

'07 CLUMP = square/s: 4 or 8 or 12, head lei flowers

## NŪ 'OLĪ (Glad Tidings)

>>> page 2 on back >>>

'08 CLUMP = 9:3,3,3

2:57 Keali'i Reichel

Replaced Hapa's "Joy to the World"

computerredo: 10482325,11611,9201

Alice for Christmas 2007, WwYMCA pool

6 main parts: it's a WALTZ (¾ time, 123,223,323,423); 12 counts/line; 48 verse/chorus, R=Right, L=Left, C=Center

**HYBRID** = slight splash Breast, repeat, swish R to R180°F, swish L to R 270°; BL=Ballet Leg/s, TT=TubTurn

### INTRODUCTION MUSIC [0:10] CLUMP - in shallow end, facing deep end

"Sea Snake" R swish to L: snake-y from 1\* = Front Right...

9 4 3  
8 5 2  
7 6 1\*

### V1 [>0:10] 1. **CLUMP SWIM** 4 hybrids - VERSE 1 [0:27]

(some of the words follow)

swim towards far end

1<sup>st</sup> Joy HYBRID

2<sup>nd</sup> Joy HYBRID

3<sup>rd</sup> Joy HYBRID

4<sup>th</sup> Joy HYBRID – end feet up // to the sides w/4<sup>th</sup> arm; ready to go to WHEEL

Front line face shallow end, Back 2 lines face deep end

Nū 'oli! Nū 'oli!

He nū no ke ola mai

No kānaka nui

A 'oi ka nani i

Ke gula a 'ia 'i

### C1 [>0:37] 2. **WHEEL, 2 BL, TT** - CHORUS 1 [0:27]

GET into WHEEL (center sculls backwards into wheel, 2 move out for her)

LEFT BALLET LEG: 1 bend, 2 up, 3 fall over to RIGHT; 4 close & ROLL 360°

LEFT BALLET LEG: 1 bend, 2 up, 3 fall over to RIGHT; 4 close as ROLL 360°

R Tub Turn 90° to look at person on your RIGHT in CIRCLE, drop feet

Nū 'oli! Nū 'oli!

Nū kamaha'o

Nū 'oli! Nū 'oli!

He nū no ke ola

E hau 'oli e!

### V2 [>1:04] 3. **CIRCLE SWIM** - VERSE 2 [0:27]

swim to your RIGHT

1<sup>st</sup> Joy HYBRID

2<sup>nd</sup> Joy HYBRID

3<sup>rd</sup> Joy HYBRID

4<sup>th</sup> Joy HYBRID – end feet up facing a side w/4<sup>th</sup> arm, ready to go to RAFT

Nū 'oli! Nū 'oli!

I ka po'e 'ilihune

Ne'e mai a paulele

A pau nō ka hune

a maha 'oukou

### C2 [>1:30] 4. **RAFT, FAN, CLOSE, OPEN ARMS** - CHORUS 2 [0:27]

HURRY into RAFT – SCULL 1st, then hold under heel

FAN (if facing highway, OPEN LEGS)

REVERSE FAN

T ARMS [close legs] (center-outwards), CRUNCH & turn 90° → DEEP

Nū 'oli! Nū 'oli!

Nū kamaha'o

Nū 'oli! Nū 'oli!

He nū no ke ola

E hau 'oli e!

### V3 [>1:57] 5. **LINE SWIM to DEEP** - VERSE 3 [0:26]

blend/swim into 1 straight LINE

1<sup>st</sup> Joy HYBRID

2<sup>nd</sup> Joy HYBRID

3<sup>rd</sup> Joy HYBRID

4<sup>th</sup> Joy HYBRID, turn 180°

Nū 'oli! Nū 'oli!

Ka po'e akahai a

Na Iesū e kala a

A ka 'i mai nei a 'e

i ka nani ma 'ō

### C3 [>2:24] 6. **RE-CLUMP: SWIM to SHALLOW** - CHORUS 3 [0:35]

Sets of 3 get into CLUMP: all 1s → R, all 2s → C, all 3s → L 1 2 3 1 2 3 1 2 3

1<sup>st</sup> Joy HYBRID

sets may PIVOT as swim to new positions

2<sup>nd</sup> Joy HYBRID

3<sup>rd</sup> Joy HYBRID

4<sup>th</sup> Joy HYBRID, turn to AUDIENCE with R arm, then L arm catches up

WAIT

Nū 'oli! Nū 'oli!

Nū kamaha'o

Nū 'oli! Nū 'oli!

He nū no ke ola

E hau 'oli...

Ending [> 2:51] END: raise RIGHT arm & SINK if only neck LEI (No sink if po'o)

ē!

If SINK, surface & circle wave; if NO sink, just circle WAVE

## **PAGE 2: Skills & Stunts**

HYBRID: on front of paper near top

WHEEL = feet in center

CIRCLE = around outside

2 Left BL (Ballet Leg): count stag on 1, straight up on 2, fall over on 3, close & roll till on back on 4

90° RTT = Right Tub Turn

RAFT – alternating head & feet; hip to hip, TIGHT

FAN - open legs if facing highway, open arms if NOT

REVERSE FAN ...

T arms straight out from shoulders

CRUNCH (tuck, drop legs) & turn 90° ... face DEEP end

**Po‘o** akala = **head lei** pink