

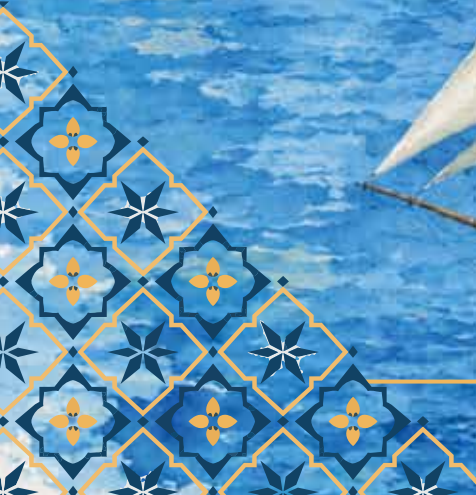


IL-ĠIFEN

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TRADITIONAL MALTESE KITCHEN



WELCOME





BREAKFAST

TRADITIONAL ENGLISH BREAKFAST

€13.50

A classic selection of free-range eggs, back bacon rashers, grilled beef / pork sausage, roasted tomatoes, sautéed mushrooms, baked beans, golden hash browns, and buttered toast.

THREE-EGG OMELETTE

€9.00

A light and fluffy three-egg omelette infused with fresh parsley, served with toasted bread and a seasonal leaf salad.

Choose your topping for €1.00 each - Mushrooms / Bacon / Ham / Cheese

SMOKED SALMON / POACHED EGGS BAGEL

€12.50

Toasted bagel topped with smoked salmon, perfectly poached free-range eggs, Hollandaise sauce, and finished with fresh microgreens.

AVOCADO / POACHED EGGS BAGEL

€11.00

Toasted bagel with smashed avocado, perfectly poached free-range eggs, fresh microgreens, and a drizzle of extra virgin olive oil.

GRANOLA FRUIT BOWL

€10.50

Crunchy granola served with creamy Greek yogurt, seasonal fresh berries, berry compote, and a drizzle of honey.

GREEK YOGURT BANANA WALNUT GRANOLA

€10.00

Crunchy granola layered with creamy Greek yogurt, fresh banana, toasted walnuts, and a drizzle of honey.

Please Note That breakfast is Served Till 11:00



STARTERS

TRADITIONAL BRUSCHETTA (4 PCS)

€8.50

Toasted slices of bread with fresh chopped tomatoes, capers, fresh basil, garlic & herbs.

MEDITERRANEAN TRIO

€9.50

Traditional paste made from dried broad beans, marinated olives & sun-dried tomatoes, served with water biscuits.

HOUSE SELECTION OF SAUSAGES

€14.00

A trio of grilled Maltese sausage, chorizo sausage & truffle and pistachio sausages, served with caramelized onion relish.

CAPRESE

€13.50

Fresh mozzarella di bufala, fresh tomatoes, pine nuts, basil & olive oil.

CHICKEN LIVER PÂTÉ

€14.50

House-made chicken liver pâté enhanced with a hint of Madeira wine and served with bread & seasonal garnish.

FOCACCIA PARADISE

€16.95

Mozzarella di Bufola, rucola, Parma ham, Grana shavings, cherry tomatoes, truffle drops, balsamic.

FOCACCIA CLASSIC

€6.00

Salt, oregano, basil oil.

Starters are only served with main dishes.

SOUP

FISH SOUP 'ALJOTTA'

€12.50

Traditional Maltese fish soup served with rice.

SALADS

MALTESE

€19.80

Traditional paste made from dried broad beans, butter beans, stuffed olives, sun-dried tomatoes, peppered goat's cheese & Maltese sausage, served with Maltese bread & water biscuits.

CLASSIC CHICKEN CAESAR

€16.00

A vibrant blend of fresh mixed lettuce tossed with tender chicken breast and crispy smoked bacon, finished with juicy cherry tomatoes, Parmesan shavings & velvety Caesar dressing.

AVOCADO GARDEN SALAD

€16.00

A vibrant medley of fresh mixed salad leaves, crisp cucumber, bell peppers & sweet cherry tomatoes, topped with creamy avocado slices and finished with a rich balsamic drizzle.

PASTA

TRADITIONAL MALTESE RAVIOLI

€15.00

Pasta parcels stuffed with creamy ricotta, topped with our homemade garlic & tomato sauce.

HOME-MADE BAKED MACARONI

€16.00

A classic Maltese baked pasta made with macaroni in a rich, slow-simmered minced meat ragù with guanciale, baked with Eggs until perfectly golden and crispy on top.

