack of Our Lives with Deborah Rennard and Al Sapienza

Bus Fee \$5.00 -- No Refunds

Tickets must be paid for in advance. Come to the Office to reserve ticket and seat on bus.



MAINTENANCE DEPARTMENT SEWER BACKUP PROBLEMS

All residents are responsible for toilets, sinks, and bathtub backups.

CVA is only responsible for the main sewer line backups.

Nothing but toilet paper goes down the toilets, that is: NO GREASE, NO WIPES OF ANY KIND, NO RAGS, NO PAPER TOWELS, OR KLEENEX AND NO DIAPERS. Recently we had several backup problems due to accumulation of grease in the drain.

Do not use Drano for backups. Drano eats away at the pipes. An easy alternative is: Pour ½ to 1 cup baking soda into the drain, then 1 to 2 cups vinegar. It is normal for the solution to bubble up and fizz like crazy, leave it for 2-3 minutes or so. Then it is very important to rinse the drain, using plenty of hot water, for at least one minute.

For your laundry needs, please use liquid detergent. Powder cakes up in the pipes over time.

Any pipes in the walls that break, either water or sewer lines, are the responsibility of the homeowner.

HISTORY OF FATHER'S DAY

Father's Day was not immediately accepted when it was proposed, and it did not become a national holiday in the U.S. until 1972 during President Nixon's administration.

With America's history, you might think that a holiday recognizing men would be perfectly acceptable. After all, men dominated American society in the early 20th century. In addition, a "Father's Day" or day that recognizes the role of fathers in the family is an ancient tradition. In history books, there is a mention of a Southern European tradition dating back to 1508.

Currently in modern days, we do not give Father's Day a second thought. It's been almost 50 years since President Richard Nixon's administration declared the third Sunday in June a day to recognize and honor the role of fathers in society (that occurred in 1972).

Interestingly, Father's Day was not immediately accepted when it was proposed. Why not?

Mother's Day came first so men in the early 1900s associated such a tribute to women and found the idea too effeminate to their liking.

Men viewed the idea of Father's Day as similar to Mother's Day, which was popular with florists; for fathers, it didn't have the same sentimental appeal.

The first known Father's Day service occurred in Fairmont, West Virginia, on July 5, 1908, after hundreds of men died in the worst mining accident in U.S. history.

Grace Golden Clayton, the daughter of a dedicated minister, proposed a service to honor all fathers, especially those who had died. However, the observance did not become an annual event, and it was not promoted; very few people outside of the local area knew about it. Meanwhile, across the entire country, another woman was inspired to honor fathers.

In 1909, Sonora Smart Dodd of Spokane, Washington, was inspired by Anna Jarvis and convinced the Spokane Ministerial Association and the YMCA to set aside a Sunday in June to celebrate fathers.

HIGHLIGHTS OF THE MAY 18 CVA MEETING

Trustee James Nolan, Regulatory & Compliance: Jim welcomed all to the meeting and was the moderator. A salute to the flag was conducted including a moment of silence for the sick, suffering, essential workers, and those serving in the Military. The next open CVA meeting is June 15, 2023. The minutes of the last meeting were read and accepted. At the end of the meeting, a question-and-answer session was held. The calendars for July and August will be available in the Office as well as published on the CVA website. He emphasized new homeowners must be aware of the regulation of submitting an alteration form before any work is started including a copy of the license and insurance of any contractor doing work.

Pres. Kevin Garcia: Kevin thanked everyone for attending the meeting. Due to rising costs of insurance and other areas, it was necessary to raise the monthly maintenance fee \$5.00 a month which increases the monthly fee to \$180. a month. The new fee goes into effect with your July 2023 payment. Do not walk or walk your dog behind the units as a courtesy of privacy to residents. Make sure to pick up after your dog or it may be necessary to go forward with banning dogs for new residents. Do not leave food at the library. Contact Old Bridge or our mail carrier for food pantry information.

