

pre-COUNT: 1, 2, 1, 2, ... 1s head out across, 2s hang at wall, always start with RIGHT arm
R=Right, L=Left, BL=Ballet Leg, cts=counts

GROUP: Charlotte Jan-Feb/2011 long

Hawaii Five-0

Written by Morton Stevens, performed by All Stars Orchestra "50 Greatest TV Classic Themes"

A: short for Mehrzad 5-0 (8/28/28/10), A: long for Arlene 11/28/10

1:33 or 2:12

revised 3/10/26,3/24/11

Basically a CIRCLE & VERY SPLASHY...
START along Heiau side of pool (NOT highway)

0:06 **INTRODUCTION** drum beats (11 counts)
→ CIRCLE/OVAL – SHAKA if time

0:20 **1. THEME**
16 FRONT Strokes

½ ROLL onto back (continue direction)
→ 16 BACK Strokes

0:03 **BREAK**

0:20 **2. THEME**
Full Kicking Tub Turn R 360° – 16 cts
Start → person on your R
Kicking Tub Turn L – 16 cts
END in **WHEEL**

ALTERNATES

SOLO leaves original place, ends TT facing out
BREAK: Kicks into center

0:03 **BREAK**
Kick OUT of WHEEL – ready for →

0:20 **3. THEME**
OPEN STAR (8 cts)
CLOSE (8 cts)
OPEN STAR (8 cts)
CLOSE (8 cs)

3. THEME:

2 B strokes (in,out,in,,stroke)
2 MARLINS ~ canoe paddling
2 Kick MBL MARLINS
2 more whatever to get into position...

0:06 **BREAK** builds up...
BIG KICKing getting READY for →

BREAK: KICK back into WHEEL
END with GROUP

0:12 **4. LAST THEME MUSIC**
4 very FAST splashy R MARLINS

DUET –be across from each other in CIRCLE

BREAK: Surface dive to center

3. THEME: SHARK CIRCLE

BREAK: →RAFT

4. LAST MUSIC: 4 BL

KICK back into WHEEL

END with GROUP

0:12 **ENDING** – builds louder...

→ kicking small
→ Kicking medium
→ KICKING large
SPLIT OYSTER (open-close)

PAU!!! Surface with **SHAKA** both hands