



# High-Complexity Care Team

New Patient Referral Form – Fax to 778-265-3169

Patients must reside in Western Communities, Sooke or Esquimalt

Patient Name/PHN/DOB/Contact Info (or Label)

Consultation (list specific reason for referral below)

New Unattached Patient

### Adult Patients (Check all that apply – one point each):

Medical Complexity (M)	Mental Health/Substance Use (S)	Psychosocial Complexity (P)	Resource Utilization (R)
<input type="checkbox"/> Chronic Abdominal Pain <input type="checkbox"/> *Uncontrolled CHF <input type="checkbox"/> Uncontrolled COPD <input type="checkbox"/> Uncontrolled Diabetes <input type="checkbox"/> Any Chronic Pain on Narcotics <input type="checkbox"/> CHSA Frailty score >6 <input type="checkbox"/> Other (please list)	<input type="checkbox"/> Chronic Mood Disorder <input type="checkbox"/> Chronic Anxiety Disorder <input type="checkbox"/> Psychotic Disorder <input type="checkbox"/> Personality Disorder <input type="checkbox"/> Substance Use Disorder <input type="checkbox"/> Other (please list)	<input type="checkbox"/> Low Socio-Economic Status <input type="checkbox"/> Medically Complex Parent or Child <input type="checkbox"/> Unemployment or Disability <input type="checkbox"/> Unstable housing <input type="checkbox"/> Mobility Issues <input type="checkbox"/> Other (please list)	<input type="checkbox"/> >5 ED visits in past 12 months <input type="checkbox"/> >5 Walk-in visits in past 12 months <input type="checkbox"/> >2 Admissions in past 12 months <input type="checkbox"/> LOS >8.1 days in an admission <input type="checkbox"/> Otherwise identified by Health Authority or Clinic Manager
Total M:	Total S:	Total P:	Total R:

**Total Score = M+S+P+R (Patients must have a total score of 5 or greater):**

\* Uncontrolled = symptoms impact function, or cause recent acute care contact

### Pediatric Patients (Check any that apply – must have at least one):

Significant chronic conditions in  $\geq 2$  body systems  
 Defined as a physical, mental or developmental condition that can be expected to last at least a year, will use health care resources above the level for a healthy child, require treatment to control the condition, and the condition can be expected to be episodically or continuously debilitating (Please list)

OR

A progressive condition that is associated with deteriorating health with a decreased life expectancy in adulthood, OR

Continuous dependence on technology for at least 6 months, OR

Malignancies: progressive or metastatic malignancies that affect life function. Exclude those in remission for >5 years.

Meeting Any Adult Resource Utilization Criteria

Other (Please List)

\*Simon, Tamara *et al.* Pediatric Medical Complexity Algorithm: A New Method to Stratify Children by Medical Complexity *Pediatrics* June 2014, VOLUME 133 / ISSUE 6 - <http://pediatrics.aappublications.org/content/133/6/e1647>

In submitting this form, the referring professional attests they have the patient's permission and have obtained their consent to share information with the HCCT