



MASTERS INTERNATIONAL MARTIAL ARTS INSTITUTE

Option 2: Utilize the MIMAF Institute Syllabus

Suitable for those who

- Wish to apply for Board-Certified Grades utilizing the Institute Syllabus (request a copy via the Apply page. The MIMAF Institute Syllabus covers the study of all the Martial Arts.
- It can also be adapted to suit various styles, artforms, cultures, martial arts science, coaching, sports, and teaching methodologies. For sure, it is the study of the old and modern forms and can be undertaken via a Specialist Pathway (see our Home page for some examples).
- MIMAF Gradings utilise both the Kyu/Dan System and the Menkyo System.

Requirements:

- Video presentation*
- Updated Martial Arts CV plus verifiable ID
(as it applies to one's country e.g., ID Card etc.)
- Any supporting documentation – certified copies of documents relating to martial arts, coaching, business, health & wellbeing, child safety, etc.

Note:

- A certified translation is required for all documents in languages other than English
 - Video presentations are to be uploaded to a private YouTube channel with a link provided for access.
 - Candidates may also submit a public YouTube presentation or set of presentations with link(s) for viewing. Videos may also be edited, allowing for rest breaks between demonstrations of each aspect of the requirements. All videos should clearly show the candidate presenting the practical requirements.
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Practice Areas

Each area comprises a plethora of techniques and forms for both armed and unarmed practice. The study of 'the way' in martial arts continues to evolve in the appreciation of all that has come before.

Institute Grades require candidates to demonstrate a larger repertoire of favoured techniques as they move through the levels; from Beginner to Advanced, and from Master to Grandmaster Levels. No time limits apply to any of the gradings. When one is ready, and the requirements have been met, candidates may apply for a grading at any time; 24/7.

The Institute Syllabus is intended to be wide ranging and challenging. It is intended to include all approaches with respect to past and modern developments. In choosing which techniques and forms to include in the presentation, candidates are encouraged to take up the challenge of studying the entire gambit of what the martial arts constitutes in all its forms and styles.

For example, some arts might not include punches and kicks, while others might not include weapons, and that is fine. All martial arts have great value. However, the Institute requires a study of the full gambit of techniques and forms for grading purposes.

The concept is bold and challenging. It seeks to be fully inclusive. For sure, the journey is interesting and fascinating all at the same time. It is open to all practitioners with or without a Gi or other types of clothing.

Candidates are required to present a thorough study of techniques and forms both armed and unarmed via presentation:

- with partner (attacker)
- multiple partners (attackers) and
- solo applications



Practice areas include:

Level 1: Exercise Sets (all methods of strength & conditioning)

Level 2: Breakfalls, Grappling (including all types of submissions; not for juniors)

Level 3: Takedowns and throws

Level 4: All of types of kicks, punches, strikes, bumps, butts, combinations, pushing & pulling, etc

Level 5: Self-Defence (all approaches e.g., military, law enforcement, security, other)

Level 6: Weapons (all types e.g., ancient, modern, tools, other)

Level 7: Skills testing (board-breaking, competitions, Open Dojo, Bag work, et al)

Level 8: Demonstrations

Level 9: Nutrition, health & wellbeing, & healing arts, sports science/medicine, etc.

Level 10: Masterclasses (attending as practitioners and teachers)

Notes:

The Practice Areas are intended to be as broad as possible. They may include all unarmed and armed techniques and forms, as well as related areas from those arts and styles found in various cultures

For example, Indian, Greek, Chinese, Japanese, Okinawan, Thai, Cambodian, Brazilian, etc. All applications should include any certifications and local licensing / legal compliance for First Aid, Security, Insurance, Martial Arts Sports, etc. These need to always be current.

