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JUN 2026

Retreats & Excursions

S	M	T	W	R	F	S
	1  OPTIONAL ADD ON Tropea Day Lunch RSVP	2  OPTIONAL ADD ON Sicily Day 1	3  OPTIONAL ADD ON Sicily Day 2 Dinner RSVP	4  OPTIONAL ADD ON Sicily Day 3	5  OPTIONAL ADD ON Sicily Day 4 Volcano RSVP	
7 CHECK-IN	8 AM Yoga Class 1 Free PM	9 AM Yoga Class 2 11:11 AM Meditation	10 AM Yoga Class 3 Free PM	11 AM Yoga Class 4 11:11 AM Meditation	12 AM Yoga Class 5 Free PM	13 AM Yoga Class 6 11:11 AM Meditation
14 CHECK-OUT	15	16 CHECK-IN	17 AM Yoga Class 1 Free PM	18 AM Yoga Class 2 11:11 AM Meditation	19 AM Yoga Class 3 Free PM	20 AM Yoga Class 4 11:11 AM Meditation
21 AM Yoga Class 5 Free PM	22 AM Yoga Class 6 11:11 AM Meditation	23 CHECK-OUT	24 OPTIONAL ADD ON Tropea Day Lunch RSVP	25 OPTIONAL ADD ON Sicily Day 1	26 OPTIONAL ADD ON Sicily Day 2 Dinner RSVP	27 OPTIONAL ADD ON Sicily Day 3
28 OPTIONAL ADD ON Sicily Day 4 Volcano RSVP	29 CHECK-IN	30 AM Yoga Class 1 Free PM				



JUL 2026

Retreats & Excursions

S	M	T	W	R	F	S
			1 AM Yoga Class 2 11:11 AM Meditation	2 AM Yoga Class 3 Free PM	3 AM Yoga Class 4 11:11 AM Meditation	4 AM Yoga Class 5 Free PM
5 AM Yoga Class 6 11:11 AM Meditation	6 CHECK-OUT	7  OPTIONAL ADD ON Tropea Day Lunch RSVP	8  OPTIONAL ADD ON Sicily Day 1	9  OPTIONAL ADD ON Sicily Day 2 Dinner RSVP	10  OPTIONAL ADD ON Sicily Day 3	11  OPTIONAL ADD ON Sicily Day 4 Volcano RSVP
12 CHECK-IN	13 AM Yoga Class 1 11:11 AM Meditation	14 AM Yoga Class 2 Free PM	15  11:11 AM Meditation Rest Day	16 AM Yoga Class 3 Free PM	17 AM Yoga Class 4 11:11 AM Meditation	18 AM Yoga Class 5 Free PM
19 AM Yoga Class 6 CHECK-OUT	20 CHECK-IN	21 AM Yoga Class 1 Free PM	22 AM Yoga Class 2 11:11 AM Meditation	23 AM Yoga Class 3 Free PM	24 AM Yoga Class 4 11:11 AM Meditation	25 AM Yoga Class 5 Free PM
26 AM Yoga Class 6 11:11 AM Meditation	27 CHECK-OUT	28  OPTIONAL ADD ON Tropea Day Lunch RSVP	29   OPTIONAL ADD ON Sicily Day 1	30  OPTIONAL ADD ON Sicily Day 2 Dinner RSVP	31  OPTIONAL ADD ON Sicily Day 3	





AUG 2026

Retreats & Excursions

S	M	T	W	R	F	S
						1  OPTIONAL ADD ON Sicily Day 4 Volcano RSVP
2 CHECK-IN	3 AM Yoga Class 1 Free PM	4 AM Yoga Class 2 11:11 AM Meditation	5 AM Yoga Class 3 Free PM	6 AM Yoga Class 4 11:11 AM Meditation	7 AM Yoga Class 5 Free PM	8 AM Yoga Class 6 11:11 AM Meditation
9 CHECK-OUT	10  OPTIONAL ADD ON Tropea Day Lunch RSVP	11  OPTIONAL ADD ON Sicily Day 1	12  OPTIONAL ADD ON Sicily Day 2 Dinner RSVP	13  OPTIONAL ADD ON Sicily Day 3	14  OPTIONAL ADD ON Sicily Day 4 Volcano RSVP	15
16 CHECK-IN	17 AM Yoga Class 1 Free PM	18 AM Yoga Class 2 11:11 AM Meditation	19 AM Yoga Class 3 Free PM	20 AM Yoga Class 4 11:11 AM Meditation	21 AM Yoga Class 5 Free PM	22 AM Yoga Class 6 11:11 AM Meditation
23 CHECK-OUT CHECK IN	24 AM Yoga Class 1 Free PM	25 AM Yoga Class 2 11:11 AM Meditation	26 AM Yoga Class 3 Free PM	27 AM Yoga Class 4 11:11 AM Meditation	28  Rest Day	29 AM Yoga Class 5 11:11 AM Meditation
30 AM Yoga Class 6 CHECK-OUT	31  OPTIONAL ADD ON Tropea Day Lunch RSVP					



SEP 2026

Retreats & Excursions

S	M	T	W	R	F	S
		1  OPTIONAL ADD ON Sicily Day 1	2  OPTIONAL ADD ON Sicily Day 2	3  OPTIONAL ADD ON Sicily Day 3	4  OPTIONAL ADD ON Sicily Day 4	5  CHECK-IN
6 AM Yoga Class 1 Free PM	7 AM Yoga Class 2 11:11 AM Meditation	8 AM Yoga Class 3 Free PM	9 AM Yoga Class 4 11:11 AM Meditation	10 AM Yoga Class 5 Free PM	11 AM Yoga Class 6 11:11 AM Meditation	12 CHECK-OUT
13	14	15	17	18	19	20
21	22	23	24	25	26	27 
28	29	30	NO CLASSES			
5	6	7				