

HELPING FAMILIES
& THEIR SUPPORT
SYSTEMS FIND
HOPE & HEALING
AFTER THE LOSS
OF A CHILD,
SIBLING, OR
GRANDCHILD





ALCESTER, SD | 605.934.2525 WWW.HEALINGHOPES.COM



2021

SUPPORTING HEALING HOPE MINISTRIES BROCHURE







SUPPORT FOR GRIEVING FAMILIES

At Healing Hope Ministries, we provide encouragement, compassion, and support for families who have lost a child, sibling, or grandchild. We do this through a variety of opportunities including retreats, education and small groups. Through love, we meet people where they are and hold a safe space to process grief. It is our desire to light a path for hope and healing.



FIND TESTIMONIAL VIDEOS AND MORE BY FOLLOWING US ON FACEBOOK.



OUR STORY

Healing Hope Ministries was founded by Denny and Karri Allen in March of 2016. The creation of Healing Hope was sparked by their own personal grief journey. On July 2, 2012, Denny and Karri Allen lost their precious son, Asher when he died suddenly at just 15 months old.

The first year after Asher's death, Denny and Karri felt a deep need to talk about Asher and talk to other parents who had lost children. It was a way for them to process their own grief and seemed to bring some comfort to their hearts. They attended a four day retreat at Smile Again Ministries, located in northern Minnesota which changed the trajectory of their life. This time on retreat opened up communication between the couple and helped them learn how to navigate life moving forward.

With this intense desire for a community who understood our grief, Karri and Denny continued meeting with other parents who had lost children. In the summer of 2015, Denny and Karri both felt God calling them deeper into ministry to help families who've experienced the death of a child, grandchild or sibling. With the idea to bring a grief retreat setting to South Dakota, Healing Hope Ministries was born.

The vision of Healing Hope Ministries is to hold a safe space for families to intentionally work through their grief. Denny and Karri, as retreat facilitators and peers who have walked a similar journey, hold space for families to share stories, have hard conversations and learn more about grief and mourning. This intentional work provides a pathway of hope.



ASHER ALLEN

Healing Hope Ministries relies heavily on the material developed by Smile Again Ministries as well as the teachings of Dr. Alan Wolfelt. Dr. Wolfelt, of the Center for Loss in Colorado, is known around the world for his compassionate messages of hope and healing as well as his companioning philosophy of grief care. In addition to these resources and their own personal life experiences, the Allens have taken many grief tranning courses and are certified Grief and Loss Coaches.







FAMILY RETREAT EXPERIENCE

OUR SERVICES



At our guest house, located on five acres in rural Alcester, SD, we invite families to stay for 2-4 days. Unlike other retreat experiences, Healing Hope hosts only one family at a time, creating a personalized one-on-one experience. The facilitators walk alongside families, not as counselors, but as peers who have been on a similar journey. The retreat is designed to give you and your family a safe space to grieve - a place away from all distractions. This allows time to reflect and explore the complexity of grief, and learn how to navigate life moving forward.



The cost of a family retreat is \$2,500, but thanks to the support of our donors and sponsors, we are able to offer it to families for just \$250. Scholarship opportunities are also available.



THE CLAUSEN FAMILY

"On the way there, I remember telling my husband, 'I don't know if I'm going to survive this.' We lost our precious son, Bryce, age 10, three weeks prior. The pain was so deep and hurt so bad for so long. I wasn't sure about this place [Healing Hope] as my husband was the one who made the contacts with them. Upon arrival and meeting Karri & Denny, that hopelessness lifted. We immediately shared our story with them, although it was hard, it began to help us heal. I remember them sitting telling their story and seeing the word HOPE above them on the mantle, and thinking to myself, there really is HOPE...they survived their loss, I can get through this. They walked us through many difficult conversations that we were afraid of having, but they gave us permission to have. They were healing to us and we would have never had those conversations without them guiding us. Thank you for sharing your love, your words, your hospitality, your wisdom and your genuine care with us. We will be forever grateful."

