This pack is a simple introduction to recycling. The aim is to help children to identify types of packaging, become aware of recycling symbols and engage with a recycling project.

Learning	Why we need to recycle How to categorise recycling Recycling in action- The Crisp Packet Project How to take action on recycling.
Curriculum	Material topic KS1 & KS2 PSHE
Key Terms	Recycle, re-use, landfill, rigid plastic, flexible plastic, recycling symbols.
Resources	Crisp packets (ask the children to bring these) A mix of recycling for the sorting game A rigid plastic ice-cream tub!
Activities	Sorting, writing, drawing, colouring, group work, watching a video, planning how they will take action.

The Crisp Packet Project helps vulnerable people to stay warm while keeping plastic out of landfill. Thank-you for your support, together we can make a difference for people and our planet!

Please send your washed and cut open crisp packets to your local CPP or to our head office.

Find us at <a href="https://crisppacketproject.com">https://crisppacketproject.com</a>

The Art Shack @ Y Centre, St Paul's Road, Hastings, Sussex. TN37 6RS

We are available for school visits to talk about the project and to work through the pack with students however, this will incur a small charge.

A lot of the foods we eat comes in a wrapper. Crisps, chocolate bars, drinks etc.



#### There are different types of packaging.

What is it?		
Cardboard	Cereal boxes, pizza box	
Rigid plastic	Ice-cream tub, milk bottles, water bottles	
Flexible plastic	Crisp packets, biscuits, wrappers, sweet packets	
Metal	Fizzy drink cans, baked bean tins	
Glass	Jam jar, glass bottles	

#### Sorting Game - Can you sort the recycling into the correct groups?



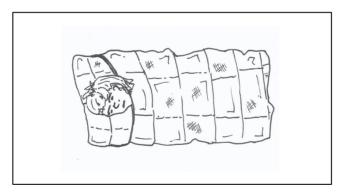
Some packaging can be reused. What could you store in an empty ice cream tub?

When we have finished using packaging some of it can be recycled. This means changing waste into new useful things.

We have been collecting crisp packets so they can be recycled!



The Crisp Packet Project recycles flexible plastic to make waterproof blankets and bags.



The crisp packets are washed and joined together to make a large sheet. The crisp packets have a silver lining. The silver lining reflects heat and traps the warmth underneath the crisp packet blanket. This helps people stay warm for longer.

Watch this video to find out about the Crisp Packet Project.

https://www.youtube.com/watch?v=2bfhwRwghVA
(4minutes)

The blankets are given to people who need help to stay warm. It is important that we reuse and recycle packaging instead of throwing it away.



Our rubbish bins are collected and taken to a large rubbish pile called **landfill**. At the end of each day soil is put on top of the rubbish pile and the next day another layer of rubbish is added on top. Putting plastic into landfill is not good for the environment and can pollute the homes of birds and other animals. We can stop this happening by recycling!



There are symbols on some packaging to show it is made from a material that can be recycled. Recycling gives us material to make useful things and help our planet.



#### YOU CAN HELP!

Look out for the **recycling symbols**, to remind you to recycle.

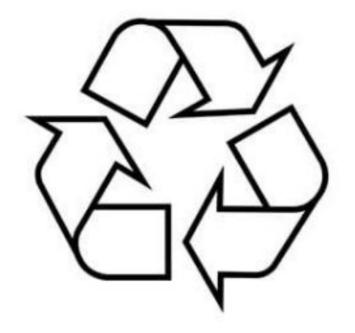
Does your school have a have place for recycling? Can you find out which things can be recycled at your school? Which things are not recycled and why?

Draw a picture of things that can be **reused** or **recycled**. Share it so other people will understand.

Colour in the recycling symbol and tell people what it means. **Recycling - turning waste into useful things!** 

And do keep collecting your crisp packets so we can use them to keep people warm and protect our planet. Follow the instructions to prepare your crisp packets and send them to us.

