

Welcome to Middle School Executive Functioning Skills!

This class is a relaxed yet comprehensive view of skills needed to organize, prepare, plan, think flexibly, manage time, self advocate, and initiate tasks. Students will learn about their personal learning style, motivation, focus and attention. These skills are vital to everyday living and help with so many aspects of academics. We will also spend time working on improving processing speed and study skills.

Bring notebook paper and pencil or pen to class.

A binder, tab dividers, and weekly handouts will be provided. No grades will be given. This course teaches you how to improve your habits & create routines to provide the best route for success in any academic subject. No text needed.

Mellow Yellow Education is our online platform for communication. You can visit www.mellowyelloweducation.com. Click "Student Portal" on the top menu and watch the video to walk through how to create an account and sign in. A mail icon at the top toolbar will allow you to privately email me at anytime. Active and MYE websites self-populate email addresses once registered, and most info for class will be posted through these formats.

Blessings,
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