- Mandy Clausen, mother to Bryce Clausen

OUR SERVICES

SMALL GROUP EXPERIENCES

In grief, we need to tell our story and we need safe people and spaces to do so. After the loss of a child, we know it can feel lonely, dark and scary. The complex nature of grief demands gentle and compassionate support. Grief deserves to be witnessed and over the years, we have seen tremendous healing happen through shared experiences.

Our small group experiences include one-day retreats, workshops, one-on-one companioning, and a monthly grief group that meets the third Monday of each month at 6:30 pm.

Whether you have experienced loss as a parent, grandparent or sibling, we invite you to join us. Come as you are. Find our full calendar of events at www.healinghopes.com





THE GODBER FAMILY

Our son, Will, died in November 2017, and his loss has devastated us beyond measure. Throughout our journey however, God has strategically brought so many caring and compassionate people into our lives. Denny and Karri of Healing Hope Ministries, have been key components in our journey through grief. The truth is that grief never ends. It comes in waves, and you're never quite sure when a storm will hit, but with the support of Denny and Karri, we have been able to put one foot in front of the other in order to proceed on our pathway through grief. We are regular attenders of their monthly support group, and it is through the sharing of our stories with others going through these grievous losses that we are able to heal. We aren't meant to grieve alone. Fortunately, Healing Hope has created a growing community of folks caring for one another, despite unspeakable losses.

-Melissa Godber, mother to Will



GRIEF IN THE WORKPLACE

Research shows the workplace impact grief has on employees. It may include:

- Higher absenteeism
- Decreased Motivation
- Loss of Productivity
- Increased Errors
- Forgetfulness
- Incomplete Tasks
- Reduced Job Satisfaction
- Communication Issues
- Disruption to Workflow
- Higher Turnover Rates

The impact of grief due to a child loss is long term. Our education focuses on how to navigate interactions and improve communication during what is likely the hardest time in your employee's life. By focusing on proactive conversations and considerations of everyone involved, including the grieving employee, co-workers and the company's needs, employers can take a forward-looking approach that will greatly impact performance, morale, and company loyalty.



OUR SERVICES

EDUCATION

Traveling through grief after a loss is a marathon not a sprint. Through our education opportunities we provide mentoring and consulting for support systems and employers to help them navigate hard conversations and provide support and encouragement for their employees, staff, and students after the loss of a child, grandchild, or sibling.

Resources we offer:

- Our book, <u>The Walk</u>, by Denny and Karri Allen
- Public speaking events to increase awareness about issues surrounding child loss and grief





Sharing Hope

SPONSORSHIP OPPORTUNITIES

Our Sharing Hope Sponsors, support the overall mission of Healing Hope Ministries including operating expenses and our support services.



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With the support of our sponsors, we have grown to serve over 1000 individuals each year through our family retreats, monthly grief groups, workshops, women's retreats, one-on-one conversations, and Walk to Remember events.

Our goal is to double this impact in the upcoming year. Will you help us?

Through multiple resources, we serve grieving families after the loss of a child. We also provide support for employers to help them navigate grief in the workplace to create a supportive, productive environment.

Research shows the long term effects grief has on an individual and their quality of life. This directly impacts every facet of their life including relationships, family structure, finances, and job satisfaction.

