Support Groups

Carroll County Mental Health Advocates & The Recovery Spot of West Georgia offer the following support groups at their offices located at 118 South White St. Carrollton, GA - 770-830-2048.

All Recovery Support - <u>Mondays</u> - 5:30pm-7pm

NAMI Family Support Group - 1st & 3rd <u>Mondays</u> (No Holidays) 5:30pm-7pm.

The "NA"ked Truth (Narcotics Anonymous) - <u>Mondays</u> 7pm-8pm

The New Life (Adult Children of Alcoholics) - <u>Tuesdays</u> 5:30pm-7:30pm

Survivors of Suicide Loss (SOS) - <u>3rd Tuesday</u> of the month 7pm-8:30pm

NAMI Connection Support - <u>Wednesdays</u> 1pm-2:30pm

Making Connections Support Group - <u>Wednesdays</u> from 5:30pm-7:30pm.

CoDependents Anonymous - <u>Thursdays</u> 6:30pm-7:30pm

Tanner Support Groups

Postpartum Support Group - First Monday of the month 1pm-2pm - Tanner Medical Center Carrollton - Classroom 1

Creative Minds Adult Autism Group - Laura Nelson lknelson@tanner.org Last Friday of the month.

6pm - 8pm - 115 Robinson Ave - Carrollton, GA 30117 - For adults 18+ with Autism Spectrum Disorder, accompanied by a family member. Social interaction, arts and crafts, refreshments. Free.

Diabetes Support Group - First Monday of the month. 7pm - Get Healthy, Live Well - 148 Clinic Avenue Carrollton, GA 30117 - 770-812-5954

Breast Health Support Group - (For women who have been recently diagnosed with breast cancer or who have been treated in the past.) Last Tuesday of each month Noon-1pm - Cheryl Cook Gill Resource Center 706 Dixie St Carrollton, Ga 30117 - 770-812-9280

More information with Willowbrooke Counseling Center at 770-812-8863

Other Community Support

Parent's Café February 8, 2024 @5:30pm On The Table: Open conversation about emotional health with parents and guardians, 306 Bradley Street Suite B. Carrollton, GA

Hope for the Journey (Breast Cancer Support group) 770-214-1491 - Virtual, 3rd Thursday @5pm. Way Point Ranch (Veterans) 678-459-7825 -

AA en español 404-401-0605 - Lunes 8pm a 9:30pm - 218 Mandeville Avenue, Carrollton, GA. PFLAG Providing support to LBGTQIA+ people/families 2nd Thursday of the month Grace Lutheran Church 101 Somerset Place Carrollton, GA. Time: 7pm

Local Grief Support Groups

Grief Share - Sundays 4pm - 6pm City Station - 2115 Maple St - Carrollton, Ga 30117 - Room 6 Cost: \$20 Contact: Nathan & Debbie Collins debbiecollins53@gmail.com

Grief Share - Sundays 2:30pm - 4pm - Covenant Life Church - Discipleship Room in the Coley Building 130 Atlantic Ave Bremen, Ga 30110 Contact: Mylinda Ford - 404-242-1883.

Faith Based Recovery Groups

Celebrate Recovery - Fridays 6-8:30 pm - First Christian Carrollton - 306 College St. Carrollton, Ga 30117 770-832-3974

Living Sober Wednesdays 6:30-8:00 pm Carrollton Senior Center (all ages welcome) 220 West Ave Carrollton, Ga 30117 icemanrrc@gmail.com 770-832-9605

Other Support Groups

Loving an Addict (For those with loved ones dealing with addictions.) Wednesdays 6:30 - 8:00 pm Midway Church Villa Rica 1 Midway Church Dr. Villa Rica, Ga 30180 Room B-106 barry.tompson@midwaychurch.com - 770-832-9605

Embrace Grace Support Group (For single women experiencing an unplanned pregnancy.) Wednesdays 6:30 - 8:00 pm Midway Church Villa Rica - 1 Midway Church Dr. Villa Rica, Ga 30180 Room C-126 Shanna Floyd and Jenae Alexander barry.tompson@midwaychurch.com 770-832-9605

Divorce Care (For women only.) Sundays 4:00 - 6 pm City Station 2115 Maple St Carrollton, Ga 30117 Cost: \$20 Melanie Cook Gregandmelaniecook@gmail.com (childcare available)

Resources for surrounding counties

Douglas County Groups https://www.neveralonech.org/meetings

Coweta County Groups https://www.cowetaforce.org/weekly-schedule
https://www.crossroadsonline.org/care-counseling

Haralson County https://www.yourhavenrecovery.com/programs/

Many thanks to Carroll County Mental Health Advocates for sharing some of these resources available in our community.