

Dog First Aid Kit – Handy to have items!

Various suggestions recommended by members of Wheaten Health Matters, people use at your own discretion and risk. This information and the suggestions **do not replace your** vet who you should consult if the dog is ill or has a serious injury.

You may have to do an internet search for your own respective country for some of the items.

If you go away from home - make sure you have your own Vet's contact details.

Research before you leave home and find the nearest Vet Practice/Hospital in the area you are staying case of emergency. If your dog is on regular medication have its name written down or take it with you should you need a Vet in an emergency.

Don't forget to have a copy of your dog's microchip registration number and a photo of your dog with you in case he/she goes missing! If your dog is going into kennels or has a sitter then they will also need to

Wounds/Rashes

Aloe Vera Propolis Cream & Aloe Vera Gel – excellent for skin healing and rashes etc



Antibiotic powder – wounds



Hibiscrub – wound and hand scrub

Providone iodine for wound disinfecting

Neosporin – wounds antiseptic

Hydrogen Peroxide 3% – A fresh sealed bottle for both wound cleaning and to induce vomiting (after consulting with vet or poison control centre). A bulb syringe or turkey baster to get the peroxide into the dog.

Dosage depends on the weight of the dog – always check with the vet before administration.

However, Poison Control says 1 ml per pound with a max regardless of size of 45ml, for an "average" wheaten, about 35 ml. For US people, that's about 7 teaspoons.

A phone number for Poison Control, if that exists in other countries, is also good to have in your kit.

Activated charcoal to absorb an ingested poison, (always contact a vet or poison control centre before treating an animal for suspected poisoning)

Antiseptic wipes

Cotton wool to put between the toes to protect the paws for rubbing before you wrap the paws and the leg with bandages

Old Towels (these can be used as a stretcher in an emergency)

Kitchen Roll (Paper towels)

Bandages various - include Cohesive Bandages (come in various colours and sizes)



Gauze to wrap wounds (or for use to make an emergency muzzle if necessary)

Strips of clean cloth to cover a wound or control bleeding.

Adhesive tape

Soft muzzle – emergency in case your dog has had an injury and needs urgent care, injured dogs can be aggressive out of fear or pain. If a dog is vomiting do not muzzle

Socks – Baby to cover feet/legs also with the rubber on the bottom good for old dogs to use to grip



Cone (of shame) – to stop a dog nibbling wounds/skin – there are many styles these are just two!



Onesie Suits (long or short sleeved) and surgical Dog Sleeves are available online as per example:



Coats to wet which help keep a dog cool in summer for example Hurrtta cooling vest and coats or Ruffwear Swamp Cooler Cooling Vest. There are also Beds to keep dogs cool on hot days - google for info

Thundershirt helps some dogs who have fear of thunder and anxieties

Ears:

Thornit powder – ears and other uses but only use sparingly



Ear cleanser

Eyes – Eye wash

Homeopathic – Euphrasia is good for eyes

Natural remedy for eyes on this blog: <http://trupanion.com/blog/2013/02/curing-your-dogs-eye-infection-with-home-remedies/>

General:

Thermometer – a dog’s normal temperature is 38 - 39.7 - always good to learn to take a temperature it helps assess how serious a situation may be. A small jar of petroleum jelly on the tip helps with thermometer insertion. There are a number of videos on YouTube which show how to insert correctly, look at the ones demonstrated by a vet:



Syringes – various sizes for fluids or medication into mouth or to flush wounds



Tweezers



Tick Removal



Nail Clippers & Styptic powder/stick

Tummies/immune system

The following link will help you assess the colour of your dog’s poop and what it means! https://www.littlethings.com/dog-poop-colors-health/?utm_source=ttd&utm_medium=Facebook&utm_campaign=dog

Local honey (1 teaspoon), tummy, natural antibiotic, good for kennel cough and also a good immune boost and for allergies

Plain, natural pro-biotic Greek yogurt – tummy - one desertspoon

Protexin Pro-Kolin or Diarsanyl – for upset tums and diarrhoea– make sure you buy correct size syringe re body weight!

Pepcid and or Slippery Elm for ‘Gulpies’ (acid reflux) or gurgling tummies dosage - If using capsules, give 2 capsules. If you buy slippery elm powder is it ½ teaspoon per 10 pounds of body weight.

