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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Cereal or toast | Cereal or  toasted tea cakes | Cereal or crumpets | Cereal or  fruit and yoghurt | Cereal or  toasted bagel |
| **Morning Snack** | Fruit | Melba toast and cream cheese | Popcorn | Fresh fruit | Veg sticks |
| **Lunch** | Spring vegetable  risotto | Homemade salmon & broccoli quiche  New potato salad | Spinach & ricotta cannelloni | Lamb kofta, Greek salad  Tzatziki dip & pitta bread | Chorizo pasta & peas |
| **Vegetarian option** | **Vegetarian option** | **Vegetarían option** |
| **Pudding** | Carrot cake | Fruit trifle | Fresh fruit salad | Lemon mousse | Chocolate brownie |
| **Afternoon**  **Snack** | Bread sticks with various dips | Carrot & cucumber sticks | Cream crackers & spread cheese | Popcorn | Fresh fruit |
| **Light afternoon tea** | Jacket potato with homemade coleslaw | Pepperoni pizza | Assorted sandwiches with a crisp fresh salad | Cream cheese & chive bagels | Beans on toast |
| **Vegetarían option** |
| **pudding** | Fruit smoothie | Fruit yogurt | Banana frosts | Sugar free cookies | Fruit sponge |