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# Rigid Plastic



# Flexible Plastic



# Cardboard



# Glass



# Metal



# HOW TO GUIDE

#### THE CRISP PACKET PROJECT - MAKE IT

The supplies you need to make a survival sheet the CPP way!

An iron	Used to heat the materials so they can bond into a sheet.
Greaseproof paper	A protective barrier to place between your iron and the plastic. A single square of paper that can be reused.
Crisp packets	Cut, washed and dried crisp packets. These form the inner layer of the survival sheets. Tip: place in a pillowcase and clean them in the washing machine!
Plastic Wrap	The plastic that supermarkets use to hold together packs of toilet roll or similar products while transporting them to the supermarket. The plastic is removed before the products go on the shelves. It is piled up as waste, ask for some in your local supermarket and save it from landfill. (See photos for reference) This forms the outer layer of the survival sheet.

Health & Safety - We recommend fusing crisp packets and plastic in a well ventilated area and wearing a mask!

#### Sourcing plastic for your project

Once the crisp packets have been fused together it is important to add strength to the blankets by ironing on plastic. The pictures below show the type of plastic we use.



#### THE CRISP PACKET PROJECT - MAKE IT

A good place to find the correct soft plastic for your project is the supermarket. Ask for some of the soft plastic that is removed from loos rolls before they go on the shelves. Depending on the size of the plastic, you might need a few piece of plastic to strengthen each blanket.

Some clothing stores have the right plastic too, the plastic they use to cover the clothes rail during deliveries. We get ours from a local sofa company.

The CPP have tested allsorts of plastic so you don't have to! (See pictures)





Once you have started bonding survival sheets together you will quickly realise the possibilities to make useful items are endless! We have received feedback from homeless people and adapted these items to suit their day-to-day needs.

#### **CPP** survival items

- 1) Crisp packet project survival sheet.
- 2) Crisp packet project Bivi bag
- 3) Poncho made from landfill waste plastic
- 4) Crisp packet project cushions
- 5) Crisp packet project sack bags
- 6) Crisp packet project hand bags.
- 7) Coffee pouches

These items are greatly appreciated by people who are struggling to stay warm. Together we can keep plastic out of landfill and help others.

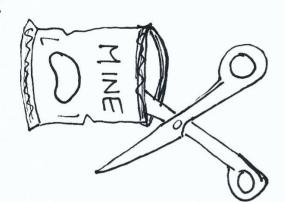
#### HOW TO PREPARE YOUR CRISP PACKETS

1 MINE MINE

First eat your crisps and enjoy!



2

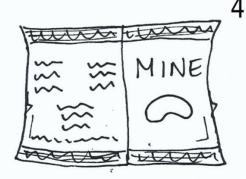


Take your crisp packet and a pair of scissors and cut down one edge.

3



Gently pull the bottom edge open.

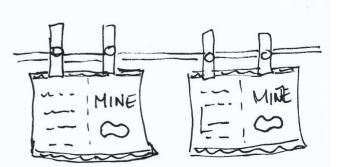


6

Now you have a landscape open and flat crisp bag.



Wash your crisp packets either by hand with warm soapy water, or in the washing machine on a cool wash.



Hang up on a line to dry, or where you can

## HOW TO MAKE A SURVIVAL SHEET

5

1

Put your iron on a medium heat setting to start. If you notice its too cool & not fusing turn it up, or down if it melts the packet. Grease proof paper

Place your crisp packets side by side, overlap by 1cm. Take greaseproof paper & iron for 1-2 seconds, not too long! Keep them as straight as possible in a line, repeat until you have 4 in a row.