<http://www.nationalnutrition.ca/detail.aspx?ID=610>

Canned Pumpkin

Allergies – Benedryl – dosage chart

Your Dog's Weight	Recommended Dose	Maximum Dose Every 8 Hours
5 lbs	5 mg	5 mg
10 lbs	10 mg	10 mg
20 lbs	20 mg	20 mg
30 lbs	30 mg	30 mg
40 lbs	40 mg	40 mg
50 lbs	50 mg	50 mg
60 lbs	60 mg	60 mg
80 lbs	80 mg	80 mg
100 lbs	100 mg	100 mg
125 lbs	125 mg	125 mg
150 lbs	150 mg	150 mg



Colloidal Silver – immune system - http://www.dogsnaturallymagazine.com/five-immune-boosting-uses-of-colloidal-silver/?utm_campaign=coschedule&utm_source=facebook_page&utm_medium=Dogs%20Naturally%20Magazine&utm_content=Five%20Immune-Boosting%20Uses%20of%20Colloidal%20Silver

Coconut Oil good for skin and digestion



Apple Cider Vinegar:

Is excellent for many conditions follow these links to read all about the benefits:

http://www.whole-dog-journal.com/issues/15_01/features/Pet-Uses-Of-Apple-Cider-Vinegar_20435-1.html

<http://www.natural-dog-health-remedies.com/apple-cider-vinegar-for-dogs.html>

<http://www.organic-pet-digest.com/benefits-of-apple-cider-vinegar.html>

<http://www.dogsnaturallymagazine.com/3-simple-ways-apple-cider-vinegar-can-help-your-dog/>

Bachs Rescue Remedy – for anxiety

Homeopathy Kits:

Homeopathy is an alternative use for some minor conditions and there are many vets who are also holistically trained

It is understandable if you do not want to buy a whole kit, but I personally would recommend three items:

Arnica – for pain relief and sprains & Aconitum for shock & Thuja has a number of uses, detoxifying side effects of vaccinations and good for old dogs and warts

Extracts taken from “**The Holistic Guide For A Healthy Dog**” by: **Wendy Volhard & Kerry Brown DVM.**

“Detoxifying Side Effects from Vaccines

Thuja Occidentalis is a helpful remedy to counteract the side effects from vaccinations. These may surface anywhere up to 21 days after the vaccine has been administered. We use one dose of Thuja, 12c at bedtime for each vaccine that has been used. For example if the dog has just received a booster containing 5 vaccines, even though they were administered at the same time. The dosage would be given for 5 nights.

Giving Thuja to old dogs gives them a new lease of life. We have had great success with this. Another property of Thuja is that it diminishes and sometimes eliminates cauliflower-shaped warts. Old dogs not only have more energy, but they lose many of those unsightly growths that seem to be common in the ageing dog.”



Homeopathic kits for Animals:

<http://www.dogsnaturallymagazine.com/building-a-homeopathic-first-aid-kit/>

North America info: <https://www.asPCA.org/pet-care/disaster-preparedness>

UK – (may ship to other countries?) - Ainsworth's Homeopathic - <http://www.ainsworths.com/>

Adaptil - for anxiety <http://www.adaptil.com/uk>

Natural Worming products:



Vegetable Soup this especially improves the **immune system** and also increases a **dog's appetite**:

Heart of Romaine Lettuce

Celery

Broccoli (or any other dark green veg)

Carrots

Garlic (one small clove this is perfectly safe for dogs)

Water

Bring to boil, then simmer until cooked, cool and puree and store in the fridge. Soak this to any foods.

It is also light enough to use as a drink, and it can be used as the bitch is whelping.

