

**CONNECTICUT PUBLIC SCHOOLS ROWING ASSOCIATION
SPRINTS CHAMPIONSHIP - LAKE WARAMAUG, CT**

May 17, 2026

Definitive Schedule is set at Coaches/Coxswains Meeting @ 8:00 AM

Coaches & Referees will meet at the beach after the regatta

RACE	TIME	EVENT	LEVEL	1	2	3	4	5	6
1	9:00 AM	Novice Boys Four	Heat 1		Avon	Lewis Mills	East Lyme	Middletown	
2	9:10 AM	Novice Boys Four	Heat 2		E.O. Smith	Lyme/Old Lyme	Guilford	Valley/Old Saybrook	
3	9:20 AM	1st Girls Four	Heat 1		Lewis Mills	Valley/Old Saybrook	Middletown		
4	9:30 AM	1st Girls Four	Heat 2		Guilford	Stonington	Lyme/Old Lyme	E.O. Smith	
5	9:40 AM	1st Boys Four	Heat 1		Valley/Old Saybrook	Lyme/Old Lyme	E.O. Smith		
6	9:50 AM	1st Boys Four	Heat 2		Avon	Middletown	Lewis Mills	East Lyme	
7	10:00 AM	1st Girls Eight	Heat 1		Guilford	Glastonbury	Simsbury		
8	10:10 AM	1st Girls Eight	Heat 2		East Lyme	Farmington	Stonington	Avon	
9	10:20 AM	Novice Girls Four	Final	E.O. Smith	Middletown	Lyme/Old Lyme	Guilford	Valley/Old Saybrook	East Lyme
10	10:30 AM	3rd Girls Four	Final			Lyme/Old Lyme	Middletown		
11	10:40 AM	3rd Boys Eight	Final		Stonington	Farmington	Glastonbury	Simsbury	
12	10:50 AM	3rd Girls Eight	Final			Glastonbury	Farmington		
13	11:00 AM	2nd Boys Four	Final	Lewis Mills	Valley/Old Saybrook	Lyme/Old Lyme	E.O. Smith	Middletown	
14	11:10 AM	2nd Girls Four	Final		Lewis Mills	Lyme/Old Lyme	Middletown	Valley/Old Saybrook	

LUNCH BREAK FROM 11:20 AM - 12:20 PM - boats may start launching at 12:05 PM

Lane Assignments for 7 boat events | 1st Fastest Time | 2nd Heat 2 | 1st Heat 1 | 1st Heat 2 | 2nd Heat 1 | 2nd Fastest Time

Lane Assignments for 8+ boat events | 3rd Heat 1 | 2nd Heat 2 | 1st Heat 1 | 1st Heat 2 | 2nd Heat 1 | 3rd Heat 2

15	12:40 PM	Novice Boys Four	Final						
16	12:50 PM	1st Novice Boys Eight	Final		Farmington	Glastonbury	Simsbury	Middletown	
17	1:00 PM	1st Novice Girls Eight	Final		Guilford	Glastonbury	Farmington	Avon	
18	1:10 PM	2nd Boys Eight	Final	Guilford	Farmington	Glastonbury	Stonington	Simsbury	
19	1:20 PM	2nd Girls Eight	Final	Avon	Farmington	Simsbury	Glastonbury	East Lyme	
20	1:30 PM	1st Girls Four	Final						
21	1:40 PM	1st Boys Four	Final						
22	1:50 PM	1st Boys Eight	Final	East Lyme	Farmington	Stonington	Glastonbury	Guilford	Simsbury
23	2:00 PM	1st Girls Eight	Final						