



TERM 4 NEWSLETTER

IN THIS ISSUE

- House Recap - Term 3
- Change of Manager
- What's On in Term 4
- Apex Project
- Resources for Resident
- Term 3 Holiday Hijinx
- Share the Dignity
- Halloween and Christmas
- Get Involved at Crossenvale
- Dates for the Calendar

OUR MISSION

Crossenvale Community House aims to **engage** the local community in providing **resources** and necessary **services** to fulfil the community's potential to **achieve** their aspirations.

OUR VALUES

Participation - Inclusion
Ownership - Empowerment
Advocacy

HOUSE RECAP

If you haven't heard the news, Sheridan has stepped out of the manager's chair after 7 years of serving the Crossenvale community.

We have continued our food relief program and been seeking feedback from you about what programs we could offer in the future.

The Echuca Moama Apex Club agreed to support us in developing our back block into a thriving, nutritious community garden.

We want you to join the house! Have your say and make your mark!

CHANGING OF THE GUARD

After 7 years of building Crossenvale Community House into the thriving, busy place that it is, Sheridan has finished up her time at the helm.

Sheridan steered the house through the pandemic and floods, supporting Crossenvale and the wider community of Echuca Moama to handle these difficult times. Whether it was making sure the food relief kept coming, checking in on vulnerable residents or running the coffee van to keep sandbaggers caffeinated, Sheridan was always quick to get the house meaningfully involved in the community.



CCH Secretary Helen, Sheridan, Volunteer Iris, and Rob

Sheridan makes way for Rob, who comes to the house with an Education and Youth Work background. Born and raised in Echuca, and spending his early years in Crossenvale, Rob is excited to engage himself with the Crossenvale community and surrounds. Continuing the great work of Sheridan and volunteers, Rob looks forward to hearing from the experts of Crossenvale; the residents that live here, about what you want at the house.

In case you missed it, check out the Riverine Herald article from Wednesday, 21 August at:
riverineherald.com.au/news/community-house-welcomes-new-manager/

WHAT'S ON IN TERM 4

MONDAY

Cuppa & Chat 10am-11am
Cut Lunch 12pm-1pm
Games & Puzzles 1pm-2:30pm

Food Relief 10am-2:30pm



Garden Club, Wednesday Walkers and **Craft & Lunch** are looking for awesome volunteers to lead these activities. Think you have what it takes? Have a look at the *Become a Volunteer* section of the Newsletter!

TUESDAY

Garden Club* 10am-12pm
Toasty Toosday 12pm-1pm
Paint by Numbers 1pm-2:30pm

Food Relief 10am-2:30pm

Room Hire is available for businesses and community organisations. Please call the house to find out more!



WEDNESDAY

Wednesday Walkers* 10am-12pm
Craft & Lunch* 12pm-1:30pm

Food Relief 10am-2:30pm



All people over 18yo are welcome at our activities as members of Crossenvale Community House.

THURSDAY

Admin Support 9am-2:30pm
Please book in advance

Employment Support

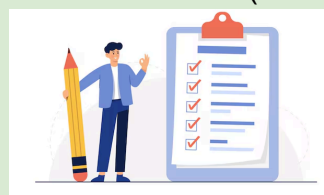
- Resumes & Cover Letters
- Applications
- Interview Skills

IT Support

- Crash Course Computing
- Printing (10c B&W / 20c Colour)

Forms Support

- Housing
- Services Australia (Centrelink)



GETTING GREEN WITH APEX

The Echuca Moama Apex Club have committed to deepening their partnership with Crossenvale Community House by continuing to support the development of the back block. After furiously working on their Apex Hall on High Street for much of this year, Term 4 will see Apex and Crossenvale work together to establish a community garden in the space.

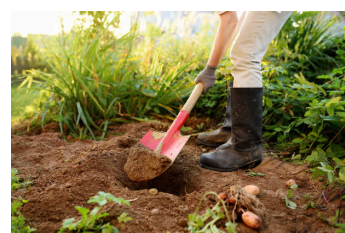


A Bit of History

Apex got involved with the house by a chance meeting and two main projects have come out of it. The Apex Club agreed to fund our coffee van and have supported its ongoing maintenance. They then got their members involved in constructing a fence around the back block in preparation for the community garden project.

What's a Community Garden?

Community Gardens are a place for people of all backgrounds and abilities to socialise and learn about growing food. Participants and the community can then benefit from the nutritious, fresh produce that is pulled from the garden; resulting in upskilled, healthier residents who have additional food security.



Can I Get Involved?

Of course! Come into the house and sign up for our Garden Club. We are looking for participants to help with the community garden as well as contribute to beautifying the rest of our outdoor space.

Of course, a massive thank you has to go to members of the Echuca Moama Apex Club for committing their time, effort and resources to building our community garden. We hope that this project is another of many more great things that we do together.



RESOURCES FOR RESIDENTS

Community House Library

While you're at the house learning, meeting friends or picking up some food relief, make sure you check out our mini-library. With books for the young and young at heart, there'll be something to entertain and inspire.