Health & Grooming Information:

Wheaten Health Initiative (WHI): <http://www.wheatenhealthinitiative.com/> this site has information regarding hereditary health, general health, puppies, grooming videos etc. Links to Key Researchers

Soft Coated Wheaten Terrier Club of America (SCWTCA): <http://www.scwtca.org/this> site has information regarding the breed, hereditary health, puppy buying guide, grooming etc. Links to Key Researchers

Wheaten pedigree and health Database: www.scwtodb.org

OFA Wheaten Health Survey (open to any pure bred registered Wheaten Terrier, living anywhere in the world)

<https://www.ofa.org/health-surveys> This takes you to a page called 'Health Surveys by Breed' then scroll down the page to click onto Soft Coated Wheaten Terrier

Facebook Groups:

Wheaten Health Matters: <https://www.facebook.com/groups/248601165173130/>

Wheaten Training Matters: <https://www.facebook.com/groups/748753248496589/>

Wheaten Den: <https://www.facebook.com/groups/wheatenden/>

Wheaten Ancestry: <https://www.facebook.com/groups/1575661552664512/>

Wheaten Super Photo App Addicts: <https://www.facebook.com/groups/926817877366672/>

SCWT - The Golden Years (for owners of senior dogs – 7 years +): <https://www.facebook.com/groups/scwtthegoldenyears/>

Dog Health & Dog Food Information: <https://www.facebook.com/groups/329457177181425/>

Dr. Jean Dodds' Hemopet, Petlifeline, Hemolife & Nutriscan (thyroid, allergy testing and vaccination information)
<https://www.facebook.com/HemoPetPetLifeLineHemoLifeNutriScan/?fref=ts>

Nail Maintenance for Dogs - varying tips on how to trim nails and keep them healthy
<https://www.facebook.com/groups/nail.maintenance.for.dogs/>

Shampoos for skin problems:

Read the benefits for itchy skin on the Apple cider vinegar links

Dermacton Shampoo Bar:

<http://www.aromesse.com/skin-problem/petnat-shampoo-itchy-skin.html>

A Premium Shampoo for itchy dogs with the benefits of the highly successful Dermacton formula in an easy to use natural shampoo bar.

Requal Derm-Oil Treatment www.redcape.co.uk

First Aid Kits:

Petco have first aid kits for pets

Pets at Home have first aid kits for pets

BioFlow magnetic dog collars - great for dogs with joint/arthritis problems

<http://www.bioflow.co.uk/Bioflow-Pet-Bed-Collars-Bioflow-Pets/b/3082332031>

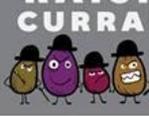
How to perform CPR:

http://trudog.com/home/how-to-perform-cpr-on-your-dog-infographic/?utm_source=Internal&utm_medium=Dogpages&utm_content&utm_campaign=CPRInfographic01_07

Article on Teeth:

<https://www.facebook.com/toothvet/posts/954051758103463>

Poison Control Centre – google for hotline number for respective country

<p>ALCOHOL COMA DEATH INTOXICATION</p> 	<p>AVOCADO CONTAINS PERSIN: VOMITING DIARRHEA</p> 	<p>RAISINS CURRANTS KIDNEY FAILURE</p> 
<p>COOKED BONES STOMACH LACERATIONS</p> 	<p>WALNUTS MACADAMIAS NERVOUS SYSTEM AND MUSCLE DAMAGE</p> 	<p>ONIONS GARLIC TOO MUCH BLOOD CELL DAMAGE ANEMIA</p> 
<p>DAIRY TOO MUCH: DIARRHEA</p> 	<p><i>the world's</i> MOST DANGEROUS FOODS FOR DOGS</p>	<p>GRAPES KIDNEY FAILURE</p> 
<p>MUSHROOMS SOME VARIETIES: SHOCK DEATH</p> 		<p>FATTY FOODS TOO MUCH: PANCREATITIS</p> 
<p>CAFFEINE VOMITING DIARRHEA TOXIC TO HEART & NERVOUS SYSTEM</p> 	<p>XYLITOL (GUM, CANDY ETC.) LIVER FAILURE HYPOGLYCEMIA DEATH</p> 	<p>CHOCOLATE TOXIC TO HEART & NERVOUS SYSTEM DEATH</p> 
<p>MEDICATIONS (TYLENOL, ADVIL ETC.) KIDNEY FAILURE GI ULCERS</p> 	<p>If you think your dog ate something dangerous, CALL YOUR VET or: ASPCA POISON CONTROL HOTLINE (888) 426-4436 NATIONAL PET POISON HELPLINE (800) 213-6680</p> <p>illustration by LILI CHIN layout by DESIGN LAB CREATIVE STUDIO</p>	