

MC INTRO FOR MARK AGNEW

“Prepare to be gripped by stories of polar bears and icebergs. Our next speaker is fresh from the Arctic, where he set two world records and was awarded European Adventurer of the Year for his endeavours.

Mark Agnew is going to share with us his lessons for resilience & teamwork. In the Arctic, you are resilient and you work as a team, or you die.

Today, Mark will teach us:
How to thrive in adversity
The importance of intrinsic motivations
And how to fail

Please welcome, Mark Agnew”