3 Repeat this process until you have 11 rows of 4 crisp packets.

4

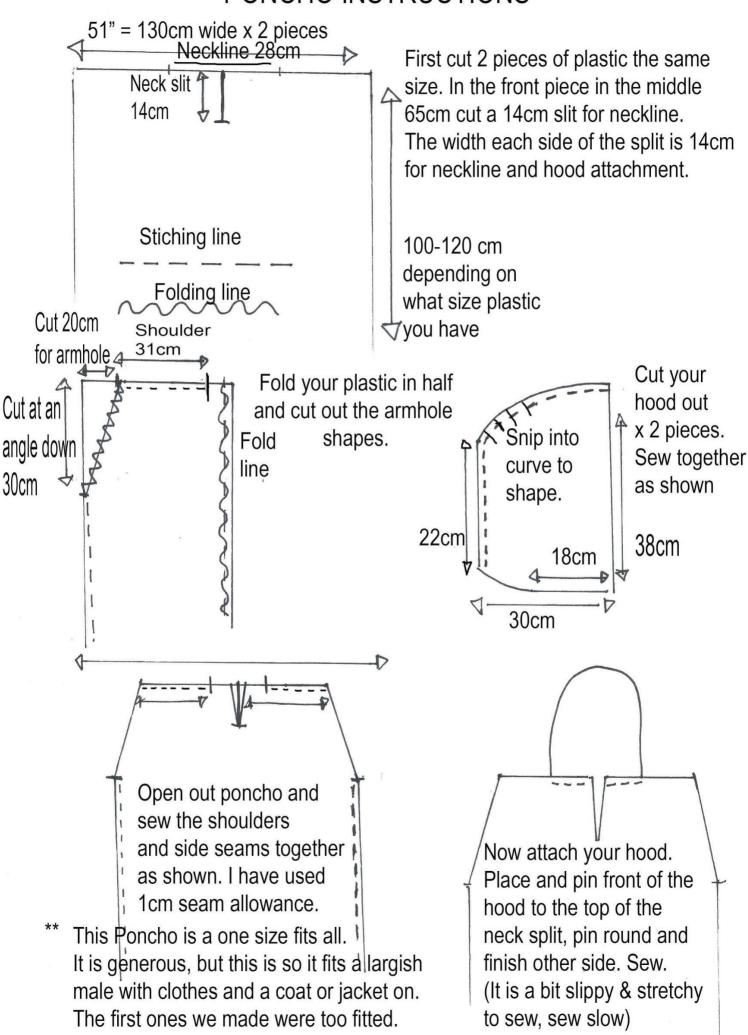
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Then fuse together all your strips to form a grid. You will have one neat edge unless your crisp packets are all the same length. So you can trim the messier side down. Your grid will be 110cm wide by 210cm long. 44 crisp packets in total

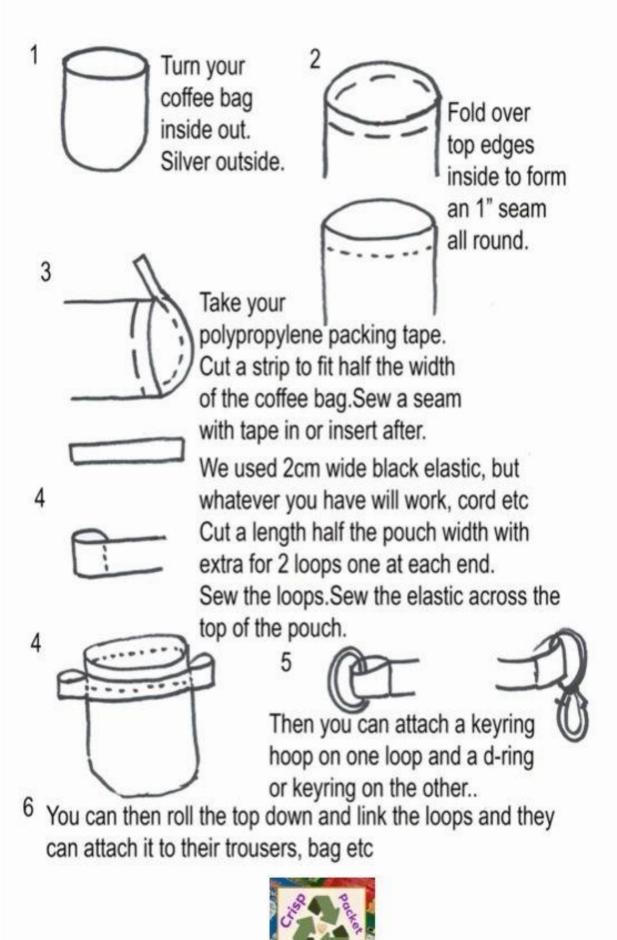
MINE ' M · M M M ', M Leave a 2cm edge of plastic.