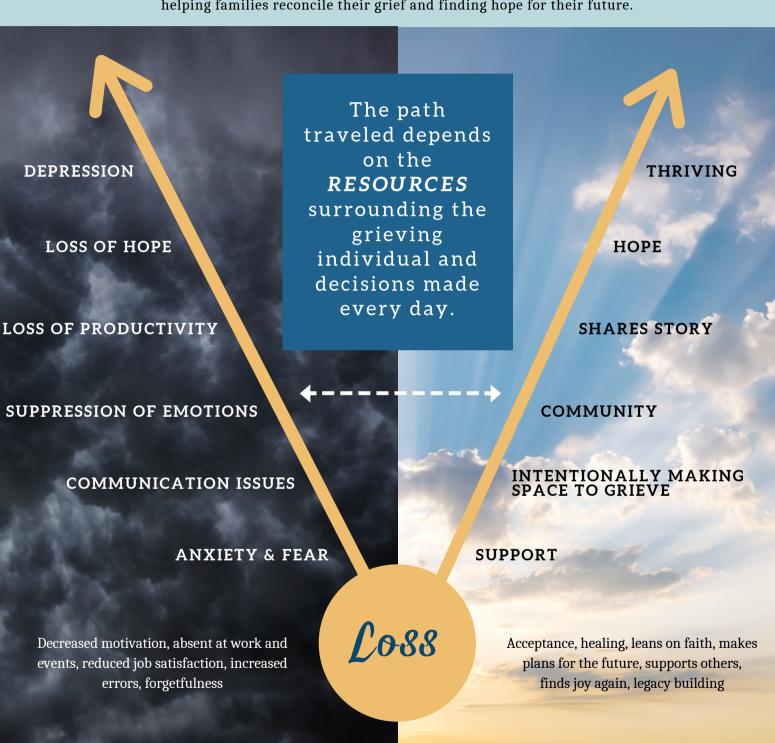
Through the comprehensive services we offer, our goal is to provide a foundation of support for grieving families so they can reconcile their loss and move forward with hope.

What kind of impact does your company want to make? The average cost per individual served each year through our combined services is approximately \$200 per person.



The Path of Grief

Much of our current culture focuses on the recovery of grief, which leaves individuals in a constant state of war to combat and repress their emotions. At Healing Hope, we believe in helping families reconcile their grief and finding hope for their future.



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HEALING HOPE MINISTRIES SHARING HOPE SPONSORSHIP

Corporate Benefits

As a Sharing Hope Sponsor, Healing Hope Ministries offers the following corporate benefits. This is tailored to the needs of your organization and your sponsorship level.

Name Recognition

Name recognition on our website and at Healing Hope events held throughout the year.

Mentorship

Mentorship for your company should an employee experience the death of a child (sibling or grandchild included). Mentorship includes one on one conversation with staff or a group presentation on grief support. These conversations outline what to expect and offer tools for how to interact with the employee to create a working environment which simultaneously supports long-term grieving, productivity, and loyalty to the company.

Ongoing Consulting

Ongoing consulting for your company regarding best practices for handling employee grief. This is in the form of an annual check-in with management and an annual newsletter with grief resource listing.

Employee Grief Webinar

Employee Grief webinar which may be used as a training tool with your employees for how to best communicate, work with, and address the needs of a grieving co-worker.

Discounts on Family Retreat Experiences

For employees facing the loss of a child, their family can attend a family retreat experience at Healing Hope Ministries at a discounted rate.



Walk to Remember Sponsorships

As a service to the community as well as a fundraiser, annually, we host our largest <u>Walk to Remember event</u> on our 5-acre retreat space. We believe in gathering together and building up communities to support one another.



Walk to Remember Anchor of Hope

\$2500 (Exclusive! Only 4 Sponsorships Available)

- Name recognition for the event in the following ways:
 - Your logo on a sign placed along our walking path
 - Your business name included in event publications
 - Your logo printed on the Walk to Remember t-shirts
- Your business name on sign for the specific area of your choice:
 - Mobile Giving Sponsor
 - Food Sponsor
 - Live Music Sponsor
 - Kids Activity Sponsor



Walk to Remember Beacon of Hope \$1000

- Name recognition for the event in the following ways:
 - Your logo on a sign placed along our walking path
 - Your business name included in event publications
 - Your logo printed on the Walk to Remember t-shirts



Walk to Remember Advocate of Hope \$500

- Name recognition for the event in the following ways:
 - Your logo on a sign placed along our walking path
 - Your business name included in event publications

The true work of Healing Hope Ministries happens through intentional action. As a Sharing Hope Sponsor, you are intentionally stepping in to help us build a community of support for grieving families through the experiences we offer.

