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# RITUAL

THE RETREAT

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RETURN TO INNOCENCE

02.13.24 - 02.19.24



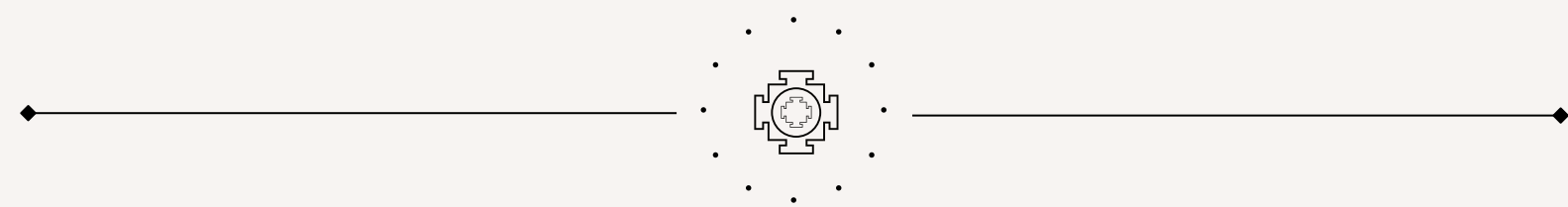
*“Ritual is the passage  
way of the soul into the  
Infinite.”*