Take your plastic sheeting and grease proof paper (do not iron directly onto crisp packets or pastic) Start to fuse plastic over the crisp packets,& leave 4cm edge all the way round.of plastic. The 1st side is just to get the plastic on. Then turn over and start the 2nd side, this time spend more time fusing. Turn over a fuse any bits you missed. Write a lovely message with a permanent pen.

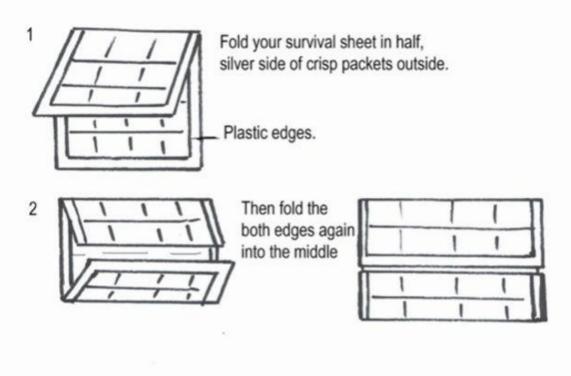
#### PONCHO INSTRUCTIONS

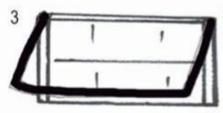


## Coffee Bag Pouch Instructions

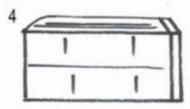


#### How to fold a Survival Sheet



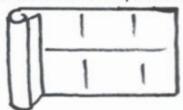


Then fold again in half vertically.



Then fold your sheet in half in a horizontal direction. So the plastic raw edges are together.

Start to roll your surival sheet from the raw plastic edge side.



6





Once rolled take a thicker piece of plastic and tie round your survival sheet.



# HOW TO MAKE A BIVI BAG

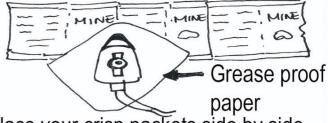
3

4

2.5 heat

Put your iron on a medium heat setting to start.
If you notice its too cool & not fusing turn it up, or down if it melts the packet.

2



Place your crisp packets side by side, overlap by 1cm. Take greaseproof paper & iron for 1 second not too long!
Keep them as straight as possible in a line,repeat until you have 5 in a row.

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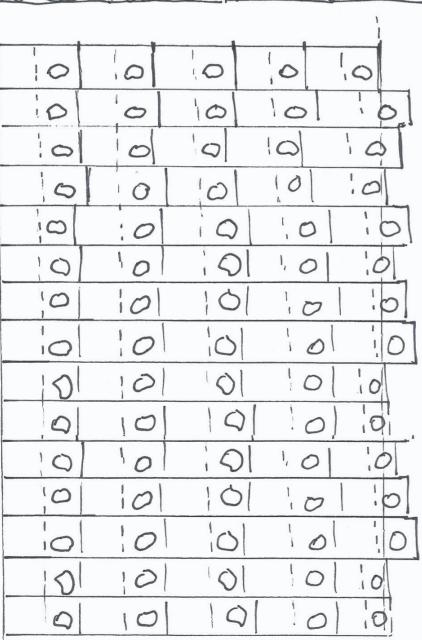
Repeat this process until you have 15 rows of 5 for the front and then repeat the same for back.

