

*Hawaiian words***Rainbow Connection**

Charlotte et al Jan 2016

R=Right, L=Left, Ctr=center 3:14 The Best of the Brothers Cazimero, 1987

Revised 2/26/26,1/19/2020

CALL as fits # of participants →→ slower or faster

PO=PEEL OFFs are like WAVES, 1 at a time; **WHEEL**=feet IN, **CIRCLE** head to feet around, **BL**=Ballet Leg, cts=counts**Petals** = **NOODLES** in center, swimmers' hands squeezed together making **petals** for fig flower**Everything moves to LEADER's RIGHT around circle...** assign #1, then proceed to her RStanding in SHALLOW, **CIRCLE** facing in0:06 **INTRO** - **wiggle music**: all sway/wiggle to & fro0:13 **ALL Petals**: **Na wai e** keep arms straight UP & BACK - lean but do NOT let noodle DROOP
'o ko 'u e UP & DOWN0:12 **PO**: **He kumu ko'u** keep arms straight UP & BACK - do NOT droop
he mau kuhihewa paha UP & DOWN & back into **petal** on surface0:12 **ALL Petals**: **la 'u e** UP & swing to R, in **FRONT** of person on your R – keep hands together
kau mai...anuenue UP & swing to L, in **BACK** of person on your L – keep hands together0:09 **PO**: **Na kākou...RC** UP & swing to R, in **FRONT** of person on your R – keep hands together
ke aloha UP & swing to L, in **BACK** of person on your L – keep hands together0:06 **wiggle music**: put **NOODLES** Under **ARMS**0:44 **Na wai e** little kicking TUB TURN 360° to R with little R lifts**WHEEL**: **He mana'o** OPEN legs – 4 counts**ke 'ike e** CLOSE legs – 4 counts**He kamaha'o** OPEN legs – 4 counts**i ho 'ike ai** CLOSE legs – 4 counts0:10 **Na kākou e 'ike...RC** STAG, TILT, stand up (remembering Allison) – **very SLOWLY**
ke aloha STAND UP, stretch arms & **NOODLES** while backing up - **very SLOWLY**0:34 **CIRCLE RUN**:**Ho kākou...anuenue** WALK IN, GRAB neighbors' **NOODLES** – (thumbs in holes?)
na ho'a e hau'oli ai...WALK to your RIGHT**He 'oia** Put Right ear in water & **KICK** on your R side – keep arms straight**MAKA** STAND UP briefly to switch directions**He mea** WALK to your LEFT**mau li 'a** Put Left ear in water & **KICK** on your L side – keep arms straight**hū a 'e nei** -- SWING legs into **WHEEL** & put **NOODLES** Under **KNEES**0:22 **4? BALLET LEGS**: **Ua pili nā...anuenue** if need to place noodles & then only R BL
Na kākou...RCL BL, **Ke aloha** R BL0:36 **Ending**: last kicking: Someday you'll find it, the **RC** - **small**The lovers - **medium** the dreamers - **BIGGEST**

& me...la da de... PO gently Kicking Oysters

MUSIC: stand & PO making **NOODLE** petals (1 at a time) on water

All UP & around to R (if after MUSIC, OK)

Page 2 – notes about changes

2/21/2026

ADDED first couple **Hawaiian** words to each part on choreo sheet – much help!

2025

Changed to ALL first, then PO

+ option of only 3 BL if need time to get NOODLES under knees

1/19/2020 no longer...

CROSS-OVERs: Right hand over Left, lift & rotate overhead (parallel arms)

Left hand over Right, lift & rotate overhead (parallel arms)

Stag/Bend R Leg

Stag/Bend L Leg

— **PEEL-OFF UP** only, (then all DOWN all at one time)

— Bend/Stag R leg, Down

— Bend/Stag L leg, Down

8. Bicycle to **RIGHT** - moving whole wheel

— **FLIP**

— Bicycle to **LEFT** - moving whole wheel back to where it was

Posted - 11/27/2006 : 10:06:27 AM   Jesse Tinsley

Thanks for those lyrics. I listened to the Brothers Caz album and found a few small differences in the lyrics as they sing it. Because their diction is so precise, it's easy to follow their pronunciation. Here's how I heard it, including a run-on transition line after the second verse:

ānuenuē=rainbow, **hau'oli**=happy like my kitty, **pi'o**=arch, **mau**=persist
ike=understand, **mana`o**=idea, **kamaha`o**=wonderful, **kākou**=together

Na wai e `ike nei ninau `ana, `o ko`u e ui a`e nei
He kumu ko`u, he kuhi no na`e, he mau kuhihewa paha
Ia`u e kau nui mana`o a`e, kau mai ke ānuenuē
Na kākou e ike, the rainbow connection, ke aloha e pi`o mau ai

Na wai e ho`oko i ku`u `i`ini i kau i ka hoku ao =(Hōkū-ao=morning★=Venus)
He mana`o ko`u e na iho ai ke ike e ulu mai nei
He kamaha`o no ke kilo lani, i ho`ike ai na `ailona
Na kākou e ike, the rainbow connection, ke aloha e pi`o mau ai

Ho kākou me ke ānuenuē na hoa e hau'oli ai

He `oia`i`o ka nui `ikena i kü i nei mau maka
He mea `i`o ku`u nui mau li`a a loko e hü a`e nei
Ua pili nä mea a pau o ke ao i ka pi`o ke ānuenuē
Na kākou e ike, the rainbow connection, ke aloha e pi`o mau ai

Someday you'll find it, The **Rainbow Connection**
The lovers, the dreamers and me

noodles!!!