LOCAL RABBIT PASTA

€17.00

A true local Maltese classic featuring long pasta tossed in a rich, deeply aromatic red wine and tomato sauce cooked with slow-braised rabbit, onions, carrots and green peas.

GORGONZOLA & AVOCADO

€17.50

Fettuccine tossed in a creamy Gorgonzola and fresh cream sauce with ripe avocado, finished with Parmesan & freshly cracked black pepper.

SPAGHETTI OCTOPUS

€21.00

Spaghetti served with tender Maltese octopus, slowly braised in red wine and a rich tomato sauce with onions, black olives, peas & aromatic bay leaves.

FISHERMAN'S SPECIAL

€21.00

Spaghetti served with sautéed mussels, clams, calamari & shrimp, tossed in a fragrant garlic, chilli & white wine reduction with fresh cherry tomatoes, crowned with a whole king prawn.





MAINS

OCTOPUS STEW

€29.00

Tender local octopus, slow-braised in red wine and a rich tomato sauce infused with onions, black olives, potatoes, peas & aromatic bay leaves, served with a fresh side salad & fries.

CHICKEN PORCINI

€23.50

Skilfully seared chicken breast, finished in the oven to lock in its juices, paired with a rich, earthy garlic-infused porcini mushroom creamy sauce and served with mashed potatoes.

PORK CHOPS

€21.50

Juicy bone-in pork chops seared to perfection, infused with fresh rosemary & garlic, finished with a light white wine glaze and served with grilled tomato, fresh mushrooms & fries.

TRADITIONAL RABBIT

€25.50

Traditional Maltese local rabbit pan fried in local olive oil, infused with garlic, onions, peas, aromatic bay leaves, then simmered in a rich wine gravy, served with a fresh side salad & fries.

BRAGIOLI (MALTESE BEEF OLIVES)

€25.00

Thinly sliced beef rolled with a savoury filling of minced beef, bacon & hard-boiled egg, slow-braised in a rich traditional tomato & red wine sauce and served with fries.

HOME-MADE BURGER

€18.00

Flame-grilled 100% prime beef patty, made fresh in-house and served in a toasted brioche bun with melted Red Leicester cheese, crisp lettuce, fresh tomatoes, crispy onions & fries.



PIZZA

REGINA MALTA (V)	€13.95
Tomato sauce, fior di latte, mozzarella di bufala, basil, oregano & olive oil.	
THE RICH VEGETARIAN (V)	€16.00
Tomato sauce, mozzarella, marrows, mixed peppers, mushrooms, grilled aubergines, oregano & olive oil.	
MARGHERITA (V)	€12.00
Tomato sauce, fior di latte, basil, oregano & olive oil.	
ITALIA (Contains Pork)	€15.95
Tomato sauce, fior di latte, rocket leaves, mushrooms, spianata, ricotta, oregano & olive oil.	
THE GREEN TOUCH (V) (NEW)	€18.00
Tomato sauce, mozzarella di bufala, mini yellow tomatoes, sun-dried tomatoes, pesto alla genovese drizzle, oregano & olive oil.	
NAPOLITANA	€15.00
Tomato sauce, fior di latte, anchovies, capers, olives, oregano & olive oil.	
BBQ CHICKEN	€16.50
Tomato sauce, fior di latte, chicken, bell peppers, onion, bbq sauce, oregano & olive oil.	
TONNO	€16.00
Tomato sauce, fior di latte, tuna, olives, onion, oregano & olive oil.	
PIZZA MAJJAL IL-FORN (New) (Contains Pork)	€20.00
Fior di latte, pulled pork, bacon, onions, cherry tomatoes, maltese potatoes, fennel seeds, oregano & olive oil.	
PIZZA GHAWDXIJA (V) (New)	€17.00
Fior di latte, caponata, sheep's cheeselet, maltese potatoes, sesame seeds, oregano & olive oil.	
PEPPERONI (Contains Pork)	€15.00
Tomato sauce, fior di latte, pepperoni, oregano & olive oil.	
PEPPERONI E TARTUFO (Contains Pork)	€17.90
Tomato sauce, pepperoni, fior di latte, truffle drops, onions, oregano & olive oil.	
AL DIAVOLA (Contains Pork)	€15.00
Tomato sauce, fior di latte, spianata, chilli flakes, oregano & olive oil.	

INFERNO SLICE (New) (Contains Pork) €18.00

Chilli pepper, nduja salami, buffalo mozzarella, scamorza, spianata salami, honey, oregano & olive oil.

CREMA PISTACCHIO (Contains Pork) €16.00

Crema Di Pistacchio, Fior Di Latte, Mortadella, Pistachios, Oregano & Olive Oil.