ALGERNON BLACKWOOD





# TANTRIC BODYWORKS



## TANTRIC BODYWORKS

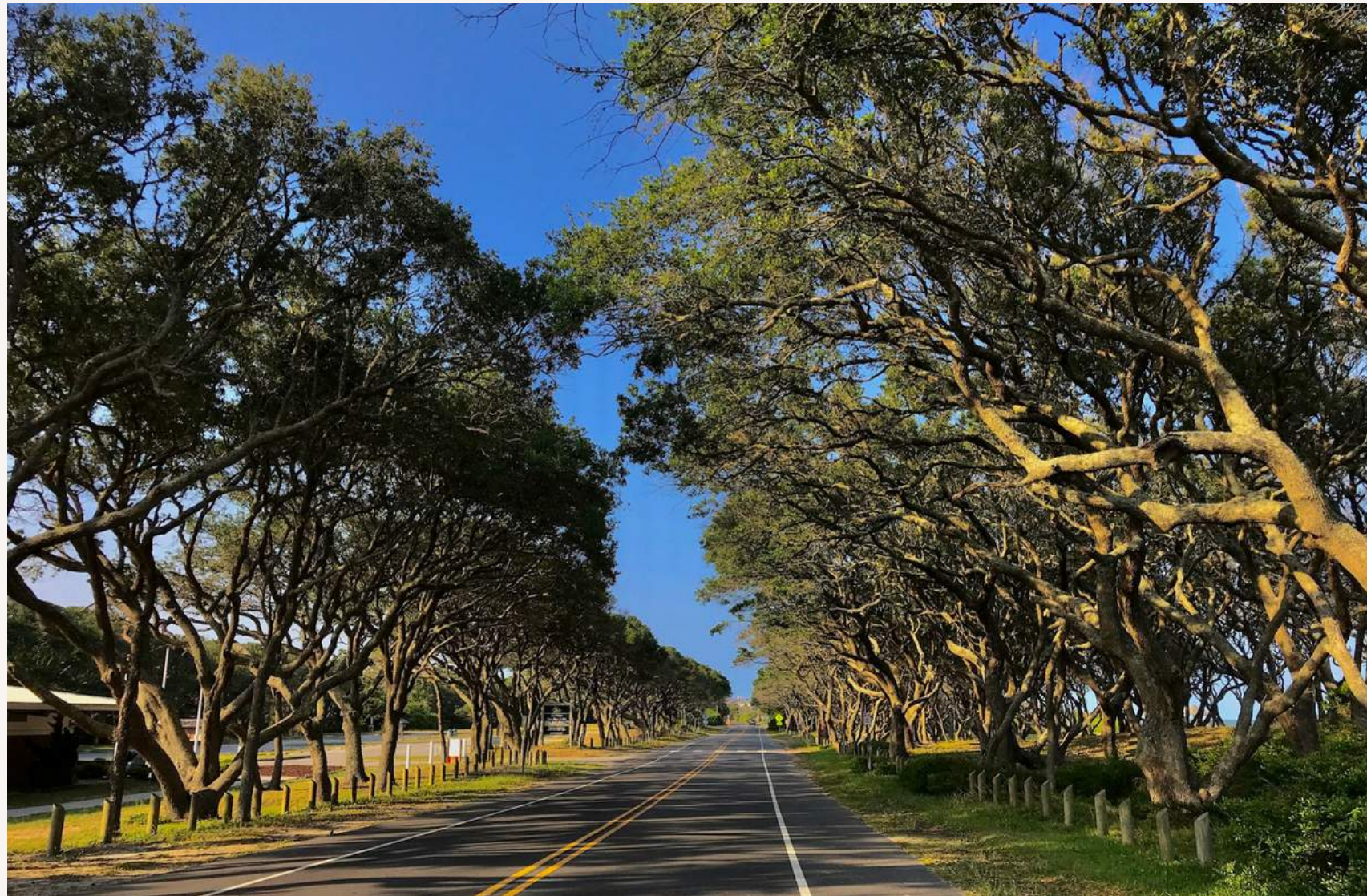
*Educating Men in Sacred Tantra*

For the past three years, **Tantric Bodyworks** has been fostering a Tantra-based community dedicated to 1-on-1 connections across the United States. Respected within the healing arts and bodywork network, our owner has earned a stellar 5-star reputation. With two decades of experience in Conscious Touch through bodywork, he has dedicated the last 13 years to the personal evolution of Tantra energy systems, influencing his spirituality, sexuality, and humanity. Looking forward, the next four years will see a commitment to further expertise, pursuing a certification, a master's and Ph.D. in Tantra counseling, sex coaching, and energy healing.

**Tantric Bodyworks** humbly introduces a groundbreaking initiative, **Tantra Groupwork**, exclusively embodied for men in the transformative experience of **Ritual The Retreat**.

This new experience will be hosted in his hometown of Wilmington, NC for his beloved clients and network.





# ABOUT RITUAL

*More Than A Destination...*

Introducing **Ritual The Retreat**, an innovative approach to crafting a distinctive hospitality encounter centered around the sacred rituals of Tantra. Our mission is to foster harmony and equilibrium among men through Groupwork, awakening the mind, energy body, soul, and spirit. We are dedicated to establishing rituals that bring balance to the energy body of each participant, employing a blend of Eastern and modern Tantra practices to purify imbalances.

At the heart of our ethos lies the core motto:  
**COMMUNITY, CONNECTION, COMMITMENT.**

Join us on a transformative journey, where Spirituality, Humanity, and Sexuality converge to cultivate healing and love—a true haven for the ultimate Tantra awakening!





# RETURN TO INNOCENCE

## *Restoring Links To The Past*

**Ritual The Retreat** invites you to empower and transform the ordinary into the extraordinary, drawing inspiration from the notable song 'Return to Innocence.' This phrase resonates with a nostalgic yearning for a simpler, more carefree time in life—a desire to reconnect with the purity and simplicity of childhood. Much like the themes explored in the Enigma song released in 1993, our retreat emphasizes the concept of 'returning to innocence,' echoing sentiments of joy, spirituality, and the cyclical nature of life. Rituals at our retreat go beyond the mundane, awakening the magic and wonder within each moment.



# WILMINGTON, NC

## *Epicenter of Southern Charm*

Discover Wilmington, NC, an idyllic coastal haven cradled between the Cape Fear River and the Atlantic Ocean. Boasting a rich tapestry of history, culture, and natural splendor, this picturesque city is renowned for its enchanting historic district adorned with cobblestone streets and antebellum architecture.

Wilmington seamlessly marries Southern hospitality with modern vibrancy, showcasing a thriving arts scene, a lively waterfront, and a diverse culinary landscape that appeals to both residents and visitors. Recognized as "Hollywood East" for its role as a film and television production hub, Wilmington beckons filmmakers and entertainment enthusiasts alike.