Then fuse together all your strips to form a grid.
Try and have 1 neat edge and 1 edge to trim down if its a bit uneven.

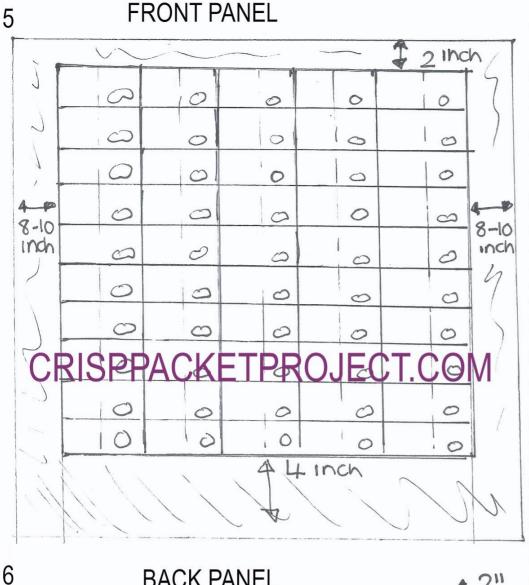
Your grid will be roughly 210cm long and 125cm wide. Do not worry if its a bit longer or shorter.

Make up 2 of these panels for the front and the back.

75 packets for each panel, 150 packets in total.