family Retreat Sponsonships



Retreat Materials Sponsorship

\$500

At this sponsorship level, you are covering the cost of materials and supplies for one family retreat experience. At our guest house, we invite families who are grieving the loss of a child, grandchild, or sibling to stay for 2-4 days. Unlike other retreat experiences, Healing Hope hosts only one family at a time, creating a personalized one-on-one experience. Our facilitators, Denny and Karri Allen, walk alongside families, not as counselors, but as peers who have been on a similar journey. The retreat is designed to give you and your family a safe space to grieve - a place away from all distractions. This allows time to reflect and explore the complexity of grief, and learn how to navigate life moving forward.

Sponsonship of the full Retreat Cost \$2500

This sponsorship covers the complete cost to host a family for retreat. Because of the generosity of our Family Retreat Sponsors, we are able to bridge the gap, reducing the cost to the family to just \$250.

family Retreat gift

\$250

Due to the generosity of our sponsors, the family cost for a retreat experience is just \$250. In this Family Retreat Gift, sponsors can gift the retreat experience to a family of their choosing or sponsor a family anonymously.

At Healing Hope, we recognize the loss of a child may bring unexpected expenses and financial hardship as the family grieves. It is through our sponsors that we are able to offer scholarships to cover the complete retreat cost of families in need.



Women's Retreats on Location

\$2500

We bring our signature Women's Retreat experience to your location. Led by Healing Hope's Karri Allen, this full day retreat meets mothers and grandmothers wherever they are at in their grief to provide a foundation of support and encouragement to move forward.

In this experience, the host provides the location space and all meals. Healing Hope provides the retreat facilitator and all retreat materials including a workbook for each participant, up to 25 people.

Locations more than two hours away are subject to hotel and mileage fees.



Women's Retreats at Healing Hope

\$1000

This sponsorship covers all costs for a day retreat for up to ten participants. This full day retreat, led by Healing Hope's Karri Allen, meets mothers and grandmothers wherever they are at in their grief to provide a foundation of support and encouragement to move forward.

This experience is held at Healing Hope Ministries' Guest House. Your sponsorship covers all costs associated with the day including food and materials so that the day retreat is free to the participants.

TESTIMONIAL

"Thank you so much for the lovely women's retreat. Of all the things I have done to heal my heart, that day is one of the best. What a special place you have created! Thank you for sharing your hope, story and strength with this community of grieving families."

Beth Kolbo, Women's Retreat Guest



Painted Prayer Workshop Sponsor

\$150

Painted Prayer Workshops held at Healing Hope are led by certified Painted Prayers Instructor, Jessy Paulson. During the workshop, she teaches people how to use art as a form of prayer, a way to connect when you do not have the words.

Sponsorship of this event covers the supplies and time so there is no cost to the participants. As sponsor, your business or family name will be displayed at the event.



Campfire and Conversation Sponsor

\$100

Our Campfire and Conversation evenings are hosted around our firepit at our retreat center. During this time, we invite the grieving community to come as they are for warm conversation around the fire.

Sponsorship of this event covers the beverages, s'more supplies and time. As sponsor, your business or family name will be displayed at the event.

TESTIMONIAL

"What a blessing Healing Hope has been to our family. Thank you for being willing to not only hear our story, but then be there to walk side by side with us during our journey.

Just being understood in our very early grief was comforting. As we leave weary and exhausted from working through our feelings, we know we have been given the tools to mourn and grieve in a healthy way. We see the smallest glimmer of light after being here and know Karri and Denny will continue to love and support us as we walk further down the road toward healing.

Thank you for loving us through our pain."

-Lisa Koch, Family Retreat Guest



Workplace Grief Session \$500

After the loss of an employee's child, Healing Hope Ministries staff will go on site to the workplace to provide valuable insight and training on how to navigate interactions to best support those grieving. By focusing on proactive conversations and considerations of everyone involved including the grieving employee, co-workers and the company's needs, employers can take a forward-looking approach that will greatly impact performance, morale and loyalty in the long run.