Embrace the mild climate and pristine beaches, while embracing a laid-back lifestyle amidst three barrier islands. Whether immersing yourself in the USS North Carolina Battleship's history, leisurely strolling along the Riverwalk, or savoring the vibrant nightlife, Wilmington encapsulates the quintessence of coastal living with an undeniable Southern charm.





# WINTER WEATHER

*Cold Hands, Warm Heart*

In February, Wilmington, North Carolina, experiences a transition from winter to early spring offering a mild and relatively temperate climate. While not as chilly as the preceding winter months, the air maintains a crispness that serves as a reminder of the cooler season.

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Average temperatures during February typically range from around 38°F (3°C) in the early mornings to approximately 59°F (15°C) in the afternoons, providing a pleasant and refreshing atmosphere. Although the city may witness occasional cool days, the climate is generally moderate, making it an inviting time for outdoor activities.

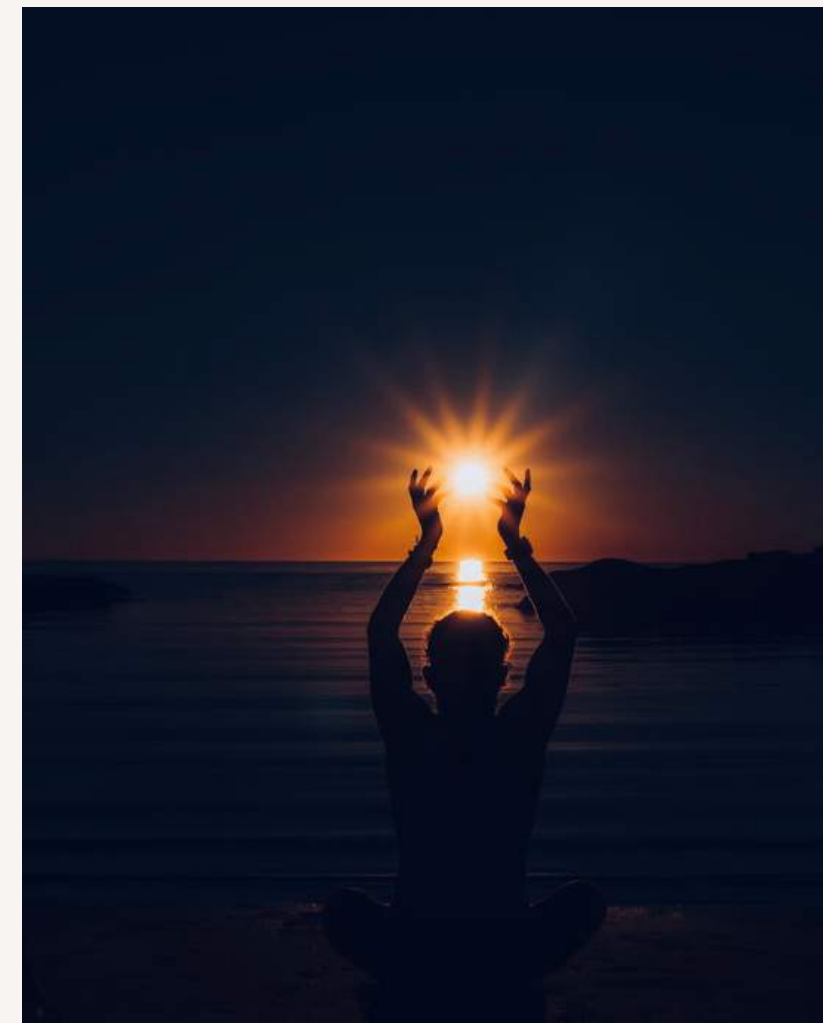


February brings a decrease in precipitation compared to the wetter winter months. While there may be occasional light rainfall, the overall rainfall levels are relatively lower. This drier period allows residents and visitors to enjoy the outdoors without the concern of heavy downpours. Checkout the past few winter temps!

# RECONNECT

*Mind. Body. Soul. Spirit.*

Embark on a transformative journey to reconnect with your Mind, Body, Soul, and Spirit. Our retreat offers a holistic experience designed to harmonize the mental, emotional, physical, and spiritual aspects of your being. Through rejuvenating Tantra rituals, immersive wellness activities, and serene environments, you will discover a profound sense of balance, clarity, and renewal that extends beyond the retreat, enriching your life with lasting well-being.





