

2023 CPSRA Championship Regatta

Parent Handout

Welcome to the 2023 CPSRA Championships! We hope the information below ensures that all competitors and families have a great experience. Please review all the information in this handout and on www.cpsra.org. If you have questions, please ask your team's coaching staff.

Before we get to the details, please note that failure to follow instructions from regatta organizers and volunteers, DEEP employees, and all safety professionals or failure to treat them in a courteous manner may result in ejection from the park and may impact the related crew's ability to race on the course in the future.

Location

The address is Lake Waramaug State Park, 30 Lake Waramaug Rd, New Preston, CT 06777.

Cell-Phone Reception

Lake Waramaug is fairly remote. You may experience weak cell-phone coverage. Please print-out directions and other needed information in advance.

Gate Fee

Entry to the regatta is **\$10 per person**. Gate fees help us cover the costs of the regatta (DEEP Employees, Park and State Police, Ambulance, etc). Gate fees are collected by each team. Please ask your coaches how to pay.

Lake Waramaug Park Instructions and Proper Conduct

- Please be respectful to all park employees, DEEP employees, State and Town Police and the Police Explorers. Follow all of their instructions and treat them kindly.
- Campgrounds are OFF LIMITS at all times!! This includes the cabins too.
- NO drones.
- NO noise makers.
- NO bicycles.
- NO hay.
- NO hammocks – anywhere!! This includes on boat trailers, as well.
- NO swimming, wading, or sitting in the lake.



Ready, Set, Row!

Want to improve your rowing technique this summer? Register for our Summer Youth Rowing Clinic! Experienced rowers will increase their skill level, improve 2K scores, and more, and beginners will focus on proper stroke techniques and boat handling skills.

Session 1: June 26 – 29
Session 2: July 31 – August 3
riverfront.org/youthclinic

RIVERFRONT RECAPTURE

Parking



Please follow DEEP directions for parking. There is NO PARKING on Waramaug Road. DEEP will let you unload near the tent area and then you must park where instructed. Please follow their directions and do as they ask. Provided separately is a map of the parking area around the golf course. Please print this out and bring it with you, as it can be difficult to navigate without GPS given the spotty cell-phone service.

EAST LYME ROWING ASSOCIATION

CONGRATULATES ALL ATHLETES, COACHES AND FAMILIES!

Thank you to the Connecticut Public Schools Rowing Association and all of the volunteers that make for great experiences for our Rowers. Your tireless work is truly appreciated.

SPECIAL CONGRATULATIONS AND FAREWELL

 ————— **TO OUR SENIORS!!** ————— 

You have made us all very proud this season, and we wish you continued success in all of your endeavors.

Oliver McCoy	Franny Duong	Sarah Long
Devin Minogue	Olivia Estey	Ava Mauri
Dominic Tucchio	Darby Farragher	Sara Muller
Anna Brown	Gabby Gottschall	Katie Whewell
Abby Cellemme	Sandra Kirvelevicius	Kaylyn Wojcik
Adelina Chocho	Evelyn Lewis	Rose Zhou

www.eastlymerowing.org

Shuttle Bus

There will be three shuttle buses. Starting at 8am, mini school buses will drive along the race course, then up and around the golf course back toward the start. There will be "Shuttle Bus" signs along the way, so the drivers know where to stop. Also, if you need to, you may be able to flag a driver down. Spectators, please take advantage of this service.

Food Tents

The support of parent groups is part of what makes the CPSRA Championship Regatta special. All teams are very grateful to their parents. In the last few years, due to the muddy banks, we had everyone keep their tents closer to the road and away from the bank. It worked very well in protecting the banks of the lake. We also found that it allowed for better viewing for all teams, because tents are not along the race course.

- Tents from the finish line towards the start line must be set-up close to the road on the hill. Tents are not permitted near the bank or shoreline of the lake.
- From the finish line towards the launching and landing docks, you may be near the lake as it is not as muddy. Be cautious.

- There is a regatta on the same course on Saturday. So, if you are planning on setting up early, please wait until this regatta is over.

Port-o-lets

We ask that you use the port-o-lets that are provided throughout the park. DO NOT USE, for any reason, the bathrooms in the campgrounds or by the boat trailers.

Garbage Dumpsters

Please make sure that you either take your garbage home or use the dumpsters provided. There are extra dumpsters throughout the park - both for trash and recycling. Please use them appropriately. If they are full - take your garbage home.

Shirts

Official CPSRA Championships shirts will be \$25 each. The shirt tent will be set up near the finish line.

Thank you!

Thank you, again, for making this regatta an outstanding day!! We would also like to also thank all our regatta sponsors! Their support helps make this event possible!