This session, locations more than two hours away are subject to hotel and mileage fees. This service is also available to churches and schools.

SHARING HOPE THROUGH CONTINUOUS GIVING



Beacon of Hope

With our Beacon of Hope giving option, you choose the monetary amount and frequency of your gift. Once this is established through our online system, giving will occur automatically. If you wish to make changes, you can do so at any time. Find out more by clicking "Donate" at www.healinghopes.com



Hope 365

With our Hope 365 giving program, for \$1 a day you can help us provide support and encouragement to families grieving the loss of a child. Our automated giving program makes it easy to give to support the work of Healing Hope Ministries. Every little bit adds up to big impact. Find out more by clicking "Donate" at www.healinghopes.com



Online Store

SHOP ONLINE AT WWW.HEALINGHOPES.COM/STORE

Shop meaningful gifts while supporting Healing Hope Ministries.

HEALING HOPE MINISTRIES

Sharing Hope Box

SHARING HOPE BOX

Curated with meaningful gifts, our Sharing Hope box provides encouragement to anyone grieving the loss of a loved one. The box includes the Pathway of Hope Journal with pen (written by Denny & Karri Allen), Alan Wolfelt's 365 Days of Understanding Your Grief Devotional, "Hug in a Jar" candle, encouragement cards with stand, bookmark, auto coasters, magnet and HOPE pocket rock.

\$125



















PATHWAY OF HOPE JOURNAL

If you or someone you love is grieving, this journal will help get your thoughts on paper.
Karri and Denny gently guide you through actively mourning your loss as well as help you look for those glimpses of HOPE that you experience along the way.

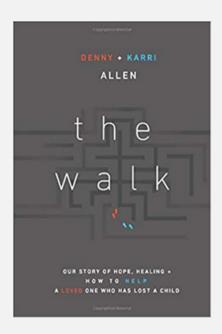
\$15



HUG IN A JAR

When you don't konw what else to do, give the gift of a HUG in a jar. This 16 oz. hand poured soywax candle will burn for over 90 hours and offer a sweet aroma of a comforting hug.

\$18



THE WALK BY DENNY AND KARRI ALLEN

\$17.95

There is no way around the pain of a child's death. But this book will help you and your loved ones begin your walk together through the grief toward healing. In The Walk, Denny and Karri Allen tell the story of the death of their 15-month-old son Asher, and share tips and insights for things you can say and do to help the ones you love begin to heal. And while they don't have all of the answers, they are here to encourage you and walk alongside you. Helping a family through the loss of a child is a long journey that takes a lot of patience, grace, and love. Your willingness to be present with them is both a gift and a blessing for which the couple will be forever grateful. Everything you need to take that first step with them is right here.

THE LEGACY OF ASHER ALLEN

Hold on to Hope

The name Asher means happy and blessed and that's just who Asher Allen was. He was so full of joy and could make everyone in the room light up!

Asher died suddenly when he was just 15-months old from an unknown cause. Even though his time on earth was brief, he continues to make a difference in the lives of many. He has taught us how to embrace whatever life throws our way and that we must hold on to hope. The items we've chosen to create to carry on Asher's Legacy include a clinging cross, because that's how we've survived each day and a beautiful hand crafted candle holder. Both items hand-made from "Ash" wood, to honor Asher's love for sticks and a candle for the bright light he was.



Hand-crafted from "Ash" wood, this clinging cross fits nicely in your hand to remind you that God is by your side. He sees you and He loves you more than you can imagine. The dimensions are approximately

4 inches tall by 2 inches wide.

\$16





There is always HOPE.

THE LEGACY OF ASHER ALLEN

"I can do all things through Christ who strengthens me."



PERSONALIZED WOOD CANDLE HOLDER

This beautiful hand-crafted candle holder is made from "ash" wood and measures 6x4x4.5. You can personalize each one with your loved ones name.