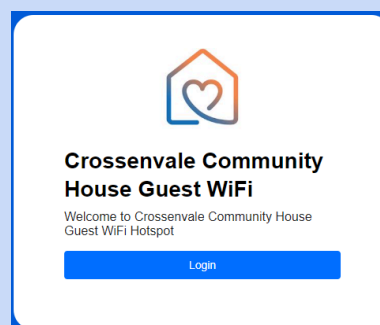
Have old books you're not going to read any more?

Don't let them just sit there collecting dust! We'd love you to donate them and give others the chance to experience the thrill and adventure of reading? We will take books of all shapes and sizes for every age.

Free Wifi

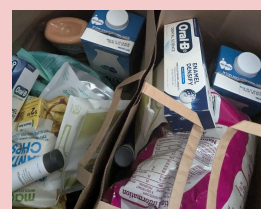
From your laptop or mobile device, click on **Crossenvale Guest Wifi** and follow the prompts. You can then find a space inside or chill out in the garden while getting your online needs sorted.

If you have problems getting online our staff and volunteers are more than happy to help!



Food Relief

Our food relief program turns your \$2 coin into 2-3 days worth of delicious food. Hampers contain bread, milk, fresh produce and pantry staples, as well as a few goodies.

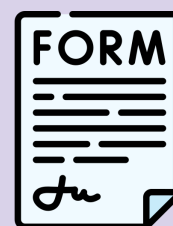


Our Awesome Partners

We thank Foodshare Bendigo and the FoodBank for their support on behalf of food relief programs everywhere.

Printing, Forms, Applications and More

Applications and paperwork can be a real pain, but we're here to help! Book a time or pop in for support and guidance. We can then help you onto our wifi for you to update and submit those important documents.



TERM 3 SCHOOL HOLIDAY FUN

**Kicking Goals and Smashing Sausage Rolls!
Check Out Our Soccer Wizards in Action!**



Thanks to the Echuca Moama Border Raiders Soccer Association for sending their players Tom and Paige down to Crossenvale Park to help provide sport in our community! A special thanks goes to Club President Ryan who organised players and equipment and has already committed to getting involved again in 2025!



SUMMER SCHOOL HOLIDAYS

It won't be long until School's out for Summer and we want your feedback! Please drop into the house to see Rob or the volunteers and let them know what your kids would like to get up to. Whether it be active, creative, social or educational, we want to put on great activities that'll create amazing Summer memories!

SHARE THE DIGNITY

Crossenvale Community House is proud of its efforts to provide access to period products for adults and teens who may be experiencing 'period poverty.' Adults and teens in need of period products can find themselves in situations where, for many reasons, cannot access the period and sanitary care that they need. This can mean missing important events and opportunities, creating feelings of guilt and isolation.



DRIVING TOWARDS DIGNITY

The House will again be promoting, collecting and supporting Share the Dignity's ***It's in the Bag*** campaign. In the lead up to Christmas, you will see a lot of pink around the house as we support items making their way to collection points. For those who wish to support the initiative, but cannot make it to the collection points, Crossenvale will ensure that your contribution makes its way there.

For more information about the campaign, go to their socials, search sharethedignity.org.au/itsinthebag or come in and have a chat with us.

<i>Adult Bag</i>	<i>Teen Bag</i>	<i>Mum & Bub Bag</i>
Adult Bag Inclusions	Teen Bag Inclusions	Mum & Bub Bag Inclusions
<ul style="list-style-type: none">• Period Products• Shampoo• Conditioner• Toothbrush• Toothpaste• Deodorant (roll-on preferred)• Soap or Body Wash	<p><i>Please tag bag with a yellow ribbon.</i></p> <ul style="list-style-type: none">• Period Products for small bodies• Shampoo• Conditioner• Toothbrush• Toothpaste• Deodorant (roll-on preferred)• Soap or Body Wash	<p><i>Please tag bag with a purple ribbon.</i></p> <ul style="list-style-type: none">• Maternity Period Products• Shampoo & Conditioner• Toothbrush & Toothpaste• Deodorant (roll-on preferred)• Soap or Body Wash• Newborn Nappies & Nappy Bags• Breast Pads• Baby Shampoo• Baby Soap/Wash• Baby Wipes• Dummy• Nappy Rash Cream

SEASON'S GREETINGS - EVENTS & HOLIDAYS



Spooky Scenes at Crossenvale

We want to decorate the house and we need your help. If you're an arty type, handy with a jigsaw or don't mind getting dressed up, you might be exactly what we need. We're also looking for Trick or Treat addresses for a possible spooky kids event.

Melbourne Cup Day

We will be closed on Tuesday, 5 November for the race that stops a nation. Food Relief will still be available on Monday and Wednesday as normal, with an extra day on Thursday for those who might have missed out.



