

# HASELHUHN HANDGUN TRIGGER FINGER ISOLATION DRILL: V1 (3 yards)



KEY POINTS: MINIMIZE GRIP (MIDDLE FINGER AND HIGH THUMB HOLD THE GUN), FOCUS ON TRIGGER FINGER PLACEMENT (DEEP, SHALLOW, FLAT ETC), PRESS STRAIGHT BACK ON TRIGGER (TO NOSE OR ELBOW), MAINTAIN PERFECT SIGHT PICTURE, USE THE “WALL” AND “CREEP” OF THE TRIGGER PROPERLY.

KEY CONCEPT: ELIMINATE ALL EXTERNAL INPUT TO THE GUN BESIDES IDEAL TRIGGER PRESS, THEREFORE DIAGNOSING ANY ISSUES WITH YOUR TRIGGER FINGER PLACEMENT AND PRESS.

**BULLET HITS WHERE SIGHTS WERE=REPEAT, IF NOT=ADJUST PRESSURE, PLACEMENT, OR DIRECTION**