Included is a beautiful LED candle.

\$65



THE LEGACY OF ANGIE HAZEL

faith Over Fear

In March 2017, Angie Hazel was abruptly diagnosed with Stage 4 Cancer of Unknown Primary. Through the grace of God, she was given four more months. Four more months to express exactly how she felt to those she loved. Four more months to continue to spread her contagious smile and light. Four months in which she showed the world her gritty faith, leaving a legacy of the mantra she adopted, Faith Over Fear.

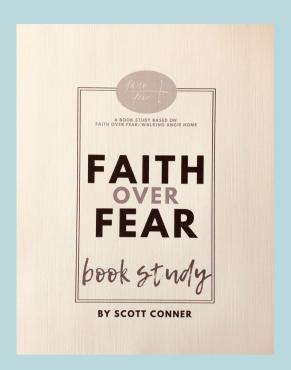
About a month before she entered the gates of heaven,
Angie sketched out this design on a post-it, a tattoo
design she hoped to get but never had the chance.
Moving forward this design is a sign of Angie's
message, her legacy and imprint on this world.



FAITH OVER FEAR BOX

Curated with meaningful gifts, our Faith Over Fear box provides encouragement to anyone going through tough times. Box includes the Faith Over Fear Evidence Journal, eye glass case and cloth, Faith Over Fear keychain, Gritty Faith Declaration Cards and a full year subscription to Gritty Faith Magazine.





FAITH OVER FEAR BOOK STUDY

This 5-part book study complements the book *Faith Over Fear: Walking Angie Home* offering direction and reflection for individuals and small groups to live with Faith Over Fear in their own lives.

\$20

FAITH OVER FEAR PENDANTS

Handmade by Simply Stella
Jewelry, these simple
pendant necklaces come in
gold or silver on a 18" chain.
Each is stamped with
Angie's design as a tangible
reminder to live everyday
with Faith Over Fear.

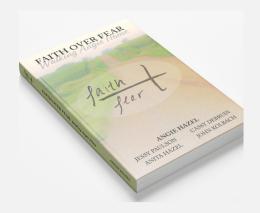
\$42



FAITH OVER FEAR KEYCHAIN

Handmade by Simply Stella Jewelry, our keychain is stamped with Angie's Faith Over Fear design.

\$20



FAITH OVER FEAR WALKING ANGIE HOME BOOK

\$17.95

We are all longing for purpose in life. We wonder what our impact will be, what actions will resonate and how we will best serve our Lord and Savior. For some, this mission can take a lifetime to manifest. But for others, the calling can come unexpectedly, as if to stop the servant in their tracks and change the course of their life forever. Angie was a ray of sunshine in our life. She had an infectious smile, a contagious laugh, and everyone was drawn to her. When she received an abrupt life-changing diagnosis in March of 2017, our lives were flipped upside down. As we watched her fight, she showed us how to have Faith Over Fear. She was authentic, generous, and full of grace. She was inspirational because she was so beautifully real. Despite her incredibly difficult journey, she called on God and inspired everyone around her to do the same. When Angie died in the summer of 2017, our time had come. Our purpose had been made clear. We were to tell her story. This book takes you on Angie's journey through her journal entries and the perspectives of her mother, her sisters and her fiancé as we watched her fight and ultimately go home to Jesus. Find the blessings, look for the God Things, fight for peace, and know that, amid any heartbreak or struggle, you are never alone. This book is a continuation of Angie's influence, as we work towards fulfilling our purpose in life and hoping you find yours.

Heavenly Blessings

In 2008, at fifteen weeks pregnant, Tonya and Stacy Rasmussen loaded up their 4 children to head to the hospital for the ultrasound of their sweet baby. They found out they were having a girl with Anencephaly, which is a tubal nerve defect where the top of the scull does not form. They were told she probably would not survive the pregnancy let alone live through the birth. At 38 weeks, Yutta was born by cesarean and her heart beat for about 2 hours. Yutta was a lively baby, moving all the time and loved kicking her mom awake at night. In her short life, Yutta has made an enormous impact within her family as well as others. Yutta taught her family that through great sorrow can come many blessings, large or small. Although they yearn to hold her, they continue to follow the journey that the Lord has for them.