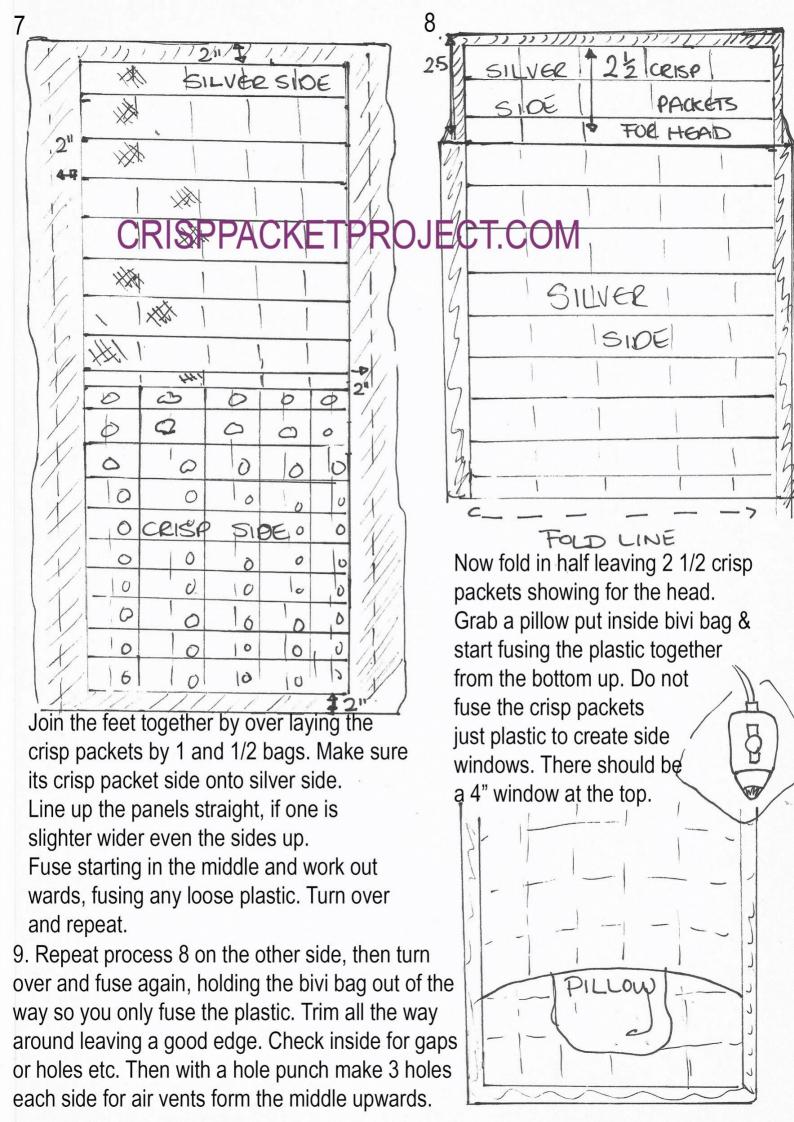


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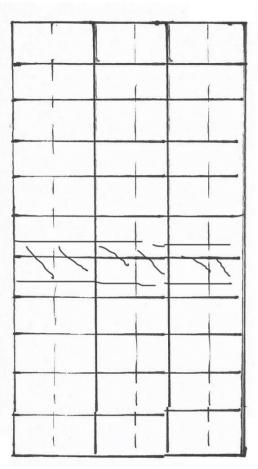
Take your iron and grease proof paper (do not directly iron onto crisp packets or plastic) Lay your plastic over the grid and start ironing from one side to another. Leave an overlay of 2 inches of plastic at the top, 4 inches at bottom and 8-10" each side for the front. Then turn over and repeat with another layer of plastic. Fuse until you get rid of any air bubbles. On the front panel fuse a 4" window of plastic each side.

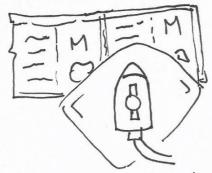
Then repeat with the back panel leaving 2" of plastic fused each side. Leave any excess plastic to trim down after you put the panels together.



## How To Make a Large Sack Bag

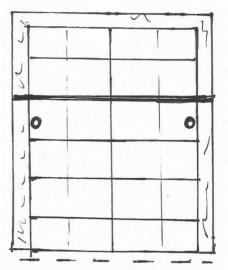
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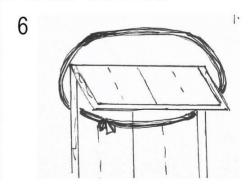
Repeat this process until you have 11 rows of 3 packets.
Add an extra row of 3 packets on top between rows 6 and 7 to add strength to base of the sack.

Take your iron put on setting 2.5 and grease proof paper and fuse 3 packets together side by side, landscape.



As with the small sack fold your bag over leaving a flap of 2 crisp packets for opening.

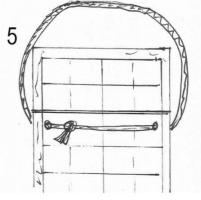
Then fuse your plastic down each side thoroughly, (not the crisp packets) from top to bottom to create a window.



6 Then cut 2m of para cord. Singe ends so it does not fray and thread through the holes & tie to form strap. You can tuck flap under cord.

# 3 CRISPPACKETPROJECT.COM

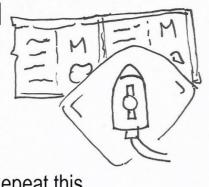
Get your plastic and lay over the 1st side of your grid, leaving a 2" overlay top, bottom and both sides.
Quickly fuse your plastic onto the 1st side and then turn over.
Now fuse your plastic well, so there are no air bubbles.
Turn over again and check both sides are fused well.



Then with a hole punch or rivet gun (which would make it last longer), make 2 holes each side about 3" down and 2" in from the opening, through both sides of fused bag.

## How To Make a Small Sack Bag

2



Take your iron put on setting 2.5 and grease proof paper and fuse 2 packets together side by side, landscape.

Repeat this process 10 rows of 2 packets.

4 until you have Add 2 packets fused together inbetween row 4 and 5 to add extra strength to the base,

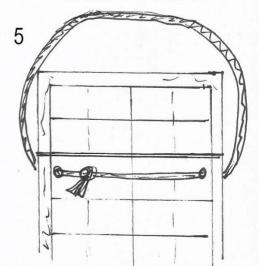
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w 6 Then cut 2m of para cord. Singe ends so it does not fray and thread through the holes & tie to form strap. You can tuck flap under cord.