CREMA PISTACCHIO E BURRATA (Contains Pork) €18.50

Crema di pistacchio, fior di latte, mortadella, pistachios, fresh burrata mozzarella, oregano & olive oil.

FUNGHI DI BOSCO (V) (NEW) €20.00

Fior di latte, crema ai formaggi, sliced porcini mushrooms, mixed mushrooms, truffle drops, oregano & olive oil.

MALTIJA (Contains Pork) €15.50

Tomato sauce, fior di latte, sun-dried tomatoes, maltese sausage, gozo cheese, onion, oregano & olive oil.

BUFOLA (Contains Pork) €16.00

Tomato sauce, mozzarella, parma ham, mozzarella di bufala, cherry tomatoes, basil, oregano & olive oil.

CAPRICCIOSA (Contains Pork) €15.50

Tomato sauce, fior di latte, mozzarella, mushrooms, ham, olives, eggs, oregano & olive oil.

QUATTRO STAGIONI (Contains Pork) €15.00

Tomato sauce, fior di latte, eggs, mushrooms, salami milano, peas, oregano & olive oil.

PARMA (Contains Pork) €15.50

Tomato sauce, fior di latte, rocket leaves, parma ham, grana shavings, cherry tomatoes, oregano & olive oil.

BURRATINA (Contains Pork) €18.00

Tomato sauce, fior di latte, rocket leaves, fresh burrata mozzarella, bresaola, oregano & truffle oil.

QUATTRO FORMAGGI (V) €14.50

Tomato sauce, fior di latte, gorgonzola, goat's cheese, crema ai formaggi, parmesan flakes, oregano & olive oil.

CAMPAGNA BIANCA (V) (NEW) €18.00

Fior di latte, mini yellow tomatoes, sun-dried tomatoes, fresh basil, red pesto drizzle, artichokes, spicy olives, oregano & olive oil.

CALZONE SAN PAOLO (Contains Pork) €16.50

Fior di latte, crema di tartufo, crema ai formaggi, pork sausage, rocket leaves, parma ham, grana shavings, oregano & olive oil.

BOSCAIOLA (Contains Pork) €17.00

Fior di latte, mushrooms, bacon, maltese sausage, oregano & olive oil.



DESSERTS

MQARET

€6.50

Traditional Maltese fried date fritters, served warm with vanilla ice cream.

HELWA TAT-TORK

€5.50

A sweet, dense, nutty fudge made with tahini & almonds.

MALTESE ICE CREAM

€5.00

Traditional Maltese ice cream made with evaporated milk, candied citrus peel & crushed nuts.

ALLERGEN INFORMATION

The safety and satisfaction of our guests are important to us. Please inform our staff of any allergies or food intolerances before ordering. As we operate a small kitchen where different ingredients are prepared, we cannot guarantee an allergen-free environment, and cross-contamination may occur. We will always do our best to assist you and provide accurate information to help you make an informed choice.

Thank you for your understanding.



LOCAL BEERS

Cisk Lager	500ml €5.00 330ml €3.20
Cisk Excel	500ml €5.00 330ml €3.20
Cisk Chill Lemon	330ml €3.20
Cisk N/A	330ml €3.20
Blue Label	440ml €5.00
Shandy	330ml €3.20
Hopleaf	500ml €5.00
Huskie Alpha IPA	330ml €6.00

FOREIGN BEERS

Corona	€4.50
Heineken	€3.50
Guinness	€6.00

JUICES

Apple Juice	€3.00
Orange Juice	€3.00
Peach Juice	€3.00
Multivitamin	€3.00
Fresh Orange Juice	€3.90

KOPPARBERG CIDERS

Strawberry & Lime	500ml €6.00
Crisp Apple	500ml €6.00
Passion Fruit	500ml €6.00

COLD BEVERAGES

Coca-Cola	€3.00
Coca-Cola Zero	€3.00
Sprite	€3.00
Sprite Zero	€3.00
Fanta	€3.00
Kinnie	€3.00
Kinnie Zero	€3.00
Peach Iced Tea	€3.00
Lemon Iced Tea	€3.00
Orange Soda	€3.00
Lemon Soda	€3.00

Bitter Lemon	€3.00
Soda Water	€3.00
Ginger Ale	€3.00
Tonic Water	€3.00
Red Bull	€3.50
Bundaberg Ginger Beer	375ml €6.50

SMOOTHIES

Mango & Passion Fruit	€5.50
Strawberry & Banana	€5.50
Berry Bliss	€5.50

WATER

Still Water (Small)	€2.50
Still Water (Large)	€4.50
Sparkling Water (Small)	€2.80
Sparkling Water (Large)	€4.50