A scenic background image of a sunset over the ocean. A palm tree stands in the foreground on the left. The sun is low on the horizon, casting a golden glow across the sky and reflecting on the water. The sky is filled with soft, wispy clouds. The text "ABOUT THE ACCOMMODATIONS" is overlaid in the center in a white, serif font.

# ABOUT THE ACCOMMODATIONS





# CAROLINA COASTAL CHARM

*Simple. Modern. Design.*

Perched along the sun-kissed shoreline, our 5,000 sq ft private luxury beach house presents an exclusive haven with unparalleled oceanfront views on Pleasure Island. This thoughtfully selected location combines contemporary elegance and coastal allure, offering guests a refined escape featuring expansive windows, cozy furnishings, and an array of upscale amenities.



# SURROUNDING HIGHLIGHTS

## *Restoring Harmony To Everyday Life*

Located on Pleasure Island, nestled between the Cape Fear River & Atlantic Ocean.

15 miles from Historic Downtown Wilmington.

Surrounded by Carolina Beach State Park, a vintage seaside boardwalk, NC Aquarium and the renowned Fort Fisher Historic Park.

Freeman Park is steps away with a stretch of shoreline unlike other stretches of the barrier islands of Wilmington. This park is special and undeveloped and allows beach driving to off-roaders who like to cruise along the sand.

The only Coquina Rock outcrop on the North Carolina coast is located in front of the seawall between Kure Beach and Fort Fisher at low tide. The rocks are a must-see for a beautiful sunset scene.

Fort Fisher State Recreation Area is the only state park that allows four-wheel-drive beach access. The infamous loggerhead sea turtles nest along the park's sandy shores. A hiking trail traverses the salt marsh and ends at an observation deck with views of Zeke's Island and the Cape Fear River. The marsh, brimming with wildlife, provides plenty of watching opportunities for birders and photographers year-round.





# HAVEN OF TRANQUILITY

## *A Restful Eclipse*

Nestled along the unspoiled coastline, our coastal retreat unveils an incomparable beach house, boasting awe-inspiring oceanfront views.

The thoughtfully crafted residence seamlessly blends modern elegance with coastal allure, featuring expansive windows that welcome the warm sun and invigorating sea breeze. Attendees will revel in a haven of comfort and sophistication, complete with spacious living areas, inviting furnishings, and top-tier amenities, including an elevator—an idyllic escape where every detail has been meticulously curated for an extraordinary experience.



Immerse yourself in southern comfort with accommodations that redefine seaside living. Each meticulously appointed bedroom provides a serene backdrop for restful nights. Outdoor living spaces, including a private terrace and indulgent hot tub, offer a seamless transition from indoor opulence to the natural beauty of the beach.

Whether savoring a gourmet meal prepared by our private chef, engaging in Tantra rituals, or simply unwinding on the sundeck with panoramic ocean views, our coastal haven guarantees an exclusive retreat where relaxation and sophistication seamlessly coalesce.





# BEDROOM #2

## KING PRIVATE ROOM

*Features*

Includes:  
**RESERVED**  
*1st Floor*

**Shared** Bathroom with Bedroom #3

Shower/Tub Combo

King Bed

Flat screen TV

Ceiling Fan

Alarm Clock



**7 DAYS / 6 NIGHTS**  
**EARLY BIRD AVAILABLE**



**(2 TOP BEDS) AVAILABLE - 15% OFF!**



**(2 BOTTOM BEDS) AVAILABLE — 15% OFF!**



## BEDROOM #3 BUNK SHARED ROOM

*Features*

Includes:

*1st Floor*

**Shared Bathroom with Bedroom #2**

Shower/Tub Combo

2 Bunk Beds (Twins over Twins - **4 Twins** Total)

Flat Screen TV with cable

Ceiling Fan

Alarm Clock

Accommodates Adults up to 6 feet tall

**7 DAYS / 6 NIGHTS  
EARLY BIRD AVAILABLE**





# SUITE #4

## KING OCEANFRONT SUITE

*Features*

Includes:

**2nd Floor**

**RESERVED**  
**Private Oceanfront Deck with King Suite #5**

Double Vanity Sinks

King Bed

Flat Screen TV with cable

Ceiling Fan

Alarm Clock/Radio

**Private Oceanfront Deck with King Suite #5**

**7 DAYS / 6 NIGHTS**  
**EARLY BIRD AVAILABLE**





# SUITE #5

## KING OCEANFRONT SUITE

*Features*

Includes:

**2nd Floor**

**RESERVED**

**Private** Bathroom Walk-in Shower & Jacuzzi Tub

Double Vanity Sinks

King Bed

Flat Screen TV with cable

Ceiling Fan

Alarm Clock/Radio

**Private** Oceanfront Deck with King Suite #4

**7 DAYS / 6 NIGHTS**  
**EARLY BIRD AVAILABLE**





# BEDROOM #6

## QUEEN SHARED ROOM

*Features*

**RESERVED**

**Shared** Bathroom with Bedroom #7

Shower/Tub Combo

**2 Queen Beds**

Flat Screen TV with cable

Ceiling Fan

Alarm Clock

**Private** Street-side Balcony



**7 DAYS / 6 NIGHTS**  
**EARLY BIRD AVAILABLE**



**(2 TOP BEDS) AVAILABLE - 15% OFF!**



**(2 BOTTOM BEDS) RESERVED**



# BEDROOM #7

## BUNK SHARED ROOM

*Features*

Includes:

***2nd Floor***

**Shared Bathroom with Bedroom #6**

**Shower/Tub Combo**

**2 Bunk Beds (Twins over Twins - 4 **Twins** Total)**

**Flat Screen TV with DVD & VHS Player and cable**

**Ceiling Fan**

**Alarm Clock**

**Accommodates Adults up to 6 feet tall**

**7 DAYS / 6 NIGHTS**  
**EARLY BIRD AVAILABLE**





# BEDROOM #8

## QUEEN SHARED ROOM

*Features*

Includes:

**RESERVED**

Common Area

Shower/Tub Combo & Double Vanity Sinks

**2 Queen Beds**

Flat Screen TV with cable

Ceiling Fan

Alarm Clock/Radio



**7 DAYS / 6 NIGHTS**  
**EARLY BIRD AVAILABLE**





# 2 KITCHENS

*1st & 3rd Floors*

Fully stocked Kitchens  
Refrigerator with Ice-maker

Induction Stove

Microwave

Oven

12 Cup Drip Coffee Maker

Toaster

Hand Can-Opener

Blender

Garbage Disposal

Kitchen Bars with Seating for 4 and 6  
Dining Tables with Seating for 8 and 12





# 2 LIVING SPACES

## *Atmosphere & Furnishings*



3rd Floor Living Space will be for Workshops

2 Fireplaces

Flat Screen TV with DVD Player

Stereo

Seating for 6 & Queen Sleeper Sofa

Ceiling Fan

Oceanfront Deck Access - Seating for 4 & Table for 6

Surround sound system

Wet Bar with mini fridge 3rd Floor

Flat Screen TV with cable







# CUISINE & ACTIVITIES





# CUISINE FOR ALL

## *World Class Chef*

At **Ritual The Retreat**, we are dedicated to providing world-class clean cuisine that enhances your journey with us. Each meal is a distinctive experience, carefully crafted to awaken the senses of your mind, body, soul, and spirit. Our private chef, an award-winning Le Cordon Bleu graduate with a background in nutrition, is a master of vegetarian, vegan, and raw foods, as well as classic French, Italian, and Mediterranean cuisine. Every dish is prepared with fresh, local ingredients, bursting with vibrant colors and mouthwatering flavors, ensuring a culinary experience that is both satisfying and nourishing.

Immerse yourself in a unique North Carolina culinary adventure each day with our full-service, organic meals. From breakfast to dinner, including snacks and refreshments, relish the extraordinary flavors of thoughtfully crafted, organic dishes designed to contribute to your overall well-being and nourish your body throughout the retreat.