V.P. Maureen Doloughty: There will not be a bulletin for July or August. In case of emergency when entry into your unit is necessary, you are urged to leave a key in the Office. A recent water event caused homeowners not to have their water turned back on after repair was completed until all residents were home. The keys are put into your file in the Office and are locked in a filing cabinet. Tickets for the May 28 pool opening are available in the Office at a cost of \$15. per person.

Treasurer Patricia Smith: The financial reports for March and April 2023 as well as the 2023-2024 financial budget were distributed to all attendees. They were accepted as read. Due to the increase in the maintenance fee as of July 1, you will need to change the amount of the funds deducted on ZRent or however you pay your fee.

Trustee Ken Rigatti: The pool opening/Memorial Day barbeque will be on Sunday, May 28. You

must provide your own drinks and sides. Since there were eighteen new lounge chairs purchased, there is no need to bring your own chairs. The pool deck is open; swimming is prohibited until the Board of Health gives final approval. Two pool badges are provided to each household; the cost for an extra badge is \$25. If you lose your badge, there is a \$25. charge. If the original badge is found after that, your charge will be refunded with the return of the new badge. A designated smoking area has been established. Do not put cigarette butts in the planters. The project of replacing several Federal Pacific boxes on the outside of units has been completed. Maintenance will check the remaining boxes to determine if there are any more needing repair.

Trustee Rich Kubian: We are still experiencing clogged pipe issues due to materials being flushed that should not be. Landscaping, including seeding and topsoil, is being done. Work on concrete sidewalks and stairs will begin. NJNG will be on premises on Monday to remedy the damage incurred during their gas line replacement. There was a major sewer line collapse on Haven Drive which resulted in a major cost to the Association. The lawn maintenance company's sub-contractor sprayed herbicide/fertilizer last week.

Trustee Dennis Winters: Do not put dog waste in the sewers or neighbor's garbage receptacles. Make sure you have a current parking pass. Do not store recyclables under the stairs.

Invited speakers were Steve Reisler from Alliant Insurance who addressed the increase of the insurance premium for the Association, and Thomas Fishkin from Devon Insurance to discuss with individual homeowners what insurance coverage they should have on their units. He left some brochures in the office for those who may be interested in exploring new insurance coverage.

Also, John Russo and Alan Brennan from CaptionCall. They explained the free federal program providing telephones with captioning for those who experience hearing loss. Contact information will be included in the bulletin.

A question-and-answer period followed the presentations including subjects on the topics of scheduling of roofing, siding, pickleball court, bocce court, and power washing.



- ✓ The pool area is open now to enjoy the warm weather with friends.
 - ✓ Do you have your pool pass?
- ✓ Guest pool passes are \$2.00 during the week and \$3.00 on weekends.
- ✓ Residents must remain at the pool with their guests.
 - ✓ Do you have your New Jersey Park Pass? Free to those 65 and over.
 - Go to Cheesequake Park Ranger office for info.
 - Recycling will not be picked up on May 29 because of the holiday. It will be picked up on June 3.
 - ✓ NO pizza boxes in recycling
 - ✓ Put your unit # on recycle bins
 - ✓ PNC Arts Center Trip on June 8
- ✓ Office will be open until 6 PM on June 5 and June 26
 - ✓ Do you have a parking pass?
 - ✓ Open Board Meeting June 15 at 7:00 PM
 - ✓ Early dinner June 22 at 3:00 PM Texas Roadhouse or Chili's
 - Do not walk in the middle of the street.
 Stay close to the curb.
 - ✓ Signed up for ZRent?
- ✓ NJNG will be on premises to repair lawn done during their pipe replacement. Call the Office if you know of an area needing seeding.
 - ✓ Put the calendar on your refrigerator for reference.
 - ✓ No Cheesequake Bulletin for July and August. The calendar for these months will be available in the Office.
 - Register at the Office to begin planting vegetables at the Victory Garden.
 - ✓ If you see recently-seeded areas,
 It is important to keep the ground watered to encourage growth. The grass will not grow without being watered.
 We are asking the residents to water each area as needed.
 - ✓ The library is not a food pantry. If you wish to donate food, you can drop it off at the St. Lawrence Food Bank at the Parish Center on Saturdays only from 8:30 – 10:00 AM.