### **Support Groups**

Carroll County Mental Health Advocates & The Recovery Spot of West Georgia offer the following support groups at their offices located at 118 South White St. Carrollton, GA - 770-830-2048.

All Recovery Support - <u>Mondays</u> - 5:30pm-7pm

NAMI Family Support Group - Contact CMHA for meeting information

The "NA"ked Truth (Narcotics Anonymous) - <u>Mondays</u> 6pm-7pm

Survivors of Suicide Loss (SOS) - <u>3rd Tuesday</u> of the month 7pm-8:30pm

NAMI Connection Support - <u>Wednesdays</u> 1pm-2:30pm

CoDependents Anonymous - <u>Thursdays</u> 6:30pm-7:30pm

Alcoholic Anonymous Monday - Mon-Friday 5:45pm-6:45pm

Carroll County Youth Mental Health Task Force - More information 770-214-2080

Youth Café 2nd Thursday of the month @4:30pm - 118 South White St. Carrollton, GA CMHA's offices. Leader: Alexis Jarrett. Partnership with CMHA.

Parent's Café 2nd Thursday of the month @5:00pm 306 Bradley Street Suite B. Carrollton (virtual in June, July and December). Leaders: Angela Finch and Marina Rogers.

## **Tanner Support Groups**

Postpartum Support Group - First Monday of the month 1pm-2pm - Tanner Medical Center Carrollton - Classroom 1

Diabetes Support Group - First Monday of the month. 7pm - Get Healthy, Live Well - 148 Clinic Avenue Carrollton, GA 30117 - 770-812-5954

Breast Health Support Group - (For women who have been recently diagnosed with breast cancer or who have been treated in the past.) Last Tuesday of each month Noon-1pm - Cheryl Cook Gill Resource Center 706 Dixie St Carrollton, Ga 30117 - 770-812-9280

More information with Willowbrooke Counseling Center at 770-812-8863

# **Other Community Support**

Alzheimer's Group Carrollton, 4th Wednesday of every month @1pm - Laurel Glen @ Carrollton 150 Cottage Lane Carrollton, GA. Contact: Sandra Morris 678-378-0985 Villa Rica, 2nd Tuesday of every month @10am - The Birches at Villa Rica 201 Permian Way Villa Rica, GA. Contact: Rita Miller 770-337-7819 More information at: 770-832-9010 - www.alzgroup.org

Hope for the Journey (Breast Cancer Support group) 770-214-1491 - Virtual, 3rd Thursday @5pm. Way Point Ranch (Veterans) 678-459-7825 -

AA en español 404-401-0605 - Lunes 8pm a 9:30pm - 218 Mandeville Avenue, Carrollton, GA.

PFLAG Providing support to LBGTQIA+ people/families 2nd Thursday of the month Grace Lutheran Church 101 Somerset Place Carrollton, GA. Time: 7pm

TAGS-BRAVE, Teens Adoption and Guardianship Support. Free in-person and virtual Teen and Parent Support Group. Teens Ages 13 to 18.5 receiving adoption or guardianship assistance and their families. All services are free and transportation is available.

### **Local Grief Support Groups**

Grief Share - Sundays 4pm - 6pm City Station - 2115 Maple St - Carrollton, Ga 30117 - Room 6 Cost: \$20 Contact: Nathan & Debbie Collins debbiecollins53@gmail.com

Grief Share - Sundays 2:30pm - 4pm - Covenant Life Church - Discipleship Room in the Coley Building 130 Atlantic Ave Bremen, Ga 30110 Contact: Mylinda Ford - 404-242-1883.

### **Faith Based Recovery Groups**

Celebrate Recovery - Fridays 6-8:30 pm - First Christian Carrollton - 306 College St. Carrollton, Ga 30117 770-832-3974

Stripling Chapel UMC New Chapters Recovery Church offers free, facilitator-led post-recovery support groups for those seeking additional support in their recovery. Meeting times are on the 2nd and 4th Wednesdays of each month, from 6:30 p.m. to 8:30 p.m. Dinner is served on the 2nd Wednesday, and refreshments on the 4th, 404-992-1165.

Living Sober Wednesdays 6:30-8:00 pm Carrollton Senior Center (all ages welcome) 220 West Ave Carrollton, Ga 30117 <a href="mailto:icemanrrc@gmail.com">icemanrrc@gmail.com</a> 770-832-9605

#### **Other Support Groups**

Loving an Addict (For those with loved ones dealing with addictions.) Wednesdays 6:30 - 8:00 pm Midway Church Villa Rica 1 Midway Church Dr. Villa Rica, Ga 30180 Room B-106 <a href="mailto:barry.tompson@midwaychurch.com">barry.tompson@midwaychurch.com</a> - 770-832-9605

Embrace Grace Support Group (For single women experiencing an unplanned pregnancy.) Wednesdays 6:30 - 8:00 pm Midway Church Villa Rica - 1 Midway Church Dr. Villa Rica, Ga 30180 Room C-126 Shanna Floyd and Jenae Alexander <a href="mailto:barry.tompson@midwaychurch.com">barry.tompson@midwaychurch.com</a> 770-832-9605

Divorce Care (For women only.) Sundays 4:00 - 6 pm City Station 2115 Maple St Carrollton, Ga 30117 Cost: \$20 Melanie Cook Gregandmelaniecook@gmail.com (childcare available)

Food Addicts in Recovery - <a href="https://www.foodaddicts.org/">https://www.foodaddicts.org/</a> 781-932-6300 <a href="mailto:fa@foodaddicts.org/">fa@foodaddicts.org/</a> FIND <a href="mailto:meeting">MEETING</a>

#### Resources for surrounding counties

Douglas County Groups <a href="https://www.neveralonech.org/meetings">https://www.neveralonech.org/meetings</a>

Coweta County Groups <a href="https://www.cowetaforce.org/weekly-schedule">https://www.cowetaforce.org/weekly-schedule</a> <a href="https://www.crossroadsonline.org/care-counseling">https://www.crossroadsonline.org/care-counseling</a>

Haralson County <a href="https://www.yourhavenrecovery.com/programs/">https://www.yourhavenrecovery.com/programs/</a>

Many thanks to Carroll County Mental Health Advocates for sharing some of these resources available in our community.