WINE BY THE GLASS

Red Wine	€6.00
Rosé Wine	€6.00
White Wine	€6.00
Prosecco (200ml)	€7.50

HOT BEVERAGES

English Breakfast Tea	€2.00
Herbal Teas	€2.50
Black Coffee / White Coffee	€2.00
Espresso	€2.00
Espresso Macchiato	€2.20
Decaffeinated Espresso	€2.20
Double Espresso	€2.50
Cappuccino	€2.60
Decaffeinated Cappuccino	€2.80
Caffè Latte	€3.30
Caffè Americano	€2.60
Irish Coffee	€5.50
Hot Chocolate	€3.30

SPRITZ

Aperol Spritz	€7.50
Maltese Spritz	€7.50
Limoncello Spritz	€7.50
Campari Spritz	€7.50

SPIRITS & APERITIFS

Smirnoff Vodka	€3.00
Bacardi	€3.50
Bombay Gin	€3.50
Tequila	€3.00
Campari	€3.00
Cynar	€3.00
Aperol	€3.00
Malibu	€3.00
Spiced Rum	€3.50
Martini Bianco	€3.00
Martini Rosso	€3.00

WHISKY

Jack Daniel's	€3.50
J&B	€3.00
Teacher's	€3.00
Jameson	€3.50
Famous Grouse	€3.00
Chivas	€4.00
Johnnie Walker Black Label	€3.50
Johnnie Walker Red Label	€3.00
Dewars White Label	€3.00

COGNAC / BRANDY

Hennessy	€5.00
Courvoisier	€5.00

LIQUEURS

Frangelico	€3.00
Baileys	€3.00
Averna	€3.00
Amaretto	€3.00
Sambuca	€3.00
Fernet Branca	€3.00
Branca Menta	€3.00
Grappa	€3.00
Jägermeister	€3.00
Limoncello	€3.00
Amaro Montenegro	€3.00

MALTESE LIQUEURS

Bajtra (Prickly Pear)	€3.50
Leila (Carob & Herbs)	€3.50
Pomegranate	€3.50
Anise	€3.50

COCKTAILS

Maltese Long Island	€12.00
Vodka, Gin, White Rum, Tequila, Triple Sec, Fresh Lemon Juice, Bajtra and Cranberry Juice.	
Mimosa	€8.00
Prosecco and Fresh Orange Juice.	
Dark 'N' Stormy	€8.00
Dark Rum, Ginger Beer and Fresh Lime Juice.	
Paloma	€8.00
Tequila, Pink Grapefruit Soda, Fresh Lime Juice and Salt.	
Negroni	€8.00
Gin, Campari and Sweet Vermouth.	
Blue Lagoon	€8.00
Vodka, Blue Curaçao and Lemonade.	
Tequila Sunrise	€8.00
Tequila, Orange Juice and Grenadine.	

WINE LIST

1919 WHITE MARSOVIN

€31.00

Elegant and refreshing, with aromas of citrus, peach and white blossoms. Crisp and well-balanced, with a smooth lingering finish.

CARAVAGGIO PINOT BIANCO MARSOVIN

€25.00

Crisp and refreshing, with aromas of ripe lemon, citrus and delicate floral notes. Dry and medium-bodied, offering bright acidity and a clean, elegant finish.

CHARDONNAY GIRGENTINA MARSOVIN

€25.00

Crisp and smooth, with bright lemon, apple and honeysuckle aromas. Medium-bodied, with refreshing citrus flavours and a clean, elegant finish.

CARAVAGGIO MERLOT MARSOVIN

€25.00

Rich and full-bodied, with ripe figs, dried plums and juicy forest berries. Smooth, rounded tannins lead to a long, elegant finish.

CARAVAGGIO SHIRAZ MARSOVIN

€25.00

Bold and spicy, with ripe blackberries, dark cherries and hints of black pepper and vanilla. Full-bodied, with smooth tannins and a long, velvety finish.

1919 RED WINE MARSOVIN

€31.00

Full-bodied and velvety, with ripe blackberries, Amarena cherries, sweet spice and a hint of tobacco. Rich, smooth tannins lead to a long, elegant finish.

1919 ROSÉ MARSOVIN

€31.00

Fresh and vibrant, with aromas of strawberries, cherries and delicate rose petals. Crisp, dry and refreshing, with a clean, elegant finish.

LA TORRE SHIRAZ ROSÉ MARSOVIN

€18.00

Light and refreshing, with vibrant strawberry, raspberry and watermelon aromas complemented by subtle floral notes. Crisp, dry and fruity, with a smooth refreshing finish.



