# LIVE Life ABUNDANTLY

NAOMI DAVIS

Oliveleafbeginnings@gmail.com 18 Oct 2023		

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# **Preface**

Live Life Abundantly is my first e-book. I was encouraged to write it by my coach Pastor Joyce Gilmer. She said, "Bishop, it is time for the people to hear what you have to say." I am fortunate to have individuals like her in my life who are willing to share their wisdom and encouragement. I have wasted time worrying about who would want to hear what I have to say. But today, I am grateful to have the opportunity to share my thoughts with you.

Live Life Abundantly is a mandate to find your passion, live your dream, and be who you were created to be, your divine self.

# We Have A Destiny

Life is not an experiment. If you sometimes feel lost, fail to understand why you were born or struggle to find meaning in a seemingly mundane existence then I have something that I want you to consider. What if I told you that you were born with a purpose and your ideas, dreams, and goals, are giving you clues, guiding your steps, and helping you to discover why you were born? I am writing this short book to convince you to be open to this message because it is the truth!

In the Old Testament, there is a powerful exchange between God and a prophet named Jeremiah. God tells Jeremiah, "Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations". Jeremiah 1:4 (NLJV). From this conversation, we get a glimpse into how we came to exist, what happened to us, before. Before we were born. Even before our mother met our father, God knew us. Our destiny was designed in the mind of God and this life is giving us the opportunity to make His thoughts our 'dreams come true".

Being alive at this moment in time is not a coincidence but very intentional. Your life may be challenging, even lonely sometimes but don't be discouraged. You have a purpose for being alive. Seek it. Find it. Discover your destiny.

# Believe In Yourself

We enter this world full of potential and often those who are not following their own paths toward destiny, are teaching us how to be like them, off track. We learn how to fit in and our dreams are often ignored or treated like fairy tales. You say, 'I want to be a dancer' and the response is, "well, you will need to be taller and thinner". When you declare, 'I want to be a doctor', your enthusiasm is met with, "you will have to go to school a long time and you have to be good in math". Many of these conversations occur even before we enter preschool. Thus, our expectations are changed to limit our dreams before we even get to know our own abilities.

I grew up striving to please those around me. No one asked me to fit in, I seemingly understood that I needed to do so. But I had precious mentors who stretched me. They taught me to listen to the voice within and helped me to see that God had a plan for my life. I was challenged to know myself and grow up, naturally and spiritually. It was not easy finding my own truth and pursuing my dreams. I made mistakes but looking back over

my journey, the rewards outweigh any missteps along the way. And while today, I am still evolving, I love who I am and who I yet aspire to be. In fact, I am sharing my thoughts with you in this small book to give you permission to do the same. You are special and God has a plan for your life too. Find the courage to press forward. Keep yourself inspired. There is no obstacle that you can't overcome.

# Live Life Abundantly

"A thief is only there to steal and kill and destroy. I have come that they may have life, and that they may have it more abundantly." John 10:10 (NKJV)

The word 'abundant' in the scripture verse John 10:10, means, "more than, beyond what is expected, exceeding expectation, going past the expected limit, and more than enough." Our dreams and goals are part of this abundant life. They are more than we can imagine, beyond our current financial status, moving us past our limitations to experience a life having more than enough. ABUNDANT! Don't let anyone take your dreams from you by making you feel guilty for having a desire to achieve. You can exceed in life beyond your wildest dreams. A thief is anyone who steals, kills, or destroys our desire to seek after the abundant life. If you have lost faith in yourself, your dreams or goals then you are feeling empty. Your life has no purpose. You can change your direction. Surround yourself with friends, family, mentors, and coaches who will give you wisdom and support you as you rediscover your purpose. Your abundant life

#### is waiting!

Christ came to show us how to live a full life and to experience more than we can imagine, a life that exceeds our own expectation. Some roads will lead you to joy, others to sadness. Some moments will be filled with laughter, others with sorrow. But every experience is designed to enlighten. Your life is awe-inspiring, awakened, divine, and unique. No one else can live it better or make it fuller. The world is waiting on you to get started. Yes it is true. Always remember that you are God's workmanship. You are amazing! "You are fearfully and wonderfully made, marvelous to watch, awesome to be in the presence of." Psalm 139:14 (NKJV).

## Conclusion

In Christianity, we are taught to fear pride and embrace humility which can be mistranslated into being afraid of success. Often those who are in front of the congregation like the speaker, the teacher, the evangelist, the pastor are seen as achievers worthy to be celebrated. Every human being is extraordinary and deserves a life beyond their expectation.

In Psalms 139:13–14, David gives us insight into living life in abundance. He writes, "For you formed my inward parts; you covered me in my mother's womb. I will praise You for I am fearfully and wonderfully made; Marvelous are your works and that my soul knows very well. My frame was not hidden from you. When I was made in secret and skillfully wrought in the lowest parts of the earth, Your eyes saw my substance, being yet unformed, And in Your book they all were written, the days fashioned for me, When as yet there were none of them". David understood, you designed my days before I even began to live them.

You are special because God made you special. Life is not an

experiment. You are born with a purpose. Thrive in your abundant life.

# **Epilogue**

Join others who are on a journey to become their divine selves. Follow Bishop Cheryl Naomi Davis on WordPress at https://oliveleafbeginningsblog.wordpress.com/

# **Author**

Cheryl Naomi Davis is a bishop in the Mar Thoma Orthodox Church, Inc. and the visionary of the Berean Study Group & Berean Women, a series of small groups that bring women together to learn and grow naturally, physically, and spiritually. Her purpose is to awaken the kingdom within the lives of men and women. Jesus began his ministry preaching, the kingdom of heaven is at hand. If we are unafraid to look within, we will fulfill our purpose to manifest Christ.... Christ in you the hope of glory."

Learn more about the author at www.MarThomaOrthodox-Church.org and www.BishopCherylNaomiDavis.com

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