Yutta's legacy items were created to offer comfort to others as they walk a journey of loss.



YUTTA'S HUGS: RICE PACK

Like a hug around your neck to help loosen the burden of sorrow, these rice packs are hand made with love by Yutta's family. Additional colors available online.

\$20





WORRY KNOT KEY CHAIN

Hand carved from a pine tree that has unnatural growth. From something ugly can come something beautiful as each Worry Knot is unique. As you hold this Worry Knot tightly in your hands, may it remind you to turn to God when you are faced with struggles.

Allow God to carry your burden by sharing your worries with Him in prayer.

Available with charm or without.

\$15





COMFY CRITTERS

When grieving, you may feel a variety of emotions – sad, angry, scared, relieved, lonely, worried – and everything in between. The soft plush texture of these Comfy Critters fit into the palm of your hand and can be used as way to keep hands busy when hearts are heavy. This tool is a way to start conversations about feelings with children or adults. Various colors available.

\$8



"Give all your worries and cares to god for He cares about you."

HEALING HOPE MEMORIAL ITEMS



MEMORIAL TREE DEDICATION

With a memorial tree dedication, we will plant a tree on Healing Hope's property in honor of your loved one. This includes a dedication stone that will be placed next to the tree.

\$1000



MEMORIAL BENCH DEDICATION

With a memorial bench dedication, we will place a bench in your loved one's honor on Healing Hope's property. This includes a dedication plaque on the bench.

\$1000



MEMORIAL BRICK DEDICATION

Personalize a memorial butterfly brick in your loved one's honor to be placed along our Pathway of Hope on the Healing Hope Ministries property or for your own personal use.

Printing is available on 4 lines. Three lines at 12 characters per line and the 4th line at 8 characters.

\$100



Legacy of Love

THE LEGACY PRODUCT PROGRAM AT HEALING HOPE MINISTRIES

A way for you to share your child's story with the world while supporting Healing Hope Ministries.

HEALING HOPE MINISTRIES LEGACY OF LOVE PROGRAM

Are you ready to leave a legacy?



With our Legacy Products Program, families who have lost a child can honor their legacy while supporting the work happening at Healing Hope Ministries.

We know that families ache to share the story of their child—the way their bright eyes were filled with curiosity and compassion, the way their smile lit up a room, and the way they belly laughed when things got silly. We know that story is a critical key towards healing, and we know that when families share their story of love and loss, it gives hope to others in a similar place.

If you are ready to publicly share your story to honor the legacy of your child, consider joining us in our Legacy Products Program.



1

Families who have created a product to honor the legacy of their child are invited to apply to be part of our Legacy Product Program. You may do so at this link: https://healinghopes.com/legacy-of-love-program.

2

Once approved, Healing Hope will include your product and story within our Supporting Healing Hope Ministries Products Brochure and our website.

3

The family sets the retail price and covers the cost of production. Healing Hope handles the marketing and shipping of the product.

4

Healing Hope Ministries receives a commission for each product sold which goes towards our operating costs. The family receives the remaining amount to cover the cost of production of the products and to put towards a cause that is close to their heart such as a donation to a foundation to spread awareness or a scholarship fund in memory of their child.

find out more information here: <u>healinghopes.com</u> or call us at 605-934-2525.

Resources

If you are looking for additional resources for your grief journey, check out our list of recommended resources at:

www.healinghopes.com/resources





We invite you to connect with us for a retreat, workshop, small group or even over a cup of coffee.

Remember, you are not alone.

Sincerely, Denny & Karri Allen

Denny: 605-321-1875 Karri: 605-201-4261

Check out our website for the event calendar and more info.

www.healinghopes.com





Healing HE&PE

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