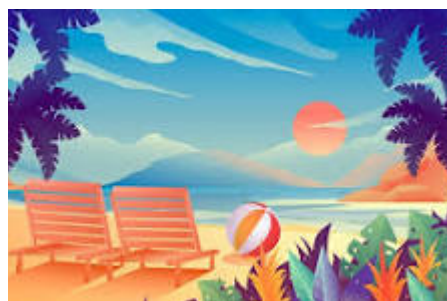
Spreading Christmas Cheer

We want to make sure that Crossenvale families have an extra special Christmas period as we begin to order items for hampers, gift bags and holiday food relief packs. We're always open to ideas from residents as to what would make Christmas brighter for our families and will do our best to bring joy to everyone.

Word is that Santa may even make a special appearance close to Christmas and be available for photos, small toys and games. We'll be in touch with his elves and let everyone know as soon as possible.

Summer Shut Down

We will be closed for a short amount of time during the holiday period as our staff and volunteers get a much deserved break. Rest assured that they will bounce back ready to go in 2025 with renewed energy and enthusiasm!



GET INVOLVED AT CROSSENVALE

BECOME A MEMBER

Becoming a member is super easy. We'll help you fill out your application and, once approved by the committee, you become a member!

What does it mean to be a member of Crossenvale Community House?

- You are part of an awesome community organisation of that includes members, volunteers, committee of management and staff,
- You are welcome to join activities as a participant,
- You have the right to vote and have your say at Committee of Management meetings.

BECOME A VOLUNTEER

Want to be heard AND contribute more to the Crossenvale community? Then volunteering might be for you!

We are looking for generous people who have some spare time and an interest/passion that they can share. Once you've completed our induction, we'll support you in your role and provide free training. You'll be building our community's capacity, your self-confidence and your resume.

JOIN OUR COMMITTEE OF MANAGEMENT

Learn the finer details of governance and operating a community group from Crossenvale and Echuca-Moama's expert committee of management team. Don't just have your say, but be part of making decisions that shape the future of Crossenvale Community House.

To become a member, a volunteer, or to join our committee of management team, please see Rob for a copy of the paperwork and to discuss the process.

ANNUAL GENERAL MEETING

The 2024 Annual General Meeting of Crossenvale Community Group Inc. will be held at the house at 28 Boothman Street, Echuca on Tuesday, 22 October. A morning tea from 10:30am will occur prior to the meeting commencing at 11:00am. All residents and members are welcome.

All positions are vacant, with nominations required in writing prior to the AGM. Nomination forms can be collected from the house.



DATES FOR THE CALENDAR

OCTOBER

1-31

National Safe at Work Month

For employers and workers across Australia commit to creating safe and healthy workplaces
safeworkaustralia.gov.au/national-safe-work-month



World Mental Health Day

Raising awareness of mental health issues around the world and to mobilise efforts
who.int/campaigns/world-mental-health-day

10

11

National Coming Out Day

Be proud of who you are and your support for LGBTQ+ equality
hrc.org/campaigns/national-coming-out-day



Crossenvale Community House AGM

11am at 28 Boothman Street, Echuca
All Positions Vacant and All Welcome

22

25

World Teachers Day

Celebrating the Gift of Learning and Teaching
worldteachersday.edu.au



Anniversary of the Uluru Handback

Commemorating the Handing Back of Uluru to Traditional Owners in 1985
deadlstory.com (Search: Uluru Handed Back)

26

NOVEMBER

11

Remembrance Day

At 11am a minute's silence is observed and dedicated to those soldiers who died fighting to protect the nation.
awm.gov.au/commemoration/remembrance-day



Transgender Awareness Week

Raising the visibility of transgender people and address issues members of the community face
lgbtiqhealth.org.au/transgender_awareness_week

13-19



NOVEMBER (cont)

19

World Toilet Day

For billions of people, sanitation is under threat from conflict, climate change, disasters and neglect
un.org/en/observances/toilet-day



#NOEXCUSE

International Day for the Elimination of Violence against Women

Beginning of 16 Days of Activism
 against Gender-Based Violence Campaign
un.org/en/observances/ending-violence-against-women-day

25

DECEMBER

1

World AIDS Day

Bringing together people from around the world to raise awareness about HIV/AIDS
worldaidsday.org.au/



International Day of Persons with Disabilities

Promoting understanding and mobilising support for the dignity, rights and well-being of people with disabilities
idpwd.org

3

10

Human Rights Day

To promote the values, and rights enshrined in the Universal Declaration of Human Rights
un.org/en/observances/human-rights-day



International Migrants Day

We reflect on and celebrate the contributions of millions of migrants worldwide
un.org/en/observances/migrants-day

18

For more days of observation worldwide, go to:

dca.org.au/resources/di-planning/di-days-dates

WE LOOK FORWARD TO SEEING YOU IN TERM 4!!



Contact Us



Manager Rob Foran - 0459 049 474



(03) 5480 3583



28 Boothman Street, Echuca



crossenvale@gmail.com



CrossenvaleCommunityHouse



crossenvale.com