# CULINARY JOURNEY

## *Daily Bespoke Experience*

North Carolina Inspired Modern Cuisine

16 Uniquely Curated Meals

Welcome Y'ALL Staff & Group Feast February 13th  
Modern Southern Valentines Dinner February 14th  
5 Days - Breakfast, Lunch & Dinner February 14 - 18

Leftovers Stocked in Refrigerators Daily

From Scratch Healthy Snacks Daily

Smoothies & Cold Pressed Juices Daily

Homemade Refreshments Daily

Organic Fruits & Vegetables

Grass-Fed Meats

Food Preferences & Allergies can be accommodated.

**VALUE: \$250**  
**PER DAY / PER PERSON**  
**INCLUDED IN ROOM PRICE**





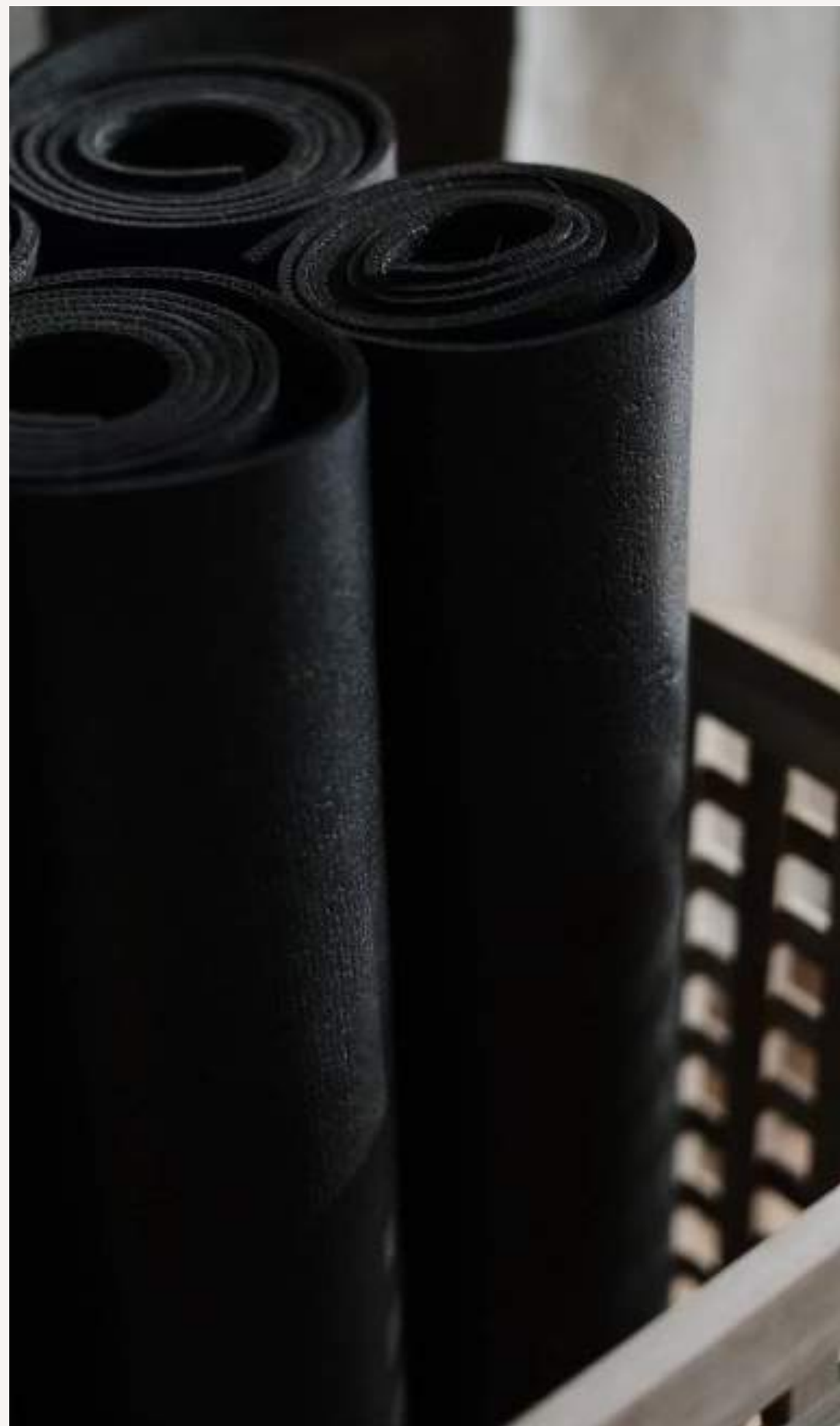
# CRAFTING RITUALS

## *Creating Connection*

Embark on a transformative journey at **Ritual The Retreat**, where each day is meticulously crafted to offer a metamorphic experience, rejuvenating your mind, body, soul, and spirit.

Enliven your senses with sunrise mindfulness sessions, creating a serene backdrop for introspection and renewal. Immerse yourself in holistic wellness workshops, tailored to elevate both your physical vitality and mental well-being. Explore sacred Tantra rituals designed to nurture and restore, and participate in engaging group activities fostering connection and personal pleasure. At RITUAL, every moment unfolds as a purposeful step toward your sacred journey of self-discovery, revitalization, and evolution.





# CURATED STAFF

## *Exceptional Service*

Our devoted team of **8 professionals**, traveling from four different states, brings a rich blend of expertise and passion to ensure every moment of your retreat is seamless and enriching. Comprising seasoned wellness practitioners, experienced facilitators, and attentive hospitality professionals, each member is dedicated to creating a harmonious and transformative environment. United by a shared vision of guiding you on your journey of self-evolution, our diverse team is poised to curate an unforgettable Tantra awakening, where personalized care and genuine connections converge to enhance your overall experience.

Each day will be thoughtfully curated with overarching teachings and traditions rooted in Spirituality, Humanity, and Sexuality.





# CULTIVATED ACTIVITIES

## *Harmony Restored*

Tantra Sanctuary  
Tantra Teachings  