Get your plastic and lay over your grid leaving a 2" overlay top & bottom and both sides. Quickly fuse the 1st side, then turn over and fuse well the other side. Check both sides are fused well.

Fold your bag over leaving a flap of 2 crisp packets for opening. Fuse down each side of the plastic top to bottom to create a window.



Then with a hole punch or rivet gun (which would make it last longer), make 2 holes each side about 3" down and 2" in from the opening, through both sides of fused bag.

#### HOW TO MAKE A CRISP PACKET PILLOW

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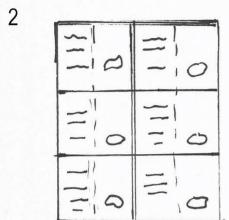
Put your iron on a medium heat setting to start.

If you notice its too cool & not fusing turn it up, or down if it melts the packet.

Place your crisp packets side by side, overlap by 1cm. Take greaseproof paper & iron for 1 second not too long!

Keep them as straight as possible in a line, repeat until you have 2 in a row.

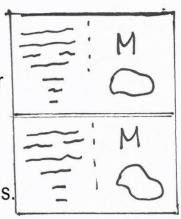
2a



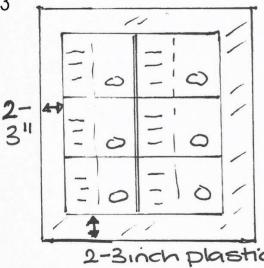
Repeat this process until you have 3 rows then fuse them together to form a grid. This size is using normal sized crisp packets.

Make up 2 of these grids.

PROJECT.COM 4



You can use big crisp packets like Tyrells or Doritos. You will only need 2, to form your grid x 2.



5

Then lay over the plastic and fuse. (Do not iron directly onto the plastic)
Leave a window of plastic 2-3 inches all the way round.

Then turn over and repeat on the other side. Do this to both grids.

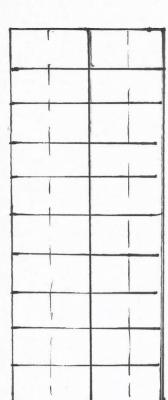
Now fuse both grids together,



4 crisp packet or silver side, it does not matter, along the plastic edge only at least 2 inches.wide. Just 3 sides for now. Then take your plastic stuffing, something soft anything you have and fill until it is plump. Then finishing fusing the 4th side of the plastic, trim. Add your not fire resistant label.

## How To Make a Tote/Cross Body Bag

2

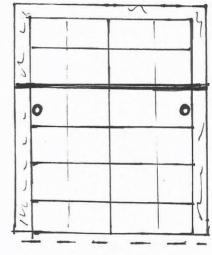


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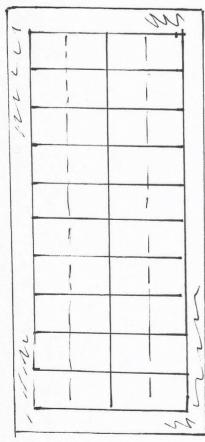
Repeat this process until you have 10 rows of 2 packets.

Take your iron put on setting 2.5 and grease proof paper and fuse 2 packets together side by side, landscape.

4

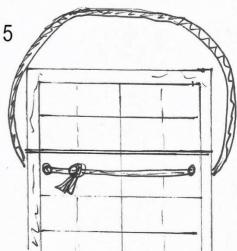


3



Get your plastic and lay over your grid leaving a 2" overlay top & bottom and both sides.
Quickly fuse the 1st side, then turn over and fuse well the other side.
Check both sides are fused well.

Fold your bag over leaving a flap of 2 crisp packets for opening. Fuse down each side of the plastic top to bottom to create a window.



6 Then cut 2m of para cord. Singe ends so it does not fray and thread through the holes & tie to form strap. You can tuck flap under cord.



Then with a hole punch or rivet gun (which would make it last longer), make 2 holes each side about 3" down and 2" in from the opening, through both sides of fused bag.