<JELLY BEANs w/TREE>   **ROCKIN' AROUND THE CHRISTMAS TREE**   >>p2 on back>>

Deena & Alice for Christmas 2007   **2:21**   Hannah Montana   Revised1126,81525,91514

<Replaced Jingle Bell Rock which replaced Mirlitons>   *GREAT w/centered CHRISTMAS TREE*   R=Right, L=Left, F=Front, B=Back

CIRCLE: keep outstretched; **Somersaults**: knees apart, cross ankles, FLAP flexed feet; **5 ORNAMENTS**/mm = 4 sox & sequin cap

Pre-Set: Dance partners, Somersaults 1,2,3 (none on 4) F & B; √ on all knowing flying ARTICHOKE

INTRODUCTION *[0:13]* **ARRIVING** *"Let's have a rockin' Christmas… Come on…"*
ARRIVE & join the party CIRCLE around the TREE <<< CHECK Dance Partners & 1, 2, 3 >>>

VERSE 1 *[0:13]* **SWISHING** *"Rockin'… party hop"*
In circle, WALKING **to your RIGHT**
•• Walking forward - 4 lifty-hand swish OUT & IN
•• Back-up Walking (reverse direction) - 4 lifty-hand swish OUT & IN

VERSE 2 *[0:11]* **DANCING** *"Rockin'… spirit ring"*
DANCE (Stay in circle): pairs if possible, w/a single if ODD #
• **DANCE** MOVE #1 (Bridge)
• **DANCE** MOVE #2 (R Hand over head slide down & out arms; Turn 1 &/or 2 if time)
• *"... Pumpkin Pie"* - Right arm swish 180°, **do NOT turn body**
• *"... Caroling"* - Left arm swish 360° with whole body

CHORUS 1 *[0:13]* **RUNNING CIRCLE** *"...sentimental feeling..."*
• GRAB HANDS & RUN twisting & bouncing **to your RIGHT**
• stretch circle
• HANDS INTO CENTER, straight elbows, let go, hands UW palms up
"Deck the Halls" * Throw up your hands & arms, **fall back KICKING** in a **WHEEL**

MUSIC *[0:12]*
• KICKING Right Tub Turn to your RIGHT
• KICKING Left Tub Turn to your LEFT

VERSE 3 *[0:11]* *"Rockin'…happy holiday…"*
•• FRONT SOMERSAULTS: **1, 2, 3** (none on 4) – pretty quick, **ALL count out loud !!!**
•• BACK SOMERSAULTS: **1, 2, 3** (none on 4)) – pretty quick, **ALL count out loud !!!**

VERSE 4 *[0:13]* **DANCING** *"Rockin'…spirit ring…"* *[exactly like VERSE 2]*
DANCE (Stay in circle)
• **DANCE** MOVE #1 (Bridge)
• **DANCE** MOVE #2 (R Hand over head slide down & out arms; Turn 1 &/or 2 if time)
• *"... Pumpkin Pie"* - Right arm swish 180°, **do NOT turn body**
• *"... Caroling"* - Left arm swish 360° with whole body

CHORUS 2 *[0:15]* **RUNNING CIRCLE** *"...sentimental feeling..."* *[exactly like CHORUS 1]*
• GRAB HANDS & RUN twisting & bouncing **to your LEFT (to original place if lucky)**
• stretch circle
• HANDS INTO CENTER, straight elbows, let go, hands UW palms up
"Deck the Halls" * Throw up your hands & arms, **fall back KICKING** in a **WHEEL**

MUSIC *[0:04]*
4 BIG KICKS UP ! ! ! !

VERSE 5 *[0:14]* **JAZZ HANDS** *"Rockin'…happy holiday"* ≈ **VERSE 3 except SLOWER last somersaults**
•• STAND UP, start JAZZ HANDS bouncing up & down separately turning **RIGHT**
•• STANDing UP JAZZ HANDS bouncing up & down separately turning **LEFT**
** LAST SOMERSAULTS Front: **1, 2, 3** – **ALL count out loud !!!**
wait till ALL are up & then **Flying ARTICHOKE** into center

ENDING *[0:25]* **LEAVING** *"Thank you guys, have a rockin' Christmas, … Happy Holidays…"*
• shake hands, hug, wave goodbye – leave circle… ~~exit pool~~ or NOT…

You each are **5 ORNAMENTS** for the TREE
        Colorful caps & 4 sox – all mixed up colors

WHEEL = feet in to center
CIRCLE = around outside, nothing in center, don't let collapse, keep outstretched

DANCE: covered right on sheet page 1

Kicking R TT = kicking Right Tub Turn = toes to knees on surface
                        turn to R kicking all the way
Kicking L TT = turn to LEFT

SOMERSAULTS in sets of 3 – NO TIME for 4th to get back up, too messy
        In this routine, they are FLAPPY w/cross ankles & open knees

F som = Front TUCK Somersault - watch KNEES
B som = Back TUCK Somersault – bring bent knees up, watch KNEES, **LEAD with back of neck**
Flying ARTICHOKE
        First part of F PIKE Somersault (straight knees)
                In PIKE position, with back // pool bottom, KICK violently
If only "som" indicated, probably TUCK

"Pumpkin Pie" – WAIT for word PUMPKIN, then HIT IT !!!
        Stand still, swish R hand & arm 180° from RIGHT to LEFT in front of still body
"Caroling …" – Left hand & arm swish 360° with whole body to your RIGHT

THROW UP "Deck the Halls" - Throw up your hands
        – direct water above your head, not backwards; then fall backwards

JAZZ HANDS – arms up, fingers spread apart, shake while turning R & L