Tantra Group Bodywork  
Tantra X Pilates  
Transcendental & Tibetan Meditation  
Eastern Healing Arts  
Multidimensional Breathwork  
Sensory Experiences  
Nude Workshops  
Platonic Male Bonding  
Five Elements of Nature

Engage in mindfulness, elevate your energy with vital movements, forge meaningful connections, and delve into pleasure through sacred Tantra rituals. Join us for a week of self-evolution, spiritual growth, and the establishment of new rituals in a serene and beautiful setting.

**INCLUDED IN ROOM PRICE**





# DATES TO REMEMBER

## *Calendar Check*

### **Location:**

Pleasure Island (see image to left)  
Wilmington, North Carolina

### **Dates:**

February 13 - 19, 2024

### **Check In:**

February 13, 2024

Arrive By 3:00 pm

### **Check Out:**

February 19, 2024

### **Transportation:**

Airport - ILM in Wilmington, N.C.

Shuttle To & From Airport

Car Spot - Please Inquire



# SPECIALS & GIFTS

*The Early Bird Catches The Worm*

## Early Bird Special Offers

**Reserve by December 31, 2023**

**20 % OFF & TWO FREE DAYS & NIGHTS**

**Add February 11 & 12 to your total stay!**

(Private Chef Not Included)

**Reserve by January 15, 2024**

**10% OFF & ONE FREE DAY & NIGHT**

**Add February 12 to your total stay!**

(Private Chef Not Included)

**Starting from January 16, 2024 - Standard Rates will apply.**

### Special Gift Included

As a token of our appreciation for your commitment you will receive this gift that contains the essentials you'll need to fulfill your journey at the retreat.

**Ritual Essentials Gift Set**

**A \$300 Value**







# RESERVATIONS

*Embark With Us*

**We only have 7 spaces available.**

In order to make your reservation please use our concierge chat feature on the website or email to submit your full name, contact information and your room type request. Additional questions can be answered there.

If you cannot utilize the full value of the early bird's additional arrival days, we do ask for a prompt arrival on February 13, 2024 by 12:00pm.

**[connect@ritualtheretreat.com](mailto:connect@ritualtheretreat.com)**

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**[www.ritualtheretreat.com](http://www.ritualtheretreat.com)**









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