



How to contact your MP

An MP (Member of Parliament) is the individual elected by your constituency to represent constituent's issues and concerns in the Houses of Parliament. MPs represent everyone in their constituency, regardless of whether they vote for them or not. You have the right, as a constituent, to contact your MP. To find out who your MP is [click here](#). You will need to have your postcode to complete this search.

There are numerous reasons for wanting, or needing, to contact your MP. For example, you may need support with an issue or concern that you have, or you may have a point of view that you want to share with them on a piece of legislation, or you may want to find out when they hold their 'surgeries' so that you can meet them face to face. Whatever the reason you have the right to get in touch.

You can usually contact your MP by email or letter. A short template is available below. You can copy and paste into an email or letter format (*click here to access a standard letter template*). The MPs contact details will be included when you use the [MP search function](#) (as above). MPs will often provide the email address of one or more of their staff team and you may choose to include them in the 'cc' section of your email.

Dear **[insert the MPs name]**,

I hope that you are well. I live in your constituency **[you can include your address here if you wish]** and I am contacting you because **[insert reason]**.

[If you have further details to add about your issue or concern insert these here].

I would like to thank you in advance for your attention and I look forward to receiving your reply.

Kind regards,
[Insert your name]

Useful links:

- [What do MPs do?](#)
- [